



MSC

EXCURSIONS

Discoveries designed for you



Cruise : **CARIBBEAN, CUBA AND ANTILLES**

**United States, Jamaica, Colombia, Panama, Costa Rica, Mexico**

Cruise Ship: **MSC DIVINA**

Departing from: **Miami, United States**

Itineraries: **Ocho Rios, Cartagena, Colon, Puerto Limon, Costa Maya, Cozumel**

Departure Date: **18/11/2018**

Duration: **12 Days, 11 Nights**

The excursions in the programme are intended to provide MSC Guests with an idea of the different tours that can be arranged in each port of call; this programme is merely a guide and confirmation of each excursion and its description and prices will be made during your cruise.

Shore excursions programs and itineraries may vary depending on local conditions and/or any unforeseen events in relation to the timing on the day of the tour.

Some excursions are very popular and therefore availability cannot always be guaranteed, it is advisable to book in advance to avoid disappointment.

**ALL AREAS**

The tour can be provided in 5 languages (ENG-DEU-FRA-ESP-ITA) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

**ONLY SOA**

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## Ocho Rios

Tue 20 November 2018

### NATURAL WONDERS

#### DOLPHIN ENCOUNTER & DUNN'S RIVER FALLS - OCH13

**Duration**  
4 h

Enjoy a short drive in air-conditioned comfort to the world famous Dunns River Falls where you will climb 600 feet of cool refreshing water as it cascades over natural limestone terraces. Guides are provided to assist you when ascending the rushing waters as it plunges directly into the pristine Caribbean Sea. After this invigorating experience you are transported to Dolphin Cove, where you will participate in a brief orientation and then enter the world of nature's most fascinating creatures: The Dolphins. Get to know these gentle creatures from a platform in shallow water, experience the emotion as you caress these beautiful animals; enjoy a splash and even a kiss or two. Visit "Little Port Royal" a replica of Jamaica's most famous pirate "Haunt" and witness pirates roaming through town. Browse through the largest gift shops of any attraction in Jamaica, stocked with the widest range of dolphin souvenirs. Listen to the rhythms of the Caribbean music. Shuttle buses are available at 10-minute intervals to return you to the ship or optional shopping at your convenience. Please Note: We recommend comfortable clothing, Comfortable Shoes, Water Shoes to climb the falls, Swim Wear, Change of Clothes, Towels, Sun Screen. lockers are available for rent at both Dunns River Falls and Dolphin Cove. Children 8 and Under must be accompanied by an adult. Guests will be required to sign a waiver which may only be available in English. Guests under the age of 18 years must have an adult to sign the waiver form. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. Guests will not be permitted to jump from the falls.

#### DOLPHIN SWIM & DUNN'S RIVER FALLS - OCH14

**Duration**  
4 h

Enjoy a short drive in air-conditioned comfort to the world famous Dunns River Falls where you will climb 600 feet of cool refreshing water as it cascades over natural limestone terraces. Guides are provided to assist you when ascending the rushing waters as it plunges directly into the pristine Caribbean Sea. After this invigorating experience you are transported to Dolphin Cove, where you will participate in a brief orientation and then enter the world of nature's most fascinating creatures: The Dolphins. Get to know the animals as you interact with them in deep water. Experience the thrill of "riding the dolphin belly to belly. Dance, sing, play and even enjoy a kiss or two. Visit "Little Port Royal" a replica of Jamaica's most famous pirate "Haunt" and witness pirates roaming through town. Browse through the largest gift shops of any attraction in Jamaica, stocked with the widest range of dolphin souvenirs. Listen to the rhythms of the Caribbean music. Shuttle buses are available at 10-minute intervals to return you to the ship or optional shopping at your convenience. Please note: guests must be at least 7 years of age to take part. We recommend comfortable clothing, Comfortable Shoes, Water Shoes to climb the falls, Swim Wear, Change of Clothes, Towels, Sun Screen. Lockers are available for rent at both Dunns River Falls and Dolphin Cove. Children 8 and Under must be accompanied by an adult. Guests will be required to sign a waiver which may only be available in English. Guests under the age of 18 years must have an adult to sign the waiver form. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. Guests will not be permitted to jump from the falls.



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ACTIVE & ADVENTURE

## GOLF AT UPTON GOLF COURSE - OCH26

 **Duration**  
5:30 h

The course at the Sandals Golf & Country Club, formerly the Upton Golf Club, provides a formidable test for even the most skilled golfers. The 18-hole golf course stretches out over heavily undulating terrain that is covered in dense vegetation including verdant fruit trees and exotic tropical flowers. Out-of-bounds stakes and strategically placed bunkers spread throughout require precision and strategy. Small, sloped greens and a topography that plays mostly uphill provide additional challenge. More than just a difficult golf course, golfers can also enjoy panoramic ocean and mountain vistas. The Sandals Golf & Country Club also offers practice facilities including a putting green and driving range. Please note: To avoid disappointment, guests are requested to follow the Golf Clubs strict dress code: Jeans are not allowed. Proper attire includes a collared shirt, tailored non-denim shorts or pants/slacks with sport socks and golf shoes. No halter tops, or bathing suits allowed. Guests will be required to sign a waiver which may only be available in English. Price of the tour includes Green fee, shared golf cart, use of the practice facility and golf club rental.

## KAYAKING & DUNN'S RIVER FALLS - OCH28

 **Duration**  
4 h 

Enjoy a short drive in air-conditioned comfort to Dolphin Cove, where you are met by our friendly hostesses and given a complimentary fruit drink. After a brief orientation and being fitted with your life vest enter your Kayak to take a guided journey on the Crystal Clear Caribbean Sea to Dunns River Falls. You will be amazed and fascinated at the underwater world and its spectacular beauty. See the wonders of waterfalls and enjoy fantastic photo opportunities on your way to Dunn's River Falls. As you approach Dunns River enjoy a truly spectacular view of the Caribbeans most famous Water Fall. Upon arrival to the world famous Dunns River Falls your friendly hostesses will lead you to your capable guides who will assist you in climbing the 600 feet of cool refreshing water as it cascades over natural limestone terraces. After this invigorating experience you are transported back to Dolphin Cove by bus (approx. 5 mins.) where you can learn about Jamaican culture and enjoy the amenities. Shuttle buses are available at 10-minute intervals to return you to the ship and optional shopping at your convenience. Please Note: We recommend comfortable clothing, Comfortable Shoes, Water Shoes to climb the falls, Swim Wear, Change of Clothes, Towels, Sun Screen. Lockers are available for rent at both Dunns River Falls and Dolphin Cove. This Tour is not recommended for pregnant women, people with back or neck injuries, heart and respiratory conditions. Children under the age of 12 must be accompanied by a paying adult. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. Guests will not be permitted to jump from the falls.

## OCHO RIOS & DUNN'S RIVER FALLS - LUNCH INCLUDED - OCH29

 **Duration**  
5:30 h  

Time to leave the ship and instead visit one of Jamaica's premiere attractions, the gorgeous Dunns River Falls near Ocho Rios, which you'll reach after a scenic drive. A plaque provided by the Jamaican Historical Society marks the spot as the site of the battle of Las Chorreras, fought by the English and the Spanish over land rights in 1657 with the English as the victors. The land was ultimately acquired by the Jamaican government in 1972, since which time it has served locals and visitors alike as a popular recreational area and park. The spring water that feeds the falls is rich in calcium carbonate, which results in deposits of travertine and makes the falls a self-regenerating living phenomenon. After a drive to the Dunns River, your guide will lead you up the naturally terraced river bed as part of a human chain. The climb includes a short pause at the so-called massage parlour, where the cascading water can soothe tired shoulders. As an alternative to the climb, there are safe spots from which to watch the others ascend the falls. Next up is a tasty Jamaican buffet lunch by the sea, after which a sightseeing drive around Ocho Rios rounds off the tour before you return to the ship. Please note: guests are recommended to wear swimwear under comfortable clothing, high-factor sunscreen and to bring a towel plus a change of clothing if swimwear is not worn at the waterfall. Slip-proof or water shoes should be worn since climbing the falls many terraced steps is both strenuous and very slippery. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. Guests will not be permitted to jump from the falls.

## HORSEBACK RIDE & SWIM - OCH31

 **Duration**  
00 m 

After leaving the ship and boarding an air-conditioned coach, this equestrian excursion begins with a scenic drive along the beautiful Jamaican coastline to reach the stables where you will saddle up prior to going for a ride. Experienced guides will accompany your horseback experience, providing information on the island's rich history, culture, flora and fauna on the way. Look forward to enjoying the fresh breeze in your face and breathtaking views of the Caribbean Sea as you travel towards Chukka Beach for the water-based leg of the tour. After your mounts have been unsaddled by your guides, you can then ride bareback right into the Caribbean Sea a swimming experience like no other. To round off the outing, there will be time for you to visit the gift shop. Cold drinks and jerk chicken are also available for purchase at the bar and grill. A scenic return journey to the ship brings the tour to a close. Please note: guests must be at least 6 years of age, weigh no more than 250 lbs. and be required to sign a waiver form, which may only be available in English, to take part in the tour. The tour is not suitable for pregnant women.



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### BOBSLED JAMAICA & FALLS - OCH32

Duration  
4:30 h



Board your air-conditioned transportation for the brief drive to Dunns River Falls. Upon arrival follow the local guide as they lead you up the 600 feet of cascading and slippery falls that empty into the Caribbean Sea. After this refreshing and exciting climb return to the transportation for the short drive to Mystic Mountain. Embark the Sky Explorer chairlift for a fun ride up 700 feet through the tropical forest canopy. At the peak spend a few minutes exploring the interesting educational displays about the history and culture of Jamaica and her people. Next, get ready for the thrill of your life on the one and only Jamaica Bobsled adventure ride. After an orientation embark your specially made bobsled and hold on as it plunges through 2780 feet of twists and turns down the mountain. After coming to a controlled stop, you are lifted back to the top on an elevated tramway. Admire the panoramic views. Hop a ride on the Sky Explorer chairlift back to the bottom. Please Note: Guests will be required to sign a waiver which may only be available in English. Wear sturdy rubber-soled shoes or bring a pair with you if you choose to climb Dunn's River Falls. Please be advised that the Falls can be very slippery in places. Jumping from the falls is not permitted. Bring a swim suit and towel; lockers are available at the falls for a nominal fee. Children must be at least 54 in height to ride the bobsled without being accompanied by a paying adult. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. The order of the tour may be reversed.

### DUNN'S RIVER FALLS EXPRESS - OCH34

Duration  
3 h



Leave the ship for a while and instead venture out to one of Jamaica's most popular natural wonders, the Dunns River Falls near Ocho Rios, which you'll reach by coach. The waterfall is fed by spring water with a high concentration of calcium carbonate, which in turn leaves deposits of a rock called travertine. As a result, the falls count as a living and growing phenomenon. Once at the falls and following a safety briefing, you'll form a human chain and be led up the naturally terraced river bed by your experienced guide. Then enjoy a stop at the so-called massage parlour and experience the soothing effect of the cascading water on its way to the sea. For a more leisurely look at the falls, you can also spend the time comfortably seated on the terrace or deck and simply watch the proceedings. The surrounding forest, by contrast, provides the perfect setting for a walk through tropical vegetation including ferns, bamboo, ginger lilies, orchids, palms and breadfruit trees. Your return to the ship finally brings the tour to an end. Please note: guests are recommended to bring a towel as well as to wear high-factor sunscreen, swimwear and non-skid water shoes, since climbing the many steps of the falls is both strenuous and slippery. Water shoes are available for hire at the waterfall. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. Guests will not be permitted to jump from the falls.

#### SOMETHING SPECIAL

### FLAVORS OF JAMAICA - LUNCH INCLUDED - OCH36

Duration  
4 h



Good food is one of life's most basic pleasures and this half-day tour will give you a chance to cook up some of Jamaica's varied cuisine yourself. Whether you're a budding master chef or tend to shun the kitchen, you'll find this experience is at once fun, educational and a treat for your taste buds. You'll first travel from Ocho Rios to the beautiful Prospect Plantation Great House, which originally dates back to the 18th century. During a visit to Jamaica in the early 50s, Sir Winston Churchill planted a mahogany tree in the grounds, under which you will first be greeted by your friendly hostess and then taken on a scenic walk through the ornamental gardens. There's also a fabulous view of the sea to enjoy before you head for the veranda and your cooking class. With chef Irie at the helm and you at your own workstation, you'll find out how to make Dolphin Cove Special Blend Jerk Sauce and coconut with shrimp, prepare a leafy green called callaloo ready for steaming and knead dough for lovely little deep-fried dumplings known as Jamaican festivals. You'll also prepare your own jerk chicken, which you can then savour when you sit down for a typically Jamaican lunch. The outing ends with your return to the ship. Please note: guests must be at least 10 years of age to take part. Guests are further recommended to wear comfortable clothing and shoes. Guests are advised to leave jewellery and other valuables on board the ship. Beverages are available at additional cost not covered by the price of the tour.

#### NATURAL WONDERS

### ISLAND SIGHTSEEING & GREEN GROTTTO CAVES - OCH39

Duration  
4 h



Take a scenic drive through the town of Ocho Rios, which is known for its abundant rainfall, verdant landscapes and rolling hills. Other outstanding vistas will be seen along the way, as you travel to Green Grotto Caves, for a touch of adventure and a journey into the underground. The caves are situated no more than 1 km from the spot where Christopher Columbus landed in 1494 and the fact that Runaway Caves numbers among their many former names is testament to one of the uses to which they were put in the 18th century. The caverns also provided sanctuary for the Spanish in the 17th century, later facilitated the activities of arms smugglers and were then used to store rum. Impressive dripstone formations such as stalactites and stalagmites, interconnected passages leading to larger chambers and the grotto itself with a pool of crystal-clear water are just some of the attractions that go to make this place so special. On your way back to the surface, a stop will be made at the so-called Wishing Well, a pool into which you'll do well to throw a coin, for luck, for love, for anything your heart desires. Once you return to the surface, the coach will be waiting to take you back to your ship in Ocho Rios. Please note: this tour is considered to be unsuitable for guests with mobility problems.



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ACTIVE & ADVENTURE

CATAMARAN SAILAWAY, BEACH & SNORKEL - OCH42

Duration 4 h



Step aboard the Chukka Catamaran and Sail Away for an unforgettable experience which affords you an unmatched opportunity to be at one with nature. The warm smiles and hospitality of the crew will start your day off right onboard the catamaran. After suiting up with your snorkel equipment, glide majestically through the beautiful turquoise Caribbean Sea and enjoy astounding views of the aquatic world around you. Explore the reefs and be mesmerized by the natural beauty of the mysterious underwater world. Then you'll arrive at the beach where you can relax on the white sand, enjoy the scenery, or hang out at the beach bar grill. Once you've had your fill, re-board the catamaran for the party cruise as the crew teaches you a dance-move or two while you enjoy a signature rum punch. This is the perfect way to enjoy a slice of paradise. Fun for the entire family! Please note: Change of clothing and swimwear are recommended, should guests decide to go snorkeling. Beverages are included in the tour price however alcohol will not be served before snorkeling. Food may be purchased at an additional cost at the beach. The tour begins with an escorted walk from the ship to the pickup point of the catamaran which is about a 5 minutes walk, this will also be the drop off point of the catamaran at the end of the tour, at which point you can make your own way back to the ship. Waiver forms are required to be signed. Minimum age to participate to the tour is 6 years. All children between 6-12 years are required to wear a life vests. All guests are required to wear life vests when going snorkeling. All guests are to adhere to the safety instructions given by the Captain and crew on board the catamaran at all times. Guests will be tendered to the beach on windy days. Guests will be required to sign a waiver which may only be available in English.

SOMETHING SPECIAL

BOB MARLEY'S NINE MILE - WITH LUNCH - OCH43

Duration 5:30 h



Nine Mile is a mountain village in the parish of St. Ann, a little inland from Jamaica's northern coastline. So far, so unspectacular were it not for the fact that Nine Mile happens to be the birth- and final resting place of the king of reggae: Bob Marley. To pay your respects, simply board the air-conditioned coach and enjoy some of the man's greatest hits as you make your way through Jamaica's scenic rural countryside to reach your destination. A small Ethiopian-style church houses the marble mausoleum in which Marley's remains have been entombed along with his guitar. After the visit, you'll travel via Higgins Town and St. Ann's Bay to reach the local jerk centre for an authentic Jamaican lunch featuring the tasty seasoning. The return journey to the ship then brings the tour to an end. Please note: guests must be at least 18 years of age in order to participate. At the Nine Mile gate there may be some Rastafarians selling local items. Once inside the gates of Bob Marley's birthplace it is quite the Rastafarian paradise. Guests are recommended to wear comfortable shoes with grip as there is some incline to the terrain. This tour is not recommended for guests suffering from back problems. The roads are narrow and winding. Participating guests must be able to climb 75 steps at the Bob Marley location. Guests will be required to sign a waiver which may only be available in English.

SEA & SUN

BAMBOO BEACH BREAK - OCH44

Duration 4 h



A short coach ride from the pier is all that separates you from one of the finest stretches of shoreline Ocho Rios has to offer: the Bamboo Beach Club. On arrival, you'll be met by your guide and shown your complimentary beach chair. Then you'll be free to chill out in the shade provided by 100-year-old almond trees or seek out a sunny spot by the water to work on your tan. Or take to the water for a refreshing swim, all the while surrounded by glorious views. And lots of reggae music, of course. Time permitting, a quick shopping break is also included on the way back to round off the tour. Please note: beachside massages and snorkel gear hire are available at extra cost. Free WiFi is available near the main bar area. Guests are recommended to bring a beach towel, high-factor sunscreen, a camera, and some cash or a credit card to cover additional purchases. Guests are also recommended to wear swimwear under comfortable clothing. Guests must be at least 18 years of age to consume alcohol. Guests wishing to book the tour inclusive of lunch and unlimited drinks are requested to book tour code OCH44A (dishes will be served tapas style).

BAMBOO BEACH CLUB - WITH SNACKS & DRINKS - OCH44A

Duration 4 h



Bamboo Beach Club - With Snacks & Drinks

**SOMETHING SPECIAL**
**BAMBOO BEACH CLUB VIP PACKAGE - OCH45**


Prepare to be pampered on this VIP outing to the gorgeous Bamboo Beach Club, one of Ocho Rios best, and relax to the max in the shade or in the hot Jamaican sun. You can look forward to splendid sea views, the uplifting sound of reggae, refreshing beverages and gourmet cuisine, all wrapped up in first-class service. While you stretch out on padded loungers and sip a glass of something delicious, you can watch the chefs as they prepare your tasty meal. The on-site hostesses will then serve you where you sit or at a seaside dining table, whichever you prefer. And to add an extra highlight to your stay, you'll also be entertained by dancers and drummers performing on the beach. Time permitting, a short stop for you to go shopping is also included on the way back to your ship. Please note: beachside massages and snorkel gear hire are available at extra cost. Free WiFi is available near the main bar area. Guests are recommended to bring a beach towel, high-factor sunscreen, a camera, and some cash or a credit card to cover additional purchases. Guests are also recommended to wear swimwear under comfortable clothing. Guests must be at least 18 years of age to consume alcohol. Dishes will be served tapas style. This tour is only available for guests travelling onboard MSC Seaside.

**CITY TOUR**
**SCENIC OCHO RIOS & BEACH BREAK - OCH46**


Scenic Ocho Rios & Beach Break

**SCENIC ROUTE**
**ACCESSIBLE HIGHLIGHTS OF JAMAICA SMALL GROUP EXCURSION - OCH49**


Accessible Highlights of Jamaica Small Group Excursion

 *Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*

**ACCESSIBLE HIGHLIGHTS OF JAMAICA SMALL GROUP EXCURSION - OCH49A**


Accessible Highlights of Jamaica Small Group Excursion

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**ACTIVE & ADVENTURE**
**ZIPLINE CANOPY OVER DUNN'S RIVER FALLS & LUNCH - OCH50**


Zipline Canopy OVER Dunn's River Falls & Lunch



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### RIVER TUBING SAFARI - OCH51

Duration  
3 h



River Tubing Safari

### DUNNS RIVER FALLS & CHILL AT REGGAE HILL - OCH52

Duration  
65 h



Dunns River Falls & Chill at Reggae Hill

SEA & SUN

### PUERTO SECO BEACH GETAWAY - OCH53

Duration  
5 h



Puerto Seco Beach Getaway

ACTIVE & ADVENTURE

### BRIMMER HALL PLANTATION TOUR & BEACH - WITH LUNCH - OCH54

Duration  
55 h



BRIMMER HALL PLANTATION TOUR & BEACH - WITH LUNCH

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#### ONLY SOA

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## Cartagena

Thu 22 November 2018

### CITY TOUR

#### CARTAGENA CITY TOUR - CAR01



**Duration**  
4 h

Explore the city of Cartagena, which has a reputation as impenetrable after the construction of its impressive fortress. Departing from the pier, you will pass by the Republican architecture of Manga residential area. Your first stop, La Popa Monastery, built during the 17th century and dedicated to Nuestra Señora de la Candelaria, one of the city's patron saints, enjoy the splendid view over the city and visit the small chapel. Continue to a photo stop at the Fort of San Felipe de Barajas, the most important work of Spanish Military engineering in South America. Las Bovedas Artisan Center is next, built as dungeons and as a means of storage, today local artisans display their work there you will enjoy handicraft shopping. Wander the narrow cobblestone streets and squares inside the walled city, marvel with the majestic view of San Pedro Claver, the patron saint of slaves, Plaza and church. Plaza de Bolívar is the next stop and features a statue of its namesake. Across the street we find the Inquisition Palace, the Inquisition was established in Cartagena in the year 1610 to punish any crimes against the Catholic faith. Located in this building you can see samples of jails and torture chambers. The sentencing ceremony used to take place in public, in the middle of the plaza. Continue on to the Gold Museum, enjoy viewing the impressive selection of exquisite gold pieces and pottery, as well as exhibits relating to the history of the Sinú, an ancient native people. Last stop at Pierino Gallo Shopping Center around 45 minutes to shop before returning to the ship. Please note: The sightseeing portion in the old town requires extended periods of walking and standing.

#### CARTAGENA WALKING TOUR - CAR04



**Duration**  
3 h

The tour departs from the pier in air conditioned buses, passing by the traditional district of Manga to admire the beautiful houses of the Republican Period. The walking tour starts at SANTIAGO'S BASTION. Visitors will go down the ramp and take San Juan de Dios Street, admiring the charming colonial architecture of the area and finish at the San Pedro Claver's Plaza. The tour continues down towards Custom Plaza, which was the commercial centre during the colonial time. The walk will proceed to Plaza de la Proclamación to admire the Cathedral and the Governors building, which in the colonial days was used as headquarters of the Spanish government. Plaza de Bolívar will be the next stop. The tour strolls down the street admiring the magnitude of the colonial mansions in the area ending at Santiagos Bastion. From here, the tour continues by coach to Las Bóvedas, for a 15 min. shopping stop and then to a 15 min. sightseeing drive thru Bocagrande. On the way back to the pier, guests will make a brief stop at San Felipe de Baraja's fort for a panoramic view. Please note: Not designed for wheelchair bound guests and walking problems at all. Comfortable walking shoes are recommended.

### NATURAL WONDERS

#### ECOLOGICAL TOUR & MANGROVES SWAMP TUNNELS - CAR05



**Duration**  
3 h

Your tour starts with a panoramic view of the San Felipe de Barajas Fortress, situated outside the walled city. This monumental fort is considered to be the most outstanding feat of Spanish military engineering in the new world. Its construction began in 1536 and lasted for 121 years. After a quick drive through the narrow street the walled city, you will continue to the Mangroves area. There you will be taken by canoe through mangroves tunnels to the Ciénaga de la Virgen. A great diversity of birds such as the Kingfisher, White heron, Common Laura, Pink Spatula and Pelicans live in this area. Enjoy the beautiful flora and fauna that encompasses this fascinating eco-system.

### CITY TOUR

#### ROSARIO ISLAND TOUR WITH LUNCH - CAR06



**Duration**  
6 h

Enjoy a scenic speedboat ride from Cartagena to the Rosario Islands located 24 miles to the south of Cartagena. The Rosario Islands are composed of 27 islands, 3 of them belonging to the state and the other 24 totally private. The area is designated as a National Natural Park which is ideal for the development of coral reefs in its 55 kilometers of protected area with depths up to 90 feet. Your first stop will be at Isleta for a welcome beverage and fresh fruit. Next, you will sightsee around the islands by boat and visit the local aquarium at Isla de San Martín. Enjoy the show with the dolphins and sharks before returning to Isleta for lunch. This area is also the best for snorkeling, with coral reefs, sponges and many different kinds of fish to admire, or you may simply choose to relax and enjoy the beach area. Please note: Please wear your swimsuit and bring a towel. At the same time remember to bring your own snorkel gear which is not included.

**SCENIC ROUTE**
**PANORAMIC SIGHTSEEING TOUR - CAR07**

**Duration**  
 2:30 h

This is an opportunity to experience the uniquely magnificent city of Cartagena de Indias from the comfort of your air-conditioned motor coach. Cartagena is a UNESCO World heritage site and a living breathing city that has been remarkably well preserved. Departing from the pier side and accompanied by expert local guides your first stop will be a panoramic view of the imposing military fort of San Felipe de Barajas, which is situated outside the walled city. This immense building is considered to be the most outstanding feat of Spanish military engineering in the New World with its construction beginning in 1536 and lasting for 121 years. Move on to Getsemani, one of the city's historical and most storied neighbourhoods, home to lovely colonial architecture and an authentic Colombian vibe that have made it such a popular spot in recent years. You will then continue to the historic colonial city. The immense walls took 194 years to be completed and enabled Cartagena to defend itself from the numerous attacks of English pirates and other would be invaders. The Spanish colonial architecture is some of the most impressive and best preserved in South America with its imposing merchants houses, narrow streets, flower bedecked balconies stunning civic buildings and beautiful churches. You will continue to Bocagrande, which in complete contrast with the old city, is modern with high rise apartment complexes, hotels and restaurants. Here you will have the opportunity to visit the wonderful world of emeralds in Caribe jewelry and their Emerald museum, before returning to the port. This museum also keeps the legendary 260 pounds PETRA, the largest emerald bearing vein ever unearthed in Colombia with more than sixty crystals with terminations weighing more than two thousand carats.

**SOMETHING SPECIAL**
**OLD CARTAGENA, FOLKLORIC SHOW & SHOPPING - CAR08**

**Duration**  
 4 h

This fascinating tour of the magnificent city of Cartagena de Indias, includes a tour of the historic colonial city and a beautiful show of Colombian music and dance at the painstakingly restored Heredia Theatre. Your tour starts with a panoramic view of the San Felipe de Barajas Fortress, situated outside the walled city. This monumental fort is considered to be the most outstanding feat of Spanish military engineering in the new world. On entering the walled city you will make 10 minutes stop for photographs at the San Francisco Gun Battery and you will then have the opportunity to encounter the 16th Century first hand with the city's beautifully preserved colonial Houses, Churches, Plazas and Museums. A visit to San Pedro Claver Cloister and Monastery built in homage to the protector of slaves, serves as a reminder of the turbulent past of Cartagena. The ornate and very beautiful Heredia Theater was built in 1911 from the ruins of the old Mercy Church to commemorate the Centenary of the independence of Colombia from Spain and has been restored as a cultural centre for theatrical and musical performances. Here a folk show of music and dance will be presented by local artists in the main auditorium. The show consists of 5 beautiful dances of three important regions of Colombia such as the Atlantic Coast (Cumbia), the Pacific Coast (Currulao and Abosao), and from Los Andes region (the Market Place and the Indian Legend). You will then continue your tour to Bocagrande, the modern part of Cartagena. Here you will have the opportunity to visit the wonderful world of emeralds in Caribe jewelry and their Emerald museum, before returning to the port. This museum also keeps the legendary 260 pounds PETRA, the largest emerald bearing vein ever unearthed in Colombia with more than sixty crystals with terminations weighing more than two thousand carats.

**CARTAGENA BY HORSE & CARRIAGE - CAR09**

**Duration**  
 3 h

After leaving the ship, your guided tour of Cartagena begins with a photo stop at San Felipe Fortress, the largest example of Spanish military engineering in South America. Your coach then continues on to the Parque Apollo, from where you will pick up the horse and carriage that will be waiting for you. As you make your sedate way through cobblestoned streets and squares inside the walled city, you will have plenty of time to admire small details like flower-filled balconies or the glint of light escaping from colonial mansions just as much as the big things, such as the fine old buildings, many Iberian in style, and the general sense of majestic grandeur characteristic of this ancient city. A half-hour shopping break at Las Bóvedas Cartagenas former dungeons now turned retail haven then follows. A panoramic sightseeing tour of modern Cartagena rounds off your tour before you head back to the port and your ship.

**CULTURE AND HISTORY**
**EXPERIENCE MAKING JEWELRY WITH EMERALDS - CAR10**

**Duration**  
 4 h

For a unique chance to make your own emerald cruise memento in sterling silver and leave friends at home feeling just a little green with envy, you can do no better than to join this fully guided tour to the Caribbean School of Jewellery, which is fully approved and endorsed by the countrys Education Ministry. Aided by an experienced instructor in the use of the various tools and how to go about making your piece, you will then begin the process of crafting your very own emerald-studded bling in 925 sterling silver. Next to an informative 15-minute presentation about how Colombian emeralds are extracted and cut, your 3-hour stay also includes instruction on how to melt the silver and help in making the item of jewellery of your choice, either a ring, pendant, a pair of earrings or a bracelet. When class is dismissed, you will not only receive a certificate of your newly found jewellery-making prowess, the item of jewellery that you made. Enjoy a panoramic view of the Old City on your way back to the port.

## OLD CITY OF CARTAGENA AT YOUR LEISURE - CAR11

 **Duration**  
3 h



Boasting a history that can be traced back to its foundation in 1533, modern-day Cartagena presents itself as a city of contrasts. Featuring visits to both the old walled part of the city a UNESCO World Heritage Site since 1984 and its more modern quarters, this tour will show you some of Cartagenas best must-sees. After your coach takes you through the upmarket La Manga residential area, known for its exclusive mansions and impressive villas, and past the mid-17th-century Castillo de San Felipe, you'll be dropped off at La Marina Park and left to explore the beautiful walled city at your leisure. Soak up the historical vibe as you walk down old alleyways lined with the loveliest colonial buildings and keep your camera at hand to take some photos to show your friends at home. As you stroll through history with ancient plazas at every turn, you might even find an authentically Colombian memento in one of the quarters myriad shops. At the appointed time, you'll pick up your coach again at the drop-off point for a drive through the modern residential districts of Bocagrande and Castillogrande, located on a small peninsula just to the south of the walled city. From quaint old lanes to modern commerce, glitzy shops, restaurants and grand hotels: the contrast between the two worlds couldn't be more dramatic. Your tour then draws to a relaxing close with the brief return drive to the pier and your ship. Please note: the drop-off point (La Marina Park) is also the point at which guests must pick up the coach again to return to the ship.

SOMETHING SPECIAL

## CHIVA PARTY BUS - CAR12

 **Duration**  
3 h



This entertaining party-and-sightseeing tour begins as soon as you board the chiva bus at the pier and continues until the moment you return. Chiva buses open-sided vehicles painted every colour under the sun were once used to provide public transport in rural areas, but have since been given a new lease on life. An open bar on board the bus and non-stop local papayera and vallenato music ensure the mood is relaxed throughout as you make your way around the major sights. Brief photo stops are scheduled at San Felipe Fortress, the bay of Manga, the bottom of La Popa hill, the districts of El Centro, Bocagrande and El Laguito, the 16th-century Castillo San Felipe de Barajas as well as Cartagenas old quarter with the vaults of Las Bóvedas. A longer stop, with time for you to stretch your legs, enjoy refreshments and local entertainment or dance to the music on the bus, is also planned at the historical Fortress of Santa Catalina. A final break is then included at the Las Bóvedas Artisan Centre, where you can browse the handicrafts and shop for a souvenir before the chiva takes you back to the pier. By the way, each bus has its own peculiar nickname so be sure to find out what yours is called before you re-board your ship. Please note: guests must be at least 12 years of age to take part. Children must be accompanied by a paying adult throughout the tour and under their constant supervision at all times. Guests wishing to drink alcohol must be at least 21 years of age. Guests are recommended to wear light, comfortable clothing and comfortable shoes or sandals.

SCENIC ROUTE

## CARTAGENA HOP ON HOP OFF - CAR13

 **Duration**  
15 h



Cartagena Hop On Hop Off

SOMETHING SPECIAL

## COLOMBIAN COFFEE EXPERIENCE & GRADUATION IN OLD CARTAGENA - CAR14

 **Duration**  
3 h



Even if you're not a bit of a budding barista, this entertaining tour of fabulous fortress views and a special coffee-appreciation experience at an award-winning Colombian estate is sure to appeal. Leaving the walled city, you'll first be able to savour views of the 16th-/17th-century San Felipe de Barajas, a huge fort that took more than 100 years to build and is considered to be an outstanding feat of Spanish military engineering in the New World. You'll then continue on to the estate for your coffee experience. Committed to educate the consumer and convinced to be able to turn them into apostles of gourmet coffee, San Alberto has designed the Coffee Extravaganza. A coffee immersion into Colombia's most awarded single estate coffee. A delight for your palate that will present a new array of surprising new flavors. Brief overview of the stages from bean to roast followed by a coffee flight prepared on 3 alternative brewing methods which will give you the opportunity to taste 3 unique coffee profiles. You will then continue to the historic colonial city. The immense walls took 194 years to be completed and enabled Cartagena to defend itself from the numerous attacks of English pirates and other would-be invaders. The Spanish colonial architecture is some of the most impressive and best preserved in South America with its imposing merchants houses, narrow streets, flower bedecked balconies stunning civic buildings and beautiful churches. The city is dotted with many squares and public spaces which are now home to sidewalk cafés and restaurants with opportunity stop for shopping before return to the pier. Please note: this tour is not recommended for guests with high blood pressure or who are sensitive to caffeine.

## CULTURE AND HISTORY

**SEA RUMBA AND OLD CITY TOUR - CAR18****Duration**  
4 h

Sea Rumba and Old city tour

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Shore excursions programs and itineraries may vary depending on local conditions and/or any unforeseen events in relation to the timing on the day of the tour.

Some excursions are very popular and therefore availability cannot always be guaranteed, it is advisable to book in advance to avoid disappointment.

**ALL AREAS**

The tour can be provided in 5 languages (ENG-DEU-FRA-ESP-ITA) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

**ONLY SOA**

The tour can be provided in 6 languages (ENG-DEU-FRA-ESP-ITA-POR) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

## Colon

Fri 23 November 2018

### EMBERA INDIAN CULTURE - CRI01



**Duration**  
6 h

Embera Indian Culture

### EMBERA INDIAN CULTURE - CRI01



**Duration**  
6 h

Embera Indian Culture

### CITY TOUR

### TWO OCEAN RAILROAD JOURNEY - CRI02



**Duration**  
5:30 h

Two Ocean Railroad Journey

### TWO OCEAN RAILROAD JOURNEY - CRI02



**Duration**  
5:30 h

Two Ocean Railroad Journey

### CULTURE AND HISTORY

### PANAMA CANAL CRUISE - CRI03



**Duration**  
8 h

Panama Canal Cruise

### PANAMA CANAL CRUISE - CRI03



**Duration**  
8 h

Panama Canal Cruise

## CITY TOUR

**PANAMA CITY TOUR - CRI04**

**Duration**  
 6:30 h

There is only one place on earth that you can reach via the Caribbean Sea, then travel overland for an hour and leave via the Pacific Ocean: Panama City. Located at the entrance to the Panama Canal a major feat of engineering that has now been in operation since 1914 Panama City is not simply a pleasing blend of modern and colonial architecture, but also looks back on a long and interesting history. It was from Panama City that Francisco Pizarro launched his two unsuccessful attempts to conquer the Incan empire in Peru once in 1524 and then again in 1526 and Vasco Núñez de Balboa ventured out to ultimately discover the Pacific Ocean in 1513. And Panama City was the first settlement to be founded on the Pacific side of the American continent, namely in 1519, at which time it formed a vital communication channel between Spain and its colonies in the Pacific. This scenic, yet acquainted visit to Old Panama then continues on again by coach to Casco Antiguo, or the Colonial City. Founded in 1673, the city replaced the old capital, which at that time had already lain in ruins for 2 years after an attack of the Englishman, Captain Henry Morgan. The Casco Antiguo is full of historical buildings, which include a cathedral, the national theatre, and the fabulous Las Bóvedas walkway. As a final extra before returning you to the ship, the tour also includes a quick visit to Gatun Locks to see how the Panama Canal operates. Please note: This tour includes a long route by bus. As the transit of ships through the lock is subject to local authority permission and is dependent on daily scheduling, no guarantee can be given that any ships will be passing through the lock at the time of your visit.

**PANAMA CITY TOUR - CRI04**

**Duration**  
 6:30 h

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## ACTIVE &amp; ADVENTURE

**KAYAKING ON LAKE GATUN - CRI06**

**Duration**  
 3:30 h

Take a break from your ship, board a coach and enjoy the drive to your main stop, the Hotel Melia Panama Canal, which forms the starting point of your kayaking adventure on Lake Gatun. This exhilarating experience is sure to appeal to guests of an adventurous persuasion, who enjoy physical exercise and love the great outdoors. Nature's bounty in the form of stunning scenery and an abundance of wildlife is evident at every turn as you explore the area from the watery vantage point of your kayak without doubt the best seat in the house. The tour will include a Kayak ride around the wildlife of Gatun Lake. Please note: Guests must be at least 8 years of age to participate and are recommended to be physically fit. As you are likely to get wet during the kayaking activity, you are recommended to bring a change of clothes, wear swimwear, sunscreen, a sunhat, sandals and bring a towel.

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## NATURAL WONDERS

**MONKEY WATCH AT GAMBOA - CRI08**

 **Duration**  
 5 h
 



Monkey watch at Gamboa

**MONKEY WATCH AT GAMBOA - CRI08**

 **Duration**  
 5 h
 



Monkey watch at Gamboa

## CITY TOUR

**PANAMA OLD QUARTER - CRI09**

 **Duration**  
 4:30 h
 

Panama Old Quarter

**PANAMA OLD QUARTER - CRI09**

 **Duration**  
 4:30 h
 

Panama Old Quarter

## CULTURE AND HISTORY

**PANAMA CANAL EXPANSION - CRI12**

 **Duration**  
 3 h
 



Panama Canal Expansion

**PANAMA CANAL EXPANSION - CRI12**

 **Duration**  
 3 h
 



Panama Canal Expansion

**NATURAL WONDERS**
**ECO CRUISE ON GATUN LAKE - CRI14**

 **Duration**  
3:30 h



Forming a large part of the Panama Canal, Gatun Lake is one of the country's major transport routes, but equally a place of great natural beauty and your destination on this leisurely tour. An approx. 20-minute air-conditioned drive will first take you to the Meli Resort, after which you'll have time to stretch your legs before you board the boat for the 1.5-hour eco-cruise. Created when the Gatun Dam was constructed in the early 20th century, Gatun Lake is surrounded by rainforest with the usual jungle crowd: exotic birds, monkeys, sloths, iguanas, crocodiles and more. You'll be heading for one of the lake's most secluded spots to savour this natural splendour first hand. The experience promises to be particularly rewarding thanks to information provided by your tour guide on the animals and their various habitats. Following your lake cruise, you'll go on a rainforest walk and follow the eco-trail that surrounds the lake, while your nature guide points out wildlife and shares details on habitat. The coach transfer back to the ship then gives you time to relax. Please note: guests are recommended to wear light, comfortable clothing and comfortable walking shoes.

**ECO CRUISE ON GATUN LAKE - CRI14**

 **Duration**  
3:30 h



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**CULTURE AND HISTORY**
**BIO MUSEUM BY FRANK GEHRY - CRI15**

 **Duration**  
5:30 h



Bio Museum by Frank Gehry

**BIO MUSEUM BY FRANK GEHRY - CRI15**

 **Duration**  
5:30 h



Bio Museum by Frank Gehry

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## Puerto Limon

Sat 24 November 2018

### NATURAL WONDERS

#### THE TORTUGUERO CANAL - PLI02

 **Duration**  
4:25 h

Consummately beautiful, a haven of biodiversity and so remote that it takes either a boat or a plane to get there, the Tortuguero Canal and waterways are your destination on this enjoyable half-day tour. An approx. 25-minute coach ride from the pier will first see you reach the private jetty to board a specially customised boat that will take you through the jungle-fringed canal and other natural waterways. As you slowly glide down the canal, which runs parallel to Costa Ricas Caribbean coastline, you'll quickly understand why this area is also called Costa Ricas Amazon the abundant rainforest with a profusion of flora and fauna is all around. Look out for orchids and water lilies, try to spot birds, monkeys, sloths, toucans and even crocodiles, all of which call these parts home. Wave to the locals busy on the banks or in dugout canoes on the water and let your eyes roam over the spectacular nature-given panorama, with the lush vegetation on either side delightfully mirrored in the water. Your cruise through one of Costa Ricas greenest destinations will be rounded off by complimentary soft drinks and tropical fruit plus the sound of calypso music. Please note: guests are recommended to wear light clothing, sunglasses, a hat, high-factor sunscreen, comfortable walking shoes and insect repellent as well as to bring a camera, binoculars and rainwear.

### SCENIC ROUTE

#### SLOTH SANCTUARY & CANAL EXPLORATION - PLI24

 **Duration**  
4:30 h

Spend half a day meeting some of Costa Rica's cutest creatures: sloths. From their greenish-tinged fur and languid movements to their permanently smiling faces, sloths are simply some of the coolest dudes in the jungle. A short drive from the port will first take you to the site of your encounter: the Sloth Sanctuary of Costa Rica, founded as a not-for-profit rescue centre in 1997. After learning a little about the laid-back lifestyle of two- and three-toed sloths, you'll get to say hello to some of the lovable lodgers, for instance Buttercup. As the park's first resident and reigning queen, you'll probably find her holding court in a splendid basket chair near the entrance. Adorable! Your time at the sanctuary also includes a canoe ride on the Estrella River. Lush and densely vegetated, this protected area not only provides a habitat for more than 180 bird species, but also for monkeys, turtles and scores of butterflies. On leaving your canoe, you can stretch your legs on a walk through the rainforest and touch base with Mother Nature at her best. You might even be lucky and spot howler monkeys in the canopy or a sloth being released back into the wild. On your return, a fresh fruit snack will be served at the restaurant, after which you'll move on to see the park's most heart-melting inhabitants: sloth babies. You'll also have time to browse for a memento in the store before the coach takes you back to the ship. Please note: the sequence in which the tour is run may vary. The tour offers guests an opportunity to fully enjoy the rainforest. Guests are advised that wildlife sightings cannot be guaranteed

#### CARIBBEAN TRAIN, ECO CRUISE & COUNTRYSIDE - PLI26

 **Duration**  
3:30 h

Make yourself at home on a meticulously restored vintage carriage of the open-air Caribbean Train and get set to discover this supremely scenic region of Costa Rica in old-fashioned style. With the railway line having given rise to Costa Ricas banana-producing industry in the late 19th/early 20th century, it passes through astounding landscapes that are begging to be photographed. Frequent stops are scheduled on the way, giving you a chance to do a bit of wildlife spotting. See how many sloths, monkeys and other jungle dwellers you can identify in the dense vegetation to either side of the tracks. Your mode of transport will then change to a boat and your exploration will take you down the beautiful Tortuguero Canal and natural waterway system. Part of a larger protected area, the river and canal banks as well as the water itself are teeming with life. Waterfowl are abundant, but you're also likely to spot whiteface and spider monkeys hanging out in the trees inspecting you just as carefully as you might inspect them. Once you reach the private dock at the port of Moin near Limón, you can enjoy a refreshing selection of tropical fruit before you return to the pier and your ship. Please note: the sequence in which the tour is run may vary. Guests are recommended to wear comfortable closed walking shoes, high-factor sunscreen, insect repellent, light clothing, a hat/sun visor as well as to bring a camera and rainwear.

## VERAGUA RAINFOREST AERIAL TRAM - PLI32



Tucked away in the dense jungle and yet within easy reach of port Limón by coach lies one of Costa Ricas best-kept secrets: the sprawling Veragua Rainforest Research & Adventure Park. During your air-conditioned coach journey to the park, your guide will share information about the areas biodiversity and history. Once at the park, you'll get to soar through the tree canopy on an aerial tramway, walk to a beautiful waterfall, rub shoulders with myriad butterflies, including the incredible blue morpho, and see typical rainforest residents in a natural setting. Specialised habitats include one for reptiles, one for frogs and one for butterflies. After visiting the parks laboratories, you'll board the aerial tram for a breathtaking ride in the sky. Do take some photos of the stunning views and keep watch for sloths, toucans or howler monkeys in the trees. Back on terra firma again, you'll then walk the Trail of the Giants, with the trees being the giants in question, or hike to the gushing Puma Waterfall. The aerial tram will return you to the visitors centre for a light snack of sandwiches, fresh fruit and juices at the Rainforest Cafeteria. You'll also have time to visit the gift shop before you re-board the coach for the return ride to your ship. Please note: guests are recommended to wear comfortable closed walking shoes, light clothing, high-factor sunscreen and a hat/sun visor as well as to bring a camera and rainwear. The tour is considered to be unsuitable for pregnant women. Some portions of road encountered on the tour may be bumpy and unpaved. Reaching the Puma Waterfall involves using a total of 350 steps (both ways) and walking on an uneven dirt track. This portion of the tour is considered to be unsuitable for guests with mobility problems. The Veragua Rainforest Eco-Adventure is suitable for guests using a walker, manual wheelchair or a collapsible lightweight electric scooter (100 lbs/45 kg or less). Guests using such mobility aids must be capable of navigating a few steps to get on and off the coach. Wheelchairs or electric scooters will be stowed in the coaches luggage compartments and retrieved at the park for guests to use.

### NATURAL WONDERS

## BIRDS & NATURE AT BOCUARE JUNGLE HAVEN - PLI35



The privately owned Bocuare Jungle Haven in the picturesque Estrella Valley is your destination on this all-day outing, which begins with a drive along Costa Ricas Caribbean coastline, passing through pretty little towns and spacious banana plantations on the way. Run as a conservation and rescue centre for the regions tropical flora and fauna, the Bocuare Jungle Haven offers unprecedented access to a unique ecosystem. A walk through the property begins your visit, after which you can enjoy stupendous views of the magnificent plant life when you cross a lagoon on a hanging bridge. The property provides a sanctuary for more than 115 different bird species, including aningas, tiger and boat-billed herons, trogons, woodpeckers, hummingbirds and clay-coloured robins Costa Rica's national bird alongside various visiting migrant birds. A tractor-pulled cart will then take you the Bocuare Villa for a look around and to change into swimwear, after which you can enjoy the refreshing coolness of the pool in its unique rainforest setting. Next up is the old sugar mill, where you'll find out how sugarcane is processed, help with extracting the juice and sample the fruit of your labour. Your tour is rounded off by a typical Costa Rican lunch, prepared by the Bocuare family, to the sound of local music. You'll also have a little time to spend at the gift shop before the coach returns you to the port and your ship. Please note: the tour offers guests an opportunity to hike to the heart of the rainforest and swim in a uniquely located swimming pool. Guests are advised that wildlife sightings cannot be guaranteed. Guests are further recommended to wear light clothing, comfortable walking shoes, a hat, high-factor sunscreen, insect repellent, sunglasses as well as to bring a light jacket, rainwear, a camera, binoculars, a towel and a change of clothes/swimwear to change into. Changing facilities are available for guests wishing to swim in the pool.

### ACTIVE & ADVENTURE

## ORIGINAL CANOPY TOUR AT VERAGUA RAINFOREST ECO-ADVENTURE - PLI36



Half a day of adrenaline-pumping, high-flying action in the most spectacular natural setting awaits you on this tour to the fabulous Veragua Rainforest complex, which you will reach following a scenic coach ride from the pier. Once you've arrived, a guide will fit you with the necessary equipment and brief you on the fun to come, after which you'll begin your aerial exploration of the park. Featuring 9 observation platforms and 9 traverses, the amazing zip-line course lets you glide over the rainforest canopy and soak up breathtaking views of Costa Ricas abundant flora and fauna. As you make your way down the 9 lines, keep your camera tethered for easy access to snap any sightings of monkeys, sloths and tropical birds, all of which are common in the area. The last traverse ends on a platform at ground level, from where a short walk will then take you to the reception area for a drink of cool, refreshing purified water. Your return journey to Limón will provide further superb views of rural Costa Rica and a well-earned chance to relax. Please note: guests must be at least 5 years of age and weigh no more than approx. 270 lbs/123 kg to take part in the tour. Guests are recommended to wear comfortable clothes (shorts, long trousers, t-shirt), sunglasses, a hat, high-factor sunscreen and insect repellent as well as to bring a change of clothes (rain is common), a little cash and a camera. Additional beverages are available for purchase at extra cost not covered by the price of the tour. The tour is considered to be unsuitable for guests with pre-existing cardiac conditions, seizures/epilepsy and conditions affecting balance as well as pregnant women. In deciding whether or not to join this tour, guests are requested to take their personal level of fitness and medical history into consideration. Guests with pre-existing knee injuries, asthma or other respiratory conditions, diabetes or any other serious medical conditions are requested to exercise particular caution and if concerned, seek the advice of their doctor before taking part in the tour or engaging in strenuous activity.

**SCENIC ROUTE**
**SIGHTSEEING & BANANA PLANTATION - PLI37**

**Duration**  
 3:30 h


This varied half-day tour of Costa Rican highlights begins with a coach ride to your first stop, a fully operational banana plantation for a chance to see how this tasty treat is grown. Once you're suitably banana savvy, the coach journey continues on to the small village of Bananito, where time will be yours to do some shopping for a locally made keepsake. As your scenic ride then progresses, you'll pass Limón International Airport as well as further banana and cassava estates, with fabulous views of Costa Rica's Caribbean palm-fringed coastline completing the compelling visual. The area is alive with birdlife so see if you can spot any white egrets, blue herons, kingfishers and pelicans or reptiles such as iguanas, all of which are common sights. The return drive will also see you pass through Cieneguita, Limón's oldest suburb, where the houses constructed by the island's first Jamaican settlers were built on stilts in an effort to cope with harsh environmental conditions, such as coastal swamps, landslides, flooding, jungle fevers and heavy rains, for which the formerly untamed region was known. Please note: the sequence in which the tour is run may vary. Guests are recommended to wear light clothing, comfortable walking shoes, a hat/sun visor, insect repellent and high-factor sunscreen as well as to bring rainwear.

**ACTIVE & ADVENTURE**
**TORTUGUERO CANALS & VERAGUA RAINFOREST ECO-ADVENTURE - PLI38**

**Duration**  
 7:30 h


Get set to discover two supersized jungle locations on an all-day tour that first takes you north along Costa Rica's Caribbean coastline on an air-conditioned coach. Relish the views and learn about the region's prodigious biodiversity from your on-board guide. At the Tortuguero Canal, you'll board a boat to explore a region so densely vegetated it is also named Costa Rica's Amazon. Keep your camera close as you pass orchids, water lilies, crocodiles, spider monkeys, manatees and otters or even spot an elusive jaguar in the foliage. All told, the area supports approx. 530 different species of all shapes and sizes. Back on the coach, you'll head for the Veragua Rainforest Park to see various creature-specific habitats. Check out the snakes and lizards at the reptile habitat, meet the amphibians at the frog habitat and enjoy watching butterflies flutter by at the butterfly garden. A buffet-style lunch is next at the main visitors centre, following which it's time for the aerial tram. Divine views will reveal themselves through the forest canopy, home to toucans, sloths and howler monkeys. Touching down again at the riverbank, a walk will then take you to the Trail of the Giants named after the huge trees and a hike to the lovely Puma Waterfall. The aerial tram will return you to the park's research laboratories, after which you'll have time to browse in the gift shop before the coach takes you back to Limón and your ship. Please note: guests are recommended to wear comfortable closed walking shoes, light clothing, high-factor sunscreen and a hat/sun visor as well as to bring a camera and rainwear. The tour is considered to be unsuitable for pregnant women. Some portions of road encountered on the tour may be bumpy and unpaved. Reaching the Puma Waterfall involves using a total of 350 steps (both ways) and walking on an uneven dirt track. This portion of the tour is considered to be unsuitable for guests with mobility problems. The Veragua Rainforest Eco-Adventure is suitable for guests using a walker, manual wheelchair or a collapsible lightweight electric scooter (100 lbs/45 kg or less). Guests using such mobility aids must be capable of navigating a few steps to get on and off the coach. Wheelchairs or electric scooters will be stowed in the coach's luggage compartments and retrieved at the park for guests to use.

**SOMETHING SPECIAL**
**WILDLIFE RESCUE CENTER & CAHUITA NATIONAL PARK - PLI39**

**Duration**  
 4:30 h


Spend half a day meeting some of Costa Rica's cutest creatures during your visit to the Wildlife Rescue Center. Offering a safe haven to animals in need of refuge due to loss of habitat or other reasons, the Wildlife Rescue Center works to nurse these animals back to health so they can be released into their natural environment. During your visit you may get to see Baby Sloths, several types of Monkey, Coatis, Kinkajous, Deer, Peccaries, Jaguarondi and Parrots. You will also have a chance to see various types of tropical and indigenous plants such as heliconias, and bromeliads and will have an opportunity to see the process of how organically grown cacao beans are processed into delicious chocolate. You will enjoy a refreshing snack of fresh fruit and have some time to browse for a memento in the souvenir shop before continuing on to the Cahuita National Park for a trail hike where you might spot wildlife such as sloths before heading back to your ship. Please note: The sequence in which the tour is run may vary. The tour offers guests the opportunity to fully enjoy the rainforest and your visit to the Rescue Center will impact positively and help many animals that need care. Wildlife sightings, although frequent, are not guaranteed. The animals in residence at the Wildlife Rescue Center may vary. This excursion involves walking over uneven terrain and climbing some steps, most activities are done outdoors. Guests are recommended to bring comfortable walking shoes, a hat, sunscreen, insect repellent, sunglasses, rain gear in case of sudden showers, and a light jacket.



MSC

EXCURSIONS

Discoveries designed for you

ACTIVE & ADVENTURE

MONSTER BUS & RAINFOREST EXPEDITION - PLI40

**Duration**  
4 h

All aboard the Monster bus a 6 x 6, all-terrain, air-conditioned vehicle with panoramic windows to explore the natural beauty of Costa Ricas landscape. Youll be heading west, passing through small towns and travelling down a winding road near the Banano River, with wonderful views to savour from various vantage points. Weather permitting, youll stop at the riverbank for a Costa Rican-style picnic lunch featuring seasonal fruit, drinks and snacks, after which youll move on again for a gentle stroll through the local rainforest. A knowledgeable guide will point out interesting flora and fauna, such as poison dart frogs, monkeys and birdlife. Another scenic drive that takes you past small creeks then follows to reach a banana plantation tucked away in a small valley. After a chance to learn how bananas are grown, youll make your way back to the ship with coastal views to enjoy on the way. Please note: guests are recommended to wear light clothing, comfortable walking shoes, a hat or visor, insect repellent and high-factor sunscreen as well as to bring rainwear in case of inclement weather. Guests will need to be able to climb 8 steps in order to get in and out of the Monster bus.

CITY TOUR

SCENIC DRIVE AND CARIBBEAN SHOW - PLI41

**Duration**  
2:45 h

Scenic Drive and Caribbean Show

ACTIVE & ADVENTURE

COSTA RICA JUNGLE KAYAK AND CALYPSO SHOW - PLI42

**Duration**  
4:30 h

Costa Rica Jungle Kayak and Calypso Show

The excursions in the programme are intended to provide MSC Guests with an idea of the different tours that can be arranged in each port of call; this programme is merely a guide and confirmation of each excursion and its description and prices will be made during your cruise.  
Shore excursions programs and itineraries may vary depending on local conditions and/or any unforeseen events in relation to the timing on the day of the tour.

Some excursions are very popular and therefore availability cannot always be guaranteed, it is advisable to book in advance to avoid disappointment.

ALL AREAS

The tour can be provided in 5 languages (ENG-DEU-FRA-ESP-ITA) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

ONLY SOA

The tour can be provided in 6 languages (ENG-DEU-FRA-ESP-ITA-POR) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

## Costa Maya

Mon 26 November 2018

### SEA & SUN

#### JUNGLE BEACH BREAK - CMY01

 **Duration**  
5 h

Treat yourself to a few hours off the ship to visit one of the most popular beach clubs on the Costa Maya – the perfect spot to relax in style. After leaving the ship and boarding an air-conditioned coach, a short journey will take you to this exclusive Caribbean getaway and its glorious golden sands. You'll be met on arrival and shown around the facilities available to you at the resort, which include an open national bar, a beach volleyball area, beach chairs, a beach party area and a chance to go kayaking. Further resort amenities that you can use at extra cost are a restaurant, souvenir store and snorkelling straight from the beach. Spend as long as you like enjoying the wonderful resort complex and the beach; when you're ready to leave, simply catch one of the regular shuttle buses to get back to the pier and your ship. Please note: food can be purchased at extra cost while at the resort. Cash only in either US dollars or Mexican pesos will be accepted. There will be regular opportunities to return to the cruise ship pier throughout your stay. The shuttle service is dependent on the availability of transportation. The resort also features water sports facilities, which you can frequent/hire at additional cost not covered by the price of the tour. Guests under the age of 18 must be accompanied by an adult. The tour is suitable for guests with mobility problems. Only adults over the age of 21 can drink alcohol from the National Open Bar. All guests must be seated all the time while the bus is moving; we kindly ask you to follow the safety instructions provided by your guide. Presence of seaweed in the Mexican Caribbean Coast is seasonal and could cause limited visibility and be present in the water or beach. Seaweed is not harmful but may cause light itching on sensitive skin.

### ACTIVE & ADVENTURE

#### CATAMARAN SAIL & SNORKEL - CMY02

 **Duration**  
3 h

Two water-based pursuits team up to make a tour full of excitement and fun: first you can enjoy the Caribbean Sea on a modern catamaran and then go snorkelling in the crystal-clear water. After meeting your guide when you leave the ship, you'll make your way to Fishermans Pier to board the catamaran. A safety briefing will be given and fully certified divers will remain on hand throughout the sail to ensure your safety at all times. You'll also be kitted out with a life vest, which you will be requested to wear while on board and in the water, plus a brand new snorkel tube for reasons of hygiene. You can first savour wonderful views as you sail out; then, when your catamaran drops anchor, marvel at the colourful world under the sea, where jacks, snappers, angelfish, queen triggerfish, groupers and even turtles can be found rubbing shoulders or perhaps dorsal fins in a spirit of (mostly) peaceful coexistence. Once the catamaran sets sail again, your on-board guides will continue to entertain you. Finally, you'll be free to go straight back to the ship when you arrive back on dry land or remain in town and make your own way back when you're ready. And as use of all necessary equipment is included in the price of the tour, you won't have anything to carry around with you if you do choose to have a look around town. Please note: for hygiene reasons, a brand new (unused) snorkel tube will be issued to each guest wishing to snorkel. Your transport back to the ship will depart from Fishermans Pier at a designated time. Guests wishing to stay in town for longer will have to return to the ship at their own expense. Presence of seaweed in the Mexican Caribbean Coast is seasonal and could cause limited visibility and be present in the water or beach. Seaweed is not harmful but may cause light itching on sensitive skin.

#### DUNE BUGGY JUNGLE & BEACH SAFARI - CMY04

 **Duration**  
3:30 h

In order to increase your holiday enjoyment quotient even further, this tour ups the ante with an opportunity to explore the Costa Mayas spellbinding shoreline in a custom-made beach buggy. First popularised in the 1940s, this recreational vehicle has lost none of its carefree charm and continues to stand for endless fun in the sun. In the interest of safety, you'll naturally be given a thorough briefing before you set off en route to your first stop at beach where you can enjoy the view. Wave to the people as you then move on and keep a lookout for the areas fabulous birdlife and resident iguanas as you travel off road to a beach club. Take full advantage of the ample facilities, leaving you only with the problem of choosing what to do. Fancy soaking up the rays in a comfortable sun chair while sipping a delicious drink and snacking on something tasty? No problem! Or would you rather swim in the Caribbean Sea, have a go at beach volleyball or explore the spacious beach? Go for it – or simply do them all. Plenty of time will be yours to do whatever you fancy before you begin the drive back to the pier and your ship. Please note: due to the driving involved, the tour is strictly alcohol-free. Food can be purchased at extra cost while at Cacums beach. Cash and credit card accepted. Guests must be at least 6 years of age to take part. Guests wishing to drive must be at least 21 years of age and in possession of a valid driving licence. Occupancy per beach buggy: 4 guests. All buggies feature an automatic gearbox. Guests will have 1 hour at the beach. Presence of seaweed in the Mexican Caribbean Coast is seasonal and could be present in the water and during the off road tour.

**CULTURE AND HISTORY**
**CHACCHOBEN MAYAN RUINS - CMY06**

**Duration**  
 4 h

The dawn of the once highly developed Mayan civilisation can be traced back to around 2,000 B.C. and many of their amazing architectural structures can still be visited in Mexico to this date. In around A.D. 700, these clever people built the pilgrimage site of Chacchoben, your destination on this half-day tour. After meeting your bilingual guide, you'll head inland on an air-conditioned coach with information on the site and the Mayans provided during the ride. On arrival, your guide will show you around the site, explaining the purpose of the various structures. Amazingly, one of the pyramids still features some original red paint on its stucco walls, while a mural depicting the astronomical positions of planet Venus has stood the test of time in one of the temples. For those of an energetic disposition, there'll also be time to climb some of Chacchoben's tallest structures: the imposing Gran Basamento, a place where archaeologists found remains of ceremonial offerings dating back to 1,000 B.C.. The highest point of the temple sits above the tree canopy and affords eminently photo-worthy views. You'll also get to find out a little about the area's diverse wildlife and Mayan medicinal plants, which continue to be used to this day. A complimentary bottle of water is also included in your excursion and the relaxing return drive to your ship at the Costa Maya brings your tour to a close. Please note: the price of the tour excludes the cost of any additional soft drinks, crisps or biscuits that guests may purchase at the archaeological site. As the tour involves longer periods of walking over uneven ground and some climbing, it is considered to be unsuitable for guests with mobility problems. About 10-15 minutes will be allocated for guests to make purchases at the market inside the archaeological site. A government-imposed fee of approx. US\$5 is payable by guests wishing to use video equipment (including mobile phones) at the archaeological site.

**ACTIVE & ADVENTURE**
**OFF-ROAD JEEP & BEACH TOUR - CMY24**

**Duration**  
 3:30 h

Exhilarating, entertaining and a great way to spend some time off the ship, this tour will see you board and possibly drive a jeep to discover some of the roads less travelled along the mesmerising Costa Maya. Once you've got settled in your 4-person jeep with one of your number doing the driving you'll head out in convoy, first through the pretty little fishing village of Mahahual and then off road into the lush rainforest that flanks the coastline. With sublime views of the Caribbean Sea, stretches of sandy beach and tiny villages to enjoy on the way, your 1-hour drive will take you south to reach Explora Beach. Pristine sands and a secluded location make this the ideal spot to stop for a delicious Mexican-style lunch, followed by time to do whatever you please. The water is just the place for a refreshing dip, the beach perfect for working on your tan, playing beach volleyball or going for a stroll and the stunning surroundings well worth a photo or two. You'll return to the pier and your ship in the same way you came by jeep. The only thing left to decide is: who gets to have fun driving on the way back? Please note: all jeeps feature a manual gearbox (stick shift) and each jeep seats 4. Guests are recommended to wear comfortable shoes and swimwear under their clothing as well as to bring a towel, a hat, high-factor sunscreen and a some cash to pay for any additional purchases. Guests wishing to drive must be at least 21 years of age and in possession of a valid driving licence. Guests must be at least 3 years of age to take part in the tour. The tour is considered to be unsuitable for pregnant women and guests with pre-existing back/neck injuries. Guests will be required to sign a waiver which may only be available in English.

**GLASS-BOTTOMED BOAT & SNORKEL TOUR - CMY26**

**Duration**  
 2:30 h

Since the waters off the Costa Maya boast the world's second-largest coral reef, it would be rather a shame to miss out on seeing it at first hand and if you prefer without even getting your feet wet. After the short transfer from the pier to the lovely beach at Mahahual, a small fishing village just south of the cruise ship terminal, you'll board a glass-bottomed boat and begin your adventure. With the iridescent waters of the Caribbean Sea beneath you and panoramic views to soothe the eye, you'll sail to the reef location. After taking some time to get acquainted with the teeming wildlife through the boat's glass underbelly, you can if you want take to the water itself to meet and greet the reef's colourful inhabitants. Thanks to the small group size, you can feel safe in knowing that your fully qualified guides will remain close at hand throughout your snorkel tour to assist you at every turn. Once you return to the beach at Mahahual, you can choose whether to return straight to the ship or if you'd prefer to have a look around downtown and then return on your own steam. Please note: guests must be at least 8 years of age to take part. For safety reasons, the tour is considered to be unsuitable for pregnant women, guests with pre-existing respiratory conditions such as asthma, with cardiac conditions (including a history of cardiac arrest and/or surgery), diabetes, epilepsy, back/neck injuries and guests taking medication such as anti-depressants, lithium, beta-blockers and base vein constrictors. Guests wishing to remain downtown after the tour will have to return to the ship at their own expense. Guests will be required to sign a waiver which may only be available in English.

**SEA & SUN**
**BEACH POWER SNORKEL - CMY27**

**Duration**  
 5 h


Holidays provide a golden opportunity to ditch the same old same old and try something new and when you see what a Sea-Doo can do, you'll want to do it too. These super-modern aqua-scooters are not only the last word in sleek personal watercraft design, but are also super easy to navigate on the water. This ton of fun in the sun begins with a guided and air-conditioned coach ride down to the Beach Club one of the regions very best diving and snorkelling sites. A certified dive master will then instruct you on operating a Sea-Doo aqua-scooter and your snorkelling equipment, leaving you well set to follow your guide on an exciting water-borne adventure. See how much of the underwater world you can spot while you skim over the waters surface, then gear up and jump in to snorkel among the coral reef, sea fans and other incredible marine wildlife. On your return from your Sea-Doo jaunt, you'll still have plenty of time to check out the clubs facilities or simply kick back and relax in the sun. An open national bar, beach loungers and kayaks will also be available for you to use. And anyone in a dancing mood can fiesta on down to the beach party area theres something for everyone at the Beach Club. The resorts restaurant, souvenir store and other water sports facilities are equally open to you, but will attract additional costs not covered by the price of the tour. Please note: guests must be at least 10 years of age and weigh no more than 240 lbs/109 kg to take part. Guests under 18 years of age must be accompanied by an adult. For safety reasons, the tour is considered to be unsuitable for pregnant women, guests with pre-existing back/neck injuries, guests with a history of seizures or who have recently undergone surgery, guests with pre-existing cardiac or respiratory conditions such as asthma and guests with mobility problems or using a wheelchair. Presence of seaweed in the Mexican Caribbean Coast is seasonal and could cause limited visibility and be present in the water or beach. Seaweed is not harmful but may cause light itching on sensitive skin.

**CULTURE AND HISTORY**
**KOHUNLICH MAYAN RUINS - CMY28**

**Duration**  
 6:30 h


Situated on the Yucatán Peninsula and one of Mexicos absolute must-sees is the archaeological site of Kohunlich, a terraced city built by the Mayans between approx. A.D. 250 and A.D. 600. The sites unusual-sounding name is derived from the English name of the cohune palm, a common sight in the area. Your tour of cultural discovery begins with an air-conditioned coach ride, during which a bilingual guide will entertain you with information on the Mayan remains ahead. At the site itself, you'll be escorted through the park-like setting of the historical complex, whose highlights include a sunken palace, an acropolis, courtyards and even an ancient ceremonial ball field. But the sites main attraction is undoubtedly the Temple of the Masks, dedicated to the Mayan sun god KinichAhu. Although the oversized stucco masks on either side of the temples central staircase are easy enough to see from the ground, you'll have to climb up the pyramid-like structure to get a closer look. Parts of the stucco which dates back to earlier than A.D. 500 still retain some of their original colour. With memories of the beautifully secluded Kohunlich fresh in your mind, you'll then get to enjoy a light packed lunch on the coach journey back to the Costa Maya and your ship. Please note: the tour involves a 2-hour coach drive each way without a comfort stop; guests are therefore recommended to use the facilities prior to departure. As the tour involves longer periods of walking on uneven ground, guests are requested to take extra care. The tour is considered to be unsuitable for guests with mobility problems or using a wheelchair. Guests are recommended to wear high-factor sunscreen, insect repellent and comfortable shoes. Depending on the exchange rate on the day of the tour, a fee of US\$5-US\$8 will be payable by guests wishing to use video equipment (including mobile phones) at the archaeological site. The site does not permit the use of tripods, professional video equipment or flash photography. The tour also involves an approx. 5-minute walk between the car park and the entrance of Kohunlich.

**ACTIVE & ADVENTURE**
**JAGUAR TRUCK: MAYAN ADVENTURE EXPEDITION - CMY29**

**Duration**  
 4 h


Whats black and red and built for fun? The Jaguar Truck your specially equipped mode of transport on a tour dedicated to delivering an entertaining and varied adventure with plenty of time in the great outdoors. After boarding the truck, your first stop is scheduled following an only 15-minute drive. You can then either team up with a fellow guest to ride a tandem or simply walk through the rainforest to reach your destination: a beautiful Mexican cenote. The deliciously refreshing water is perfect for a soak, after which you'll get back on the truck and head for your next stop: the beach. While your friendly tour guides get busy setting up camp, you'll have time to practise boogie boarding or stand-up paddle boarding, take a floatation tube for a dip in the sea or simply relax on the fine white sand. Once youve enjoyed lunch on the beach, your return journey in the customised Jaguar Truck will give you a chance to enjoy further gorgeous views of the Costa Maya coastline. Please note: the tour is designed for guests who enjoy high-level outdoor activities. Guests will be required to fill out and sign a waiver/release form. Guests wishing to take part must weigh no more than 320 lbs/145 kg. At a maximum depth of 4 ft./1.2 m, the cenote is a safe environment even for guests who are not strong swimmers. Guests must be at least 8 years of age to take part and are generally recommended to wear a hat, comfortable shoes, light clothing (that can get wet while paddle boarding), apply sunscreen and insect repellent (from August to December) as well as to bring a change of clothing and a towel.

**CULTURE AND HISTORY**
**SALSA COOKING, DANCING & BEACH BREAK - CMY30**

**Duration**  
 3 h

Since there's no better place on earth than Mexico itself to find out how authentic Mexican food is made, move your hips to the salsa beat and sip a refreshing margarita while you dance, this tour lets you go native for a while and do all three in the most sumptuous surroundings. A coach transfer to a beachfront restaurant affording superb views of the Caribbean Sea gets the party started, after which you'll first be shown the best way to make Mexican salsas and creamy guacamole - delicious with tortilla chips whichever way you slice and dice it. And the recipe will be yours to keep as a memento so you can recreate the moment back at home. Then tickle your taste buds with a complimentary margarita, a cool Mexican beer or some flavoured water before you hit the dance floor for your salsa lesson. Simply follow the step-by-step instructions and you'll soon be swaying to the infectious rhythms like a pro. Free time will then be yours to relax and enjoy the beach facilities, laze around in the sun or go for a swim in the sea. Best of all, you can choose between returning to the ship using the transport provided or stay for longer and use a taxi coupon for your return trip. Please note: taxi coupons will be issued so guests can return to the ship at their leisure. The tour is considered to be unsuitable for guests with mobility problems or who use mobility aids such as a cane, walker or a wheelchair. Guests are recommended to wear comfortable shoes and wear (or bring) swimwear under their clothes as well as to bring a change of clothes, a towel, a hat, sunscreen and some cash to cover the cost of any additional purchases. Guests will be required to sign a waiver which may only be available in English.

**NATURAL WONDERS**
**DOLPHIN ENCOUNTER - CMY31**

**Duration**  
 1:30 h

Get ready to kiss a dolphin! In this experience of a lifetime you will be able to kiss, pet and interact with the magnificent mammals. You'll be greeted by your smiling guide at the end of the dock who will brief you on the day's event, it is only a five-minute walk to the Dolphin Park and you will be given a locker and a lifejacket. After a brief educational and safety training, enjoy about 30 minutes in the water on a submerged platform, a great way for even novice swimmers to enjoy this incredible experience. You'll be surprised by the great intelligence and friendliness of these wonderful marine mammals. Please Note: Cameras and valuables are to be placed in the lockers for safe keeping as cameras are not allowed in the water. Pictures of the tour are not included in the price of the excursion, but are available at the guest's own additional expense. Children under 3 years of age will only be able to enter the water with a paying adult. Pregnant women who are up to five months along are able to participate. Lockers are included in the price of the tour. Please bring a towel, biodegradable sunscreen, cash/credit cards for any additional purchases and a change of clothes. All participating guests will be required to sign a waiver which may only be available in English.

**DOLPHIN SWIM ADVENTURE - CMY32**

**Duration**  
 1:30 h

Set in a natural ocean pool with a sandy bottom, adventure awaits you for your chance to swim, kiss, caress and even be pulled by a bottlenose dolphin's pectoral fin. You'll be greeted by your smiling guide at the end of the dock who will brief you on the day's events, it is only a five-minute walk to the Dolphin Park and you will be given a locker and a lifejacket. After a brief educational and safety training you will spend about 30 minutes in the water with the dolphins where you can enjoy this rare opportunity to touch the sleek and playful mammals and pose for the world famous dolphin kiss. Standing on a submerged platform, you'll be introduced to your dolphin friend. You'll be led into deeper waters where you'll be pulled by their pectoral fins and swim with your dolphin. Be amazed by your dolphins' speed, grace and agility as they perform fast swims, high jumps and other breathtaking behaviors. Please Note: Guests with back and/or neck injuries, as well as women who are pregnant cannot participate in the tour. The minimum age to participate is 8 years old, minimum height requirement is 42 inches tall. Cameras and valuables are to be placed in the lockers for safe keeping as cameras are not allowed in the water. Pictures of the tour are not included in the price of the excursion, but are available at the guest's own additional expense. Lockers are included in the price of the tour. Please bring a towel, biodegradable sunscreen, cash/credit cards for any additional purchases and a change of clothes. All participating guests will be required to sign a waiver which may only be available in English.

**ACTIVE & ADVENTURE**
**MAYÁ: LOST MAYAN KINGDOM ADVENTURE PARK - CMY37**

**Duration**  
 3 h

Designed to deliver bags of fun for the entire family, this tour takes you off the ship and transfers you to a one-of-a-kind adventure park: Mayá: Lost Mayan Kingdom. The themed landscaped grounds feature 9 exciting waterslides, 2 zip line circuits and the winding Kukulcan zip coaster course. Apart from enjoying such adrenaline-fuelled activities, the park is also ideal for relaxing at the pool or natural cenote, or taking a leisurely inner-tube ride through the Mayan jungle setting on the River Expedition. You can stay at the park for as long as you like, but be sure to pay the gift and photo shops a visit to take home lasting memories of your visit before you take the shuttle back to the ship. Please note: a gift shop, photo shop, locker rental as well as food and beverages are available on site at additional cost not covered by the price of the tour. The park operates a strict no alcohol policy for reasons of safety. As the outing involves climbing and longer periods of walking on uneven ground, guests are required to be in good physical health and to take their own personal medical history into account before taking part. The tour is not available for pregnant women or guests with heart/respiratory problems, asthma, diabetes, epilepsy, a history of seizures, neck/back injuries, have recently undergone surgery or who suffer from any other medical conditions. Guests younger than 18 years of age must be accompanied by a paying adult throughout the tour. Guests must weigh no more than 240 lbs/109 kg to take part. Guests are recommended to wear water shoes, comfortable clothing, sunglasses, a hat, insect repellent and high-factor sunscreen while at the park. The tour duration totals 3 hours at minimum, but guests can stay for longer and take a shuttle bus back to the ship.

**CULTURE AND HISTORY**
**CHACCOCHOBEN EXCLUSIVE DRIVE - CMY39**


Chaccochoben Exclusive Drive

**SEA & SUN**
**FUNKY PARTY BUS: ALL-INCLUSIVE BEACH GETAWAY - CMY40**


FUNKY PARTY BUS: ALL-INCLUSIVE BEACH GETAWAY

**SOMETHING SPECIAL**
**BACALAR FORT & 7 COLOURS LAGOON - CMY41**


This enjoyable half-day outing begins with a leisurely transfer on a modern coach to reach Bacalar, with your guide filling in details about the port and its history. You'll first be heading for Fort San Felipe Bacalar, which dates back to 1733, to see some real-life cannons. Then you'll board a boat for a relaxing cruise and a chance to take a dip in the waters of lagoon, whose colours are many and varied. Lastly, soak up picture-perfect views over lunch in one of Bacalar's loveliest restaurants. Your return journey to the ship then lets the tour draw to a close. Please note: guests must be at least 18 years of age to consume alcohol. Alcohol will be served to participants in a spirit of watchful tolerance. All participating guests under the age of 18 must be accompanied by a paying adult at all times. Guests with impaired vision or hearing must be accompanied by a paying assistant, friend or family member as well as an interpreter (for hearing impaired guests); they will not be permitted to go swimming. The tour is considered to be unsuitable for guests of limited mobility. Medical restrictions apply to guests wishing to swim in the lagoon. Guests are recommended to wear swimwear under comfortable clothing and to bring a towel, high-factor sunscreen, insect repellent and some cash to cover any additional purchases.

**SEA & SUN**
**ALL INCLUSIVE BEACH BREAK - CMY42**


A sure way to fully enjoy your beach day at Costa Maya is by visiting the Private Beach Club. Located about 40 minutes from the pier. You will find yourself immersed between beautiful palm trees and crystal waters of the Caribbean Sea. The staff will make sure you enjoy your day. This tour includes an open bar and Mexican buffet. Throughout, enjoy the white sandy beach of Costa Maya. Enjoy the bridge that will take you to a snorkeling area. This is a truly tour for everyone. Lots of family fun and some relaxing areas that will make your day at Mahahual unforgettable. As you arrive, the hosts will give you a quick orientation of the areas and facilities available for you. Please note: Cash only in either US dollars or Mexican pesos will be accepted. The resort also features water sports facilities, which you can frequent/hire at additional cost not covered by the price of the tour. Guests under the age of 18 must be accompanied by an adult. The tour is suitable for guests with mobility problems. Only adults over the age of 21 can drink alcohol from the National Open Bar. All guests must be seated all the time while the bus is moving; we kindly ask you to follow the safety instructions provided by your guide. Presence of seaweed in the Mexican Caribbean Coast is seasonal and could cause limited visibility and be present in the water or beach. Seaweed is not harmful but may cause light itching on sensitive skin.

**CULTURE AND HISTORY**
**OVERNIGHT TOUR TO CHICHEN ITZA AND COBA MAYAN RUINS - CMY43**

**Duration**  
 48 h

Be captivated by the ancient Mayan civilization as you explore 2 of the most important archeological sites in the Yucatán Peninsula. An amazing 2-day tour and a great value that includes also one night of accommodation. Leaving from the Port of Cozumel, begin your two-day excursion with short ferry ride to mainland where you'll meet your professional local guide and driver who will accompany you along the journey. Your first destination is the archaeological site of Coba; explore the area and climb to the top of Nohoch Mul ruin with a height of 130 feet where you can admire the stunning views. After the ruins visit, recharge your energy with a tasty lunch. Return to the comfort of your transportation for a relaxing trip to your next stop where you'll check in to your hotel and have time to freshen up before dinner. For the perfect ending of this amazing day, you'll enjoy the Light & Sound show in the ruins of Chichen Itza that awaits for you. After the performance will be taken to your Hotel to stay overnight. The next morning, you'll start early for breakfast and then your guide will take you to discover Chichen Itza, the ancient Mayan city and one of the worlds most significant archeological sites and a UNESCO World Heritage Site. Explore the remarkable place that contains impressive structures throughout the area. Hop on your transportation and travel to Carrillo Puerto Town where you'll make a stop for lunch before rejoining your ship in Costa Maya Port. Please note: guests will leave the ship in Costa Maya; re-embarkation will follow in Cozumel the next day. Transfer by bus to Coba is approx. 3.5 hours. Transfer by bus from Coba to Chichen Itza is approx. 1.45 hours (please note a time zone difference of 1 hr. behind upon arrival at Chichen Itza. The time zone will return 1 hour ahead upon arrival in Costa Maya on day 2). Transfer by ferry to Playa del Carmen lasts approximately 45 minutes and could possibly be rough depending on the sea conditions. There is a government tax of US\$5-8 on the use of video cameras in the ruins. No tripods and/or professional video cameras are allowed. Guests should expect a moderate amount of walking over uneven surfaces, with periods of standing. Tour is not recommended for guests with mobility problems or wheelchair bound. For safety reasons, backpacks and large handbags are not permitted in the ruins site. These items must remain on the bus with the driver. Price for the tour is based on double occupancy at the hotel (Mayaland Hotel & Bungalows or similar). Please use code CMY43SGL to book single accommodation. Transportation in air conditioned vehicles. All admissions, ferry from Cozumel from Playa del Carmen, meals, bottled water included.

**SOMETHING SPECIAL**
**MAYAN REALITY & BEACH BREAK - CMY44**

**Duration**  
 2 h

Experience the Mayan Reality on a cultural adventure that will both educate and delight you. Many visitors think of the Mayans as an ancient civilization that disappeared long ago, but the fact is that while many other indigenous groups have vanished or been absorbed into the general population, the Mayan culture, customs, language and beliefs remain strong on the Yucatan Peninsula even today. On this tour you will witness the reality that faces these remarkable people as their ancient culture collides with and blends into the modern world. Begin your adventure in a small, contemporary Mayan community built up around the remains of an ancient Mayan settlement and visit one of the fascinating ruins located right in the middle of town. Follow your guide into an authentic Mayan house where you'll learn about the local food and the ancient medicines still used by the local population. Interact with a local family and enjoy a freshly prepared lunch of traditional Mayan/Mexican Cuisine. A better way to end the tour is visiting the beach and that's where we will take you, enjoy the Caribbean sea by swimming and sunbathing. This is the tour that gives you the best of Costa Maya! Please note: This tour involve walking over relatively level terrain, possible some cobblestone, gravel or few steps. Comfortable shoes are recommended. Pregnant women and guests with heart or respiratory conditions or back/neck injuries are not allowed to participate.

The excursions in the programme are intended to provide MSC Guests with an idea of the different tours that can be arranged in each port of call; this programme is merely a guide and confirmation of each excursion and its description and prices will be made during your cruise. Shore excursions programs and itineraries may vary depending on local conditions and/or any unforeseen events in relation to the timing on the day of the tour.

Some excursions are very popular and therefore availability cannot always be guaranteed, it is advisable to book in advance to avoid disappointment.

**ALL AREAS**

The tour can be provided in 5 languages (ENG-DEU-FRA-ESP-ITA) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

**ONLY SOA**

The tour can be provided in 6 languages (ENG-DEU-FRA-ESP-ITA-POR) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

## Cozumel

Tue 27 November 2018

### ACTIVE & ADVENTURE

#### FURY CATAMARAN - COZ09



**Duration**  
3:30 h

A sun-kissed slice of paradise on the island of Cozumel in the Mexican Caribbean is just what the doctor ordered to let go of the stress that everyday life tends to breed. A catamaran featuring stair-access to the sea, freshwater showers, a spacious shaded lounge area, a capacious sun deck, a bar and two toilets will take you to the first of your tour activities: snorkelling in the warm water of the crystal-clear Caribbean Sea. You'll then set sail along the beautiful Cozumel coastline to reach a private beach one of the finest on the Yucatán Peninsula to enjoy the many attractions of Furrys Aquapark, including paddle surf boards, kayaks, a water trampoline, water mats and the amazing Platinum Aqua Glide slide (weather permitting). But the beach is equally ideal for simply relaxing in a beach chair or lounging in a hammock under a shady coconut tree. The classic party tunes played during your return sail are sure to put you in a dancing mood before get back to your ship at the end of your outing. Please note: children must be accompanied by a paying adult throughout the tour and under their constant supervision at all times. The tour is considered to be unsuitable for guests with asthma, cardiac disease or any other medical condition. Guests are recommended to wear swimwear under their clothes as well as to bring a towel and high-factor sunscreen.

### SCENIC ROUTE

#### THE BEST OF COZUMEL - COZ10



**Duration**  
4:30 h

Situated just off Mexico's south-eastern coast, the island of Cozumel presents a winning blend of culture, history, scenery, fabulous beaches and great shopping opportunities. In short, it has the lot and you can explore some of its most attractive features on this half-day tour. Your outing begins with an air-conditioned coach ride to your first stop: the Discover Mexico Park, a complex that represents some of Mexico's most iconic landmarks in perfect scale models. After visiting the parks museum, complete with a special video experience room. Continue your journey to a unique place for a sensory experience at The Mayan Cacao Company where you will learn about the history of the Chocolate, its manufacturing process and you'll also participate in a demonstration with a delicious tasting at the end. With views of untamed beaches to enjoy as you round the island's southern tip, you'll then head for your third destination, the natural limestone bridge of El Mirador. View, photograph and even walk over the unusual rock, before moving to a wonderful Tequileria to see how tequila, Mexico's national drink, is made. The traditional process starts with the indispensable agave plants and ends with the finished product, of which you can then savour a sample. Your final stop is Cozumel's downtown shopping district where you'll have time to explore on your own. You will be free to decide whether to return to the ship using the transport provided at the appointed time or remain in town for longer and return at your own expense. Please note: The tour is unsuitable for guests with mobility problems or using a wheelchair. We recommend bringing high-factor sunscreen, a hat, sunglasses and some cash to cover the cost of any additional purchases as well as wearing comfortable walking shoes and light clothing.

### ACTIVE & ADVENTURE

#### CLEAR KAYAK & BEACH SNORKEL COMBO - COZ12



**Duration**  
3:30 h

Discover the beauty of the Caribbean from a totally new perspective while you skim over the coral reef in a clear-bottomed 2-person kayak a completely dry, yet still wholly immersive experience and also have a chance to go snorkelling and spend some quality time at the beach. You will set off on your kayak tour at the Uvas Beach Club and paddle through the crystal-clear waters of the Caribbean, all the while being able to observe the wildlife below thanks the kayak's transparent keel. An amazing underwater world of colourful tropical fish and fascinating coral reef formations will unfold right before your eyes. The next leg of the tour will then give you an opportunity to put on your snorkelling gear and take a closer look at the fascinating world and its many colourful inhabitants under the sea. All that activity can only mean one thing: time for a rest. On returning to the gorgeous beach and its facilities, you can simply relax and work on your tan, go for a swim or cool off under a shady umbrella. A drink and a selection of fresh fruit will be served free of charge, but those with a bigger appetite could order food from the restaurant at additional cost. In the end, you can choose either to return to the ship when the transportation departs, or stay on for longer and use taxi vouchers (issued on request) for your return trip a little later. Please note: the tour is not suitable for pregnant women, guests using a wheelchair or with pre-existing heart, respiratory, back/neck problems. For reasons of safety, guests suffering from asthma, heart problems, diabetes, epilepsy or taking prescription medications such as anti-depressants, beta blockers, lithium and vasoconstrictors are requested to refrain from snorkeling. Please ensure your sunscreen is fully biodegradable as normal sunscreen is prohibited from use due to the damage it causes to the reef. Guests must be at least 6 years of age to take part in the tour, at least 8 years of age to snorkel and at least 18 years of age to drink alcohol. The kayak is limited to a max. total weight for both passengers of 425 lbs. Guests will be required to sign a waiver which may only be available in English.

**CULTURE AND HISTORY**
**XCARET ECO PARK - COZ16**

**Duration**  
 8 h

Experience Xcaret the most exciting and largest Eco Park in Latin America! This eco-archaeological park offers many exhilarating activities in a tropical jungle setting on the Caribbean Sea. It is pure fun and enjoyment in a natural setting. As you get off the ferry in Playa Del Carmen, your guide will take you to your transportation for a short ride to Xcaret. At the park, your guide will assist you on where to go, what there is to do, answer your questions and point you in the right direction. Then, you are on your own to explore and experience the park. Choose from the museum, a bird sanctuary, stables, botanical gardens, aquarium, restored Mayan ruins, a replicated Mayan village, beautiful beaches and natural pools. Even take a swim in an underground river with life vest included. Please note: transfer by ferry to Playa del Carmen lasts approximately 45 minutes and could possibly be rough depending on the sea conditions. The price of the tour includes use of a life vest for swimming in the river; if required, snorkel equipment can be hired at additional expense. Optional activities are available at additional costs. Swimwear, biodegradable sunscreen, a hat and change of clothes are recommended. Guests will meet the guide on arrival in Playa del Carmen.

**ACTIVE & ADVENTURE**
**3 REEF SNORKELING BY BOAT - COZ21**

**Duration**  
 3:30 h

Come on board for a Caribbean sightseeing & snorkel adventure and enjoy a leisurely day at sea. Sit back relax and enjoy getting to know this Caribbean island paradise. From your ships pier, you will cruise out into the turquoise waters en route to three distinct reef locations where you will have three varied shipside snorkel adventures. You will receive snorkel gear, life vests, and full instructions so even beginners can join in. Gear up and follow your PADI certified guide through the crystal clear waters and over colorful coral reef formations as you explore exotic fish and marine life and experience the mysterious underwater world. Tour includes one bottle of water. Snacks, soda and beer (after snorkeling) are available for purchase on the boat. Please note: Minimum age to participate is 8 years old. Minimum age to drink alcohol is 18 years old. Only biodegradable sunscreen allowed as normal sunscreen cause damages to the reef. Due to the active nature of the tour, women who are pregnant are not allowed to participate nor are guests in wheelchairs or with physical disabilities who would have difficulty climbing a ladder in and out of the water. Moreover, guests with cardiac or respiratory conditions such as asthma, with back/neck injuries, diabetes or epilepsy or those under medications such as anti-depressants, lithium, beta-blockers and base vein constrictors are not allowed to participate. Sightings of marine wildlife are common, but cannot be guaranteed. Guests will be required to sign a waiver which may only be available in English.

**NATURAL WONDERS**
**DOLPHIN SWIM & RIDE WITH ALL INCLUSIVE FOOD & DRINKS - COZ22**

**Duration**  
 3:30 h

Start your Once in a life time experience in the most beautiful dolphinarium in the World! Located in the heart of Cozumels shopping area, it is the only place in all the Caribbean where you can swim with dolphins in the safety of still ocean coves. Experience the excitement of riding on a dolphin belly in our unique Dolphin Swim & Ride program. Dig in to unlimited food and drinks, snorkel with tropical fish in our natural aquarium, and venture onto the ocean for kayaking and paddle boarding, all at no additional cost. Your adventure begins with a short taxi ride to Dolphinaris. Before entering the water you will enjoy a Dolphin behavioural presentation where you will be introduced to some of the extraordinary dolphins behaviour. The first part of the program is conducted on a waist deep water submerged platform. You will then proceed into the deeper water of our natural ocean coves to swim and touch the dolphin in its own environment where then, you will come face to face with a dolphin as you grasp the dolphins fins and the dolphin pulls you across the surface of the water on a Belly Ride. You will also have the opportunity to get a kiss, pectoral fin shake and caress the dolphins. Following this, you will be able to use your mask to see how this beautiful animal swims and glides through the crystal waters of Dolphinaris. To relax after an action-packed dolphin swim, take full advantage of everything Dolphinaris Cozumel has to offer. Stop by the palapa restaurant for lunch with the family and cool off with alcoholic and non-alcoholic beverages. Kids and adults alike will love Serenity Cove, a safe inlet with snorkel equipment where you can swim through an underwater aquarium filled with tropical fish, rays and starfish! Looking for something more adventurous? Head out to the ocean for fun-filled activities like kayaking and paddle boarding on the Caribbean Sea so you can view the dazzling water from a great vantage point. Please note: All children must be accompanied by an adult and must be 4ft tall. All participants must know how to swim. Guests are recommended to bring towel, swimwear and a change of clothing, but must refrain from wearing either jewellery or sunscreen as these may damage the dolphins sensitive skin. Only biodegradable sunscreen is allowed. Camera and videos are not allowed in the dolphin area, but guests can take pictures from the restaurant and bar area. This tour is not recommended for wheelchair bound guests, or guests with back/neck injuries and is not permitted for pregnant women, for safety reasons. The Dolphin Swim & Ride program, food, beverages, snorkeling, kayaking, paddle boarding and round trip transportation are all available under the all-inclusive plan, while photos, video, souvenirs and lockers have an extra cost. Minimum age to participate to the swim interaction is 10 years. Minimum age to snorkel is 8 years old. Minimum age for kayaking 10 years old, minimum age for Paddleboard is 10 years old. Minimum age to consume alcohol is 21 years old. All water activities are available on a first-come-first-served basis. All participating guests will be required to sign a waiver which may only be available in English.



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CULTURE AND HISTORY

TULUM MAYAN RUINS - COZ23

Duration 7 h [Icons: Clock, Hand, Camera, Phone]

Come experience the world famous, magnificent ruins of the walled city of Tulum the only Mayan city built right on the crystal blue Caribbean Sea! After a short ferry ride to Playa Del Carmen, your guide will take you to an air-conditioned motor coach for a scenic and informative drive to Tulum. Once there, your guide will escort you through the ruins giving a complete narration along the way. See restored temples and some of the mysterious hieroglyphic writings still visible today. Visit the temple of the frescos famous for the detailed carved figures and original paints. And, perched on the edge of the Caribbean and rising high above all of the other ruins is el Castillo with its breathtaking view of the blue water below. A light box lunch is included. Guests will have the option to continue the exploration of the ruins or take a swim at the beach.?

ACTIVE & ADVENTURE

DUNE BUGGY & SNORKEL - COZ26

Duration 5 h [Icons: Clock, Hand, Knife, Boat]

Rev up your engines and get ready for a beautiful adventure as you drive a Dune Buggy along a paved road, through the pristine tropical environment along the Caribbean coastline of Cozumel! Drive your buggy (4 guests per car) to the southern tip of Cozumel Island past the breathtaking blues of the Caribbean and the mysterious greens of a tropical jungle. We will snorkel inside Cozumels underwater national park in an offshore beach snorkel geared for the whole family. You will receive safety briefing and the friendly guides will teach the ins and outs so you too can enjoy this wonderful activity. After this, we will continue on to the eastern side of the island for a wonderful beach break. Here you will swim have fun in the sun and enjoy a Mexican Buffet Lunch. You will then hop back into your Buggy and head to a Mayan village, to see how they used to live and to learn some of their traditions, visit a tequila taste testing venue and taste different varieties of this Mexican tradition. Another day, another adventure you will not soon forget! When its all over youll drive back into town where you may either return with the tour to your ship or be let off in downtown Cozumel to do some shopping on your own. (Return taxi fare not included. Option available as time allows, depending on tour return time and the ships departure time). Please note: Minimum age to snorkel is 8 years old. Guests must be at least 21 years old and present a valid driving license. All cars have shift gears. Four (4) guests per car. This is an Alcohol Free Tour: a designated driver from each jeep will need to be selected and will not be able to participate in the tequila tasting. Guests who do not want to snorkel can remain on the beach and enjoy free time. Only biodegradable sunscreen allowed as normal sunscreen cause damages to the reef. Due to the active nature and rough terrain of the tour, it is not suitable for pregnant women, guests with cardiac and respiratory problems, such as asthma, or with back/neck injuries, diabetes or epilepsy. Moreover, it is not suitable for guests who are under medications such as anti-depressants, lithium, beta-blockers and base vein constrictors, or guests with limited mobility or wheelchair bound. In case of adverse weather conditions, snorkelling may be cancelled and replaced by an alternative program that will be notified during your cruise. Guests will be required to sign a waiver which may only be available in English.

EXPLORING COZUMEL BY JEEP & SNORKEL - COZ27

Duration 5:30 h [Icons: Clock, Hand, Knife, Boat]

The best way to discover Cozumel - EXPLORE EVERYTHING! Take a journey all the way around the island in a Jeep Wrangler (4 guests per car) and discover the most beautiful, interesting and exciting aspects of Mexicos largest island in this one of a kind Jeep Tour with Mayan Town Visit, Beach Break, Lunch and Snorkel Excursion. Drive your Jeep through the town of San Miguel, take a short tour of a Tequila Hacienda, learn about history and culture surrounding this most famous and traditional Mexican product and have a tequila tasting. Unearth the fascinating history of Cozumels first Mayan inhabitants and the Spanish conquistadors who came next. Feel the freedom of adventure as you journey along the eastern, undeveloped coast of the island, between the breathtaking blues of the Caribbean and the mysterious greens of the tropical jungle. Now get in gear for a glimpse beneath the surface of the sea. Your tour includes an off shore beginners snorkel experience and an opportunity to discover the colourful tropical fish and delightful array of sea-life Cozumel has to offer. PADI certified guides will provide snorkeling gear, safety tips and instruction before leading you out to explore the crystal clear waters of the Caribbean. Take a break and enjoy a Mexican lunch and free time for fun and games on the white sands of our private beach. When times up, hop back into your Jeep and head back to your ship. When your tour is complete, you may choose to return to the pier or be let off in the downtown shopping area and return to the ship by taxi at your own expense. (This option is available as time allows, depending on tour return time and your ships departure time.) Please note: Minimum age to snorkel is 8 years old. Guests must be at least 21 years old and present a valid driving license. All cars have shift gears. Four (4) guests per car. This is an Alcohol Free Tour: a designated driver from each jeep will need to be selected and will not be able to participate in the tequila tasting. Only biodegradable sunscreen allowed as normal sunscreen cause damages to the reef. Due to the active nature and rough terrain of the tour, it is not suitable for pregnant women, guests with cardiac and respiratory problems, such as asthma, or with back/neck injuries, diabetes or epilepsy. Moreover, it is not suitable for guests who are under medications such as anti-depressants, lithium, beta-blockers and base vein constrictors, or guests with limited mobility or wheelchair bound. In case of adverse weather conditions, snorkelling may be cancelled and replaced by an alternative program that will be notified during your cruise. Guests will be required to sign a waiver which may only be available in English.

## HORSEBACK RIDING ADVENTURE - COZ29

 **Duration**  
4 h



This is one of the horseback tours that you have been waiting for! You will be greeted on the pier by your guide and taken in air-conditioned transportation to the ranch and your awaiting horse. After a safety briefing and riding instructions, you will be matched up to your horse according to your riding experience; this tour is for all levels of riders - novice to expert. Your guide will lead you to an unforgettable experience where you will travel through land and time as you learn about the Mayans, one of the oldest and most mysterious civilizations, eternal legends of the Mayan culture, replicas of Mayan ruins and ancient idols will come to life as you go across into the tropical forest. Then you will return to the welcome station to enjoy complementary beverages before being transported back to the pier. Please note: all guests are required to sign a release form before participating on this tour. Min. Age to participate 12 years old & max. age to participate 65 years old (children between 12 and 18 years old must be accompanied by an adult). Height: min. 4 ft. / weight: max. 220 lbs.; pregnant women, and people with recent neck or back injuries, are not allowed to participate in this tour. All guests are required to wear closed-toe shoes.

## BOTTOM FISHING BONANZA - COZ32

 **Duration**  
3:30 h



Enjoy Cozumel Bottom Fishing, with your family and friends! This tour is perfect for the youngsters and young at heart. Let us show you some of the easiest methods for fishing in the beautiful warm waters of the Caribbean. Trust the Captain and Crew to find the best concentrations of fish. Relax and enjoy the Caribbean breeze, fishing the trip away. Your half day trip includes specialized fishing vessel, rods, reels, bait, tackle, soda, beer, purified bottled water and fishing permits. After receiving the safety and proper bottom fishing instructions by your English speaking guide, you will begin your fishing adventure. You will be constantly served and assisted by the crew and guides on board. Tight lines and great fishing! Please note: Fishing is available on a catch and release basis however the boat crew may keep the catch, depending on the size of the fish.

SEA & SUN

## DELUXE BEACH BREAK - COZ33

 **Duration**  
5 h



Are you looking for a memorable experience while sunbathing on the white sandy beaches and swimming in the turquoise crystal clear waters of the Caribbean Sea? At Playa Mia Grand Beach Park® you can find it all! This excursion will take you to the ideal place for a fun and a relaxing worry free day at the finest beach club of Cozumel! Enjoy a comfortable air-conditioned bus ride transportation to and from Playa Mia®, unlimited national open bar, exquisite self-service international buffet and over 20 attractions and services will be available. You will have access to the underwater Mayan city and to the shopping center and to facilities such as beach umbrella, swimming pool, lounge chairs, volleyball & soccer court, bungee trampoline, ping-pong tables, kids club & playground, kayaks, paddle boats, sailboats, water trampoline, water bicycles and floating mats. Let loose in the amazing new Water Park. Explore Buccaneers Bay Kids Area; a lagoon pool full of fun activities such as water-canons, pirate ship, water sprays & animal slides; relax with your favourite cocktail at the Oasis Island Pool & make a splash on the 200- foot long twin twister waterslide. Please note: the venue is wheelchair accessible and is equipped with beach wheelchairs; they are available on a first-come-first-served basis. Guests using a wheelchair are advised that they must be accompanied by a paying helper to provide assistance with getting on and off the coach and that wheelchairs must be collapsible/foldable since the coach has neither a ramp nor a lift. Guests using a wheelchair who would like to participate in this tour are requested to contact the Shore Excursions Desk promptly once they are on board so that arrangements can be made at least 48 hours prior. All children 12 years of age and younger or non-swimmers must be accompanied and supervised one-on-one by a parent or legal guardian. Any visitor having a skin disease, lesions or infections, open sore or inflamed eyes, cold, nasal or ear discharge, communicable disease, even a mild case of diarrhea or who has any considerable area of exposed sub-skin tissues, open blisters, cuts, or/and is wearing any kind of bandage or band-aid are not permitted in the pool. The Water Park and attractions are available in the modality of first-come-first-serve basis. The kids using the Buccaneers Bay Water Toys must have a Maximum Height of 1.20m or 3 feet 11 inches of height. In addition, kids may have a Maximum weight of 60 kg, 132 pounds. Shoes of any kind not allowed. Guests must have a minimum height of 1 m or 3 feet 3 inches to participate in the Twin Twister Waterslide. Guests maximum weight is 114 kg. or 251 pounds to participate in the slides. Expectant mothers, small children under 42, non-swimmers, persons under the influence of alcohol or while impaired by medications, persons with limiting physical conditions, or with previous or current neck, back, joint or heart problems are not allowed to enter the ride. All participating guests will be required to sign a waiver which may only be available in English.

 **Wheelchair and disabled-friendly tour** Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.

**CULTURE AND HISTORY**
**THE ORIGINAL TEQUILA EXPERIENCE BY JOSE CUERVO - COZ34**

**Duration**  
 3 h

Turn yourself into a proper tequila connoisseur on a tour to the wonderful Discover Mexico Park, one of Cozumel's premium attractions that also houses the Jose Cuervo® Tequila Facility. After the short drive to the park, you'll be met by the Maestro Tequilero to begin your spirited seminar. Not only will you learn all about the origins, distillation process and different kinds of the famous fermented agave juice, but you'll also have a chance to sample a variety of the very best tequilas along with a snack of handmade tortillas plus six authentic Mexican salsas. Your visit at the facility ends with a lesson in making a perfect Margarita, after which you'll have time to stroll through the park. As a showcase dedicated to illustrating Mexican culture and history, the park provides a fascinating insight into this vibrant country. One of the park's latest attractions is of the acrobatic kind: the gravity-defying performance of the ancient Mexican voladores ceremony. Performed by the hugely talented Papantla Flyers, the amazing show lends a whole new meaning to the term pole dancing. Your tequila-fuelled tour then draws to a relaxed close with your return drive to the ship. Please note: Children must be at least 3 years old in order to participate and must be accompanied by a paying adult at all times, however, in accordance with local law, the minimum age to drink alcohol is 18 years old. Guests using a wheelchair are advised that they must be accompanied by a paying helper to provide assistance with getting on and off the coach and that wheelchairs must be collapsible/foldable since the coach has neither a ramp nor a lift. Guests using a wheelchair who would like to participate in this tour are requested to contact the Shore Excursions Desk 48 hours beforehand once they are on board so that arrangements can be made.

**SEA & SUN**
**BEACH BREAK - COZ36**

**Duration**  
 00 m

Are you ready for Cozumel's most fun-filled beach club? Enjoy the turquoise crystal clear waters of the Caribbean Sea, spend an amazing and relaxing worry-free day on the beach and have a memorable experience at one of the finest fun-filled beach clubs of Cozumel, Playa Mia Grand Beach Park®! Delight yourself with over 20 services and attractions, including access to the underwater Mayan city, shopping center, swimming pool, lounge chairs, volleyball & soccer court, bungee trampoline, ping-pong tables, kids club & playground, restrooms & dressing rooms, beach umbrella, kayaks, paddle boats, sailboats, water trampoline, water bicycles and floating mats. Let loose in the amazing new Water Park. Explore Buccaneers Bay Kids Area; a lagoon pool full of fun activities such as water-cannons, pirate ship, water sprays & animal slides; relax with your favourite cocktail at the Oasis Island Pool & make a splash on the 200-foot long twin twister waterslide. Please note: The venue is wheelchair accessible and is equipped with beach wheelchairs; they are available on a first-come-first-served basis. Guests using a wheelchair are advised that they must be accompanied by a paying helper to provide assistance with getting on and off the coach and that wheelchairs must be collapsible/foldable since the coach has neither a ramp nor a lift. All children 12 years of age and younger or non-swimmers must be accompanied and supervised one-on-one by a parent or legal guardian. Any visitor having a skin disease, lesions or infections, open sore or inflamed eyes, cold, nasal or ear discharge, communicable disease, even a mild case of diarrhea or who has any considerable area of exposed sub-skin tissues, open blisters, cuts, or/and is wearing any kind of bandage or band-aid are not permitted in the pool. The water park and attractions are available in the modality of first-come-first-serve basis. The kids using the Buccaneers Bay Water Toys must have a Maximum Height of 1.20m of height. In addition, kids may have a Maximum weight of 60 kg. Shoes of any kind are not allowed. Guests must have a minimum height of 1 m to participate in the Twin Twister Waterslide. Guests' maximum weight is 114 kg. to participate in the slides. Expectant mothers, small children under 42, non-swimmers, persons under the influence of alcohol or while impaired by medications, persons with limiting physical conditions, or with previous or current neck, back, joint or heart problems are not allowed to enter the ride. All participating guests will be required to sign a waiver which may only be available in English. This tour is available only during your cruise.

 *Wheelchair and disabled-friendly tour. Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*

**CULTURE AND HISTORY**
**SAN GERVASIO MAYAN RUINS & BEACH COMBO - COZ37**

**Duration**  
 4 h

Discover Cozumel Island, explore Mayan ruins and enjoy a wonderful beachruins and beach a perfect combination for your day! You will be greeted at the pier by your guide and then board your air-conditioned motor coach for a short drive to the ruins of San Gervasio, the sanctuary of the goddess Ixchel the main Mayan entity in the island. Your guide will walk you through and explain all details about the millenary Mayan culture and the vestiges left here for you to admire. Then get back onboard for a scenic ride around the island, past stretches of empty white sand beaches, limestone formations and beautiful Caribbean water on your way to the beach club. Walk on the white sandy beach, relax in a lounge chair or hammock, join in a game of volleyball or swim in the beautiful Caribbean water. Please note: there is a government tax of US\$5-8 on the use of video cameras in the ruins. No tripods and/or professional video cameras allowed. Guests are recommended to bring some cash to cover any additional purchases.

**ACTIVE & ADVENTURE**
**PALANCAR SNORKEL & BEACH COMBO - COZ40**


Navigate through the crystal waters of the Caribbean Sea and enjoy the adventure of snorkelling at Cozumels National Marine Park, one of the best snorkel sites in the world, Palancar and Colombia reefs! You will drift snorkel and discover its exotic variety of fish, the magnificent coral formations and colourful marine life this spectacular reef has to offer. PADI certified dive masters will provide you with professional equipment and advice you on how to fully enjoy your experience in this natural wonder. After snorkelling and while you enjoy a scenic boat ride, complimentary beverages will be gladly served for your refreshment, as you will be taken to the finest Beach Club in Cozumel: Playa Mia Grand Beach Park®! At the park you will have included national open bar, snack lunch, swimming pool, lounge chairs, volleyball court & soccer court, ping-pong tables, trampoline, huge board games, kids club & playground, restrooms & dressing rooms, kayaks, paddle boats, sailboats, water trampoline, water bicycles, floating mats, shopping center, underwater Mayan City & much more! Let loose in the amazing new Water Park. Explore Buccaneers Bay Kids Area; a lagoon pool full of fun activities such as water-cannons, pirate ship, water sprays & animal slides; relax with your favourite cocktail at the Oasis Island Pool & make a splash on the 200-foot long twin twister waterslide. Please note: minimum/maximum age to participate is 10 and 70 years old. Due to the active nature and rough terrain of the tour, it is not suitable for pregnant women, guests with cardiac and respiratory problems, such as asthma, or with back/neck injuries, diabetes or epilepsy. Moreover, it is not suitable for guests who are under medications such as anti-depressants, lithium, beta-blockers and base vein constrictors, or guests with limited mobility or wheelchair bound. It is not suitable for guests using a wheelchair or with physical disabilities who would have difficulty climbing a ladder in and out of the water. All children 12 years of age and younger or non-swimmers must be accompanied and supervised one-on-one by a parent or legal guardian. Any visitor having a skin disease, lesions or infections, open sore or inflamed eyes, cold, nasal or ear discharge, communicable disease, even a mild case of diarrhea or who has any considerable area of exposed sub-skin tissues, open blisters, cuts, or/and is wearing any kind of bandage or band-aid are not permitted in the pool. The Water Park and attractions are available in the modality of first-come-first-serve basis. The kids using the Buccaneers Bay Water Toys must have a Maximum Height of 1.20m or 3 feet 11 inches of height. In addition, kids may have a Maximum weight of 60 kg, 132 pounds. Shoes of any kind not allowed. Guests must have a minimum height of 1 m or 3 feet 3 inches to participate in the Twin Twister Waterslide. Guests maximum weight is 114 kg. or 251 pounds to participate in the slides. Expectant mothers, small children under 42, non-swimmers, persons under the influence of alcohol or while impaired by medications, persons with limiting physical conditions, or with previous or current neck, back, joint or heart problems are not allowed to enter the ride. All participating guests will be required to sign a waiver which may only be available in English.

**ATVS ADVENTURE TO JADE CAVERN CENOTE - COZ42**


After leaving the ship, the trip kicks off with a drive to the old Mayan town of El Cedral, the place from which your two-seater All-Terrain Vehicle tour will begin. You can then enjoy the beautiful views of the lush green forest before exploring a Mayan cave system, a cenote, and a small Mayan ruin. All told, your exhilarating off-road experience will take about 2 hours before ending to the port your ship. Please note: the ATV is a two-seater tandem unit. Guests must be at least 16 years of age to drive the ATVs and must present a valid drivers license to take part in the tour. Combined weight no more than 620 lbs. The minimum age to take part in the tour is 10 years old. The tour is not suitable for pregnant women and guests suffering from pre-existing back/neck problems, heart conditions or epilepsy. You are recommended to wear swimwear and clothes that you dont mind getting wet and/or dirty. Guests must wear closed-toed shoes to take part in the tour. Guests will be required to sign a waiver which may only be available in English.

**XRAILS TO JADE CAVERNS - COZ43**


Enjoy an exciting new way to discover the heart of Cozumels jungle. These all Terrain Xrails are fully automatic, can seat up to 2 passengers and offer you the safest ride and bring out the fun and joy of the off road trails surrounded by lush jungle on your way to Jade Caverns system. At this Botanical Oasis you can encounter rare species such as Orchids, Vanilla and Palm trees before you are awed by the rich Stalactites formations decorating the entire Cavern. Dive into its fresh emerald waters and relax in this magical exotic place before you continue back on the Xrails for a ride back to the starting point of the tour. Please Note: Minimum age is 16 years to drive. Driver must present a valid driver's license. Pregnant women and guests with back/neck injuries, heart conditions or epilepsy may not participate on this excursion. Closed-toe shoes are required. Bring cloths you can dirty and bathing suites. The minimum age to participate as a passenger is 10 years old, supervised by a parent/guardian who takes full responsibility of the passenger. Guests will be required to sign a waiver which may only be available in English.

**COZUMEL GOLF - COZ44**


Cozumel hosts a Nicklaus design 18-hole championship golf course. The course totals 6,734 yards from the back tees, incorporating the natural habitats of the island. Built around Cozumel's native trees, red mangroves, and natural wet lands the Cozumel Country Club preserves ecologically sensitive areas. The fully stocked pro shop is stocked with top of the line merchandise, and offers Nike and Taylor Made rental clubs. Please note: Guests must be at least 18 years old to participate in this tour. Tour ticket includes: Round Transportation by taxi, green fee, share cart and practice range balls. Clubs and shoes available for rent. Guests are advised that appropriate golf attire must be worn.

## NATURAL WONDERS

**DOLPHIN PREMIUM ENCOUNTER WITH ALL INCLUSIVE FOOD & DRINKS - COZ45**

**Duration**  
 3:30 h


Start your 'once in a life time experience' in the world's most beautiful dolphinarium! Located in the heart of Cozumel's shopping area, it is the only place in all the Caribbean where you can interact with bottlenose dolphins in the safety of calm ocean coves. Dig in to unlimited food and drinks, snorkel with tropical fish in our natural aquarium, and venture onto the ocean for kayaking and paddle boarding, all at no additional cost. Your adventure begins with a short taxi ride to Dolphinaris. Before entering the ocean cove, each participant is briefed by a knowledgeable professional trainers about the dolphin's behaviour as well as the basic guidelines of the program. Following, you'll view a brief dolphin presentation where you will be introduced to some of the extraordinary dolphins' behaviour. The program is conducted on a submerged platform and is a very hands on program, allowing you, in a controlled and safe setting, to get an up-close and personal anatomy lesson on dolphins as well as learning about dolphin behaviour and adaptations they have made to the environment. You'll receive a kiss and a pectoral fin shake. To relax after an action-packed dolphin swim, take full advantage of everything Dolphinaris Cozumel has to offer. Stop by the palapa restaurant for lunch with the family and cool off with alcoholic and non-alcoholic beverages. Kids and adults alike will love Serenity Cove, a safe inlet with snorkel equipment where you can swim through an underwater aquarium filled with tropical fish, rays and starfish! Looking for something more adventurous? Head out to the ocean for fun-filled activities like kayaking and paddle boarding on the Caribbean Sea so you can view the dazzling water from a great vantage point. Please note: Guests less than 4 feet tall must be accompanied by a parent or guardian. We recommend wearing your swimwear and to bring a towel. Guests are recommended to bring swimwear and a change of clothing, but must refrain from wearing either jewellery or sunscreen as these may damage the dolphins sensitive skin. Only biodegradable sunscreen is allowed. Camera and videos are not allowed in the dolphin area, but guests can take pictures from the restaurant and bar area. This tour is not recommended for wheelchair bound guests, or guests with back/neck injuries. Pregnant women are not permitted to participate to this tour for safety reasons. The Dolphin Premium Encounter program, food, beverages, snorkeling, kayaking, paddle boarding and round trip transportation are all available under the all-inclusive plan, while photos, video, souvenirs and lockers have an extra cost. Minimum age to participate to the encounter is 5 years. Minimum age to snorkel is 8 years old. Minimum age for kayaking 10 years old, minimum age for Paddleboard is 10 years old. Minimum age to consume alcohol is 21 years old. All water activities are available on a first-come-first-served basis. All participating guests will be required to sign a waiver which may only be available in English.

## ACTIVE &amp; ADVENTURE

**SCOOT COUPE CARIBBEAN JOYRIDE - COZ47**

**Duration**  
 3:30 h


Get set to experience a unique adventure that will see you drive a 2-person, 3-wheel scooter a so-called Scoot Coupé that looks like a miniature soft-top car. Driving instructions will be provided in English and helmets issued by a professional guide before you form a convoy and head out on the open road to explore the scenic island of Cozumel. Look forward to great views on your way to the north of the island, where a photo stop will be made at a special monument to the blending of different racial groups through marriage and procreation called mestizaje in Spanish or miscegenation in English that stands proud just in front of the beach. The next leg will then take you to the islands booming hotel district and a luxurious beach club for some free time to relax, sunbathe or go for a swim. The tour comes to a close with your return to the port and your ship. Please note: guests must be at least 12 years of age to participate and at least 21 years of age and must present a valid driving licence to drive a Scoot Coupé. The tour is not suitable for pregnant women and guests suffering from back or neck problems. Max. weight limit for both guests per vehicle is 400 lbs. Helmets will be provided and must be worn. The tour price is based on a per-vehicle rate (max. two persons per vehicle, incl. driver); go on your own or take a companion along for free. The tour can only be booked by one person per vehicle, with the price being charged to that persons credit card. The tour price cannot be divided among multiple participants, it can only be charged to one account. If you are taking a companion, you only need to register their name with the ships shore excursion office after embarkation. Guests will be required to sign a waiver which may only be available in English.

**CAVERNS & UNDERGROUND SNORKEL & SHOPPING IN PLAYA DEL CARMEN - COZ48**

**Duration**  
 6:30 h


Take part in an amazing experience, snorkeling in the cool waters of a cavern cenote and exploring the mysterious interior of an ancient Mayan cave! Then explore colourful downtown Playa del Carmen with free time to lie on the beach, go shopping or have lunch (not included). Take a short ferry ride from Cozumel to Playa del Carmen where you'll meet your friendly guide and the adventure begins! Go back in time as you explore the Cavern of ChacTun and discover its striking stalactite and stalagmite formations. Follow your guide through vast caverns and small niches, as you delve deep into the earth to uncover secrets of ages past and hear fascinating stories of the Mayans who first ventured here. You'll also have the unique opportunity to snorkel in the stunningly clear waters of the caverns cenote where you'll be surrounded by the caves underwater formations. Head back into vibrant downtown Playa del Carmen where you'll have free time to explore this fun filled tourist destination. Discover a long stretch of fabulous white sand beaches alongside streets with excellent shopping and dining. You'll find everything from Mexican blankets to diamond bracelets as well as restaurants serving cuisine from all over the world. Go at your own pace just meet back up with your guide at the designated time and you will be taken back to your ship by ferry. Please note: Transfer by ferry to Playa del Carmen lasts approximately 45 minutes and could possibly be rough depending on the sea conditions. Minimum age to participate is 8 years old. Due to the active nature of the tour, women who are pregnant are not allowed to participate nor are guests in wheelchairs or with physical disabilities, with cardiac or respiratory conditions such as asthma or with back/neck injuries, diabetes or epilepsy or those under medications such as anti-depressants, lithium, beta blockers and base vein constrictors. After the tour guests might have some time to spend at leisure in Playa del Carmen until the scheduled ferry time to return to Cozumel. Guests will meet the guide on arrival in Playa del Carmen. Guests will be required to sign a waiver which may only be available in English.

**CULTURE AND HISTORY**
**LIVING HISTORY MAYAN TRADITIONS AND FOLKLORIC SHOW - COZ51**


Discover the history and culture of the Mayan people during a visit to a traditional Mayan Village, then see the natural beauty of Cozumel as you circle the island aboard your comfortable air-conditioned motor coach. You'll be travelling across the island in an easterly direction to savour stunning views of the island's untouched coastline. Cozumel has long been home to the Mayan people, dating back over 1,000 years when it was an important stop in the ancient trade routes as well as the center of worship for the Goddess of Fertility, Ixchel. Descendants of these first inhabitants have populated the island since then, and many of their ancient traditions remain strong even today. During your visit to the Mayan Village you will see traditional, thatched-roof Mayan houses, medicinal gardens, cooking techniques, and ceremonies as well as learn about the myths, histories and beliefs of the Mayan World. After your tour of the village, you will travel across the island to town for the folkloric show. The performance showcases Mexico's regional diversity and history from tribal drumming to mariachi bands, indigenous rituals and romantic ballads. After the exciting show, you'll also have time to shop for Mexican arts and crafts, perfume, leather goods, jewellery, cigars and alcoholic beverages. The tour then wraps up either with your direct return transfer to the pier or with you remaining in town for some more retail therapy. Please note: guests remaining in town are responsible for their own return to the pier. Guests will be required to sign a waiver which may only be available in English.

**ACTIVE & ADVENTURE**
**SPECTACULAR SHORE SNORKEL AND CHANKANAAB BEACH PARK - COZ57**


Spend a few relaxing hours off the ship in one of Cozumel's most beautiful locations, the Chankanaab National Park, an enchanting beachfront area and protected marine reserve. With only a short drive from the cruise terminal to begin your tour, you can then enjoy the all-inclusive facilities and attractions of the park, among which snorkelling in the shallow beachside waters is one of the most popular. Gear up and indulge in an adventurous swim through the shoals of multi-coloured fish that call the reef their home, but also look out for various underwater statues that form part of the marine reserve. Further attractions in the park include free sea lion shows, the Blue Lagoon inland coral reef, a Crocodile Pond and a lush botanical garden with replicas of Mayan archaeological finds, a reproduction Mayan village and the Hacienda Antigua, the perfect spot to sample different kinds of tequila. While at the park, you will be free to use the beachfront palapas (a kind of thatched gazebo), showers, changing rooms, beach chairs and hammocks. Best of all, you will decide entirely the time to return to the ship, leaving only one thing for you to do: enjoy yourself to the fullest. Please note: guest must be at least 8 years of age to snorkel, but no age restrictions apply to visiting the park or participating in the tour as such. We recommend bringing swimwear, a towel, sunscreen and a hat as well as cash or a credit card to purchase food/drink. Though we recommend a minimum stay of 4 hours to get the most out of the park, you are free to head back to your ship whenever you choose by taking advantage of the return taxi service included in the price of the tour. Guests shall sign a waiver that will be available only in English.

**NATURAL WONDERS**
**EVERYBODY LOVES RAYS! - COZ65**


Next to a whole host of other aquatic wildlife, the calm waters off Cozumel are frequented by scores of southern stingrays, a marine dweller known to display an endearingly friendly disposition towards humans. And if you'd now like to get up close and personal with these cute critters yourself, all you have to do is join this entertaining tour. Begin with a 5-minute taxi ride to Stingray Beach, then learn how to stay safe in the water and finally head for the saltwater enclosure to meet the lovable sea kittens in person. As you wade into the water, groups of stingrays will naturally begin to flock around your legs they know there's food to be had and you're the source. After feeding the rays, you'll move on to a larger protected section of Stingray Beach, the snorkelling area. Once you've got your gear on it's time to experience the marine wonderland live and direct. You'll find the water is alive with stingrays, brightly coloured parrot fish, starfish, crabs, needlefish and even the occasional octopus, a true master of underwater camouflage. You'll also have time to spend on dry land at Stingray Beach's Seaside Club. Enjoy a complimentary drink and do try out the water trampoline a firm favourite with kids of all ages. Your brief return journey to the ship then brings your tour to a close. Please note: guests must be at least 4 years of age to take part in the tour. The tour is considered to be unsuitable for pregnant women and guests with pre-existing back/neck injuries, cardiac or respiratory conditions. The price of the tour includes water/soda as well as use of snorkel equipment and storage facilities. Guests are recommended to bring a beach towel, biodegradable sunscreen and a hat. The rules governing use of the water trampoline must be strictly observed. In the interest of both guest and animal safety, using cameras will not be permitted during the encounter portion of the tour. Photo CDs of your Everybody Loves Rays! experience are available for purchase. Some of the proceeds from CD sales go towards increasing the scientific knowledge base regarding stingrays as well as towards a conservation and breeding programme for endangered species like the Yucatán parrot, the green iguana and Cozumel's only coral nursery programme.



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EXCURSIONS

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SCENIC ROUTE

PHOTO SAFARI & BEACH EXPEDITION - COZ66

Duration 4:30 h [Icons: wheelchair, hand, wine, swimmer]

Pack your beach bag, grab a camera and get set to explore some of Cozumels most secluded beaches and snap pictures at numerous photo stops. The tour will take you to the Punta Sur Eco Reserve, a vast protected area on the islands eastern side, where you can put your skill as a photographer to the test. The park is also home to the Celarain Lighthouse, which you can climb for fabulous vistas of the Caribbean and the crocodile sanctuary from the top. Moving on, youll then head for one of the islands very best beaches, a hidden gem with beach amenities such as beach chairs, umbrellas and snorkel equipment for your use, all included in the price of the tour. At this spellbinding spot, youll have plenty of time to sip a complimentary drink, go for a swim and soak up the tropical sunshine. Your return trip back to your ship will then give you further opportunities to capture Cozumels outstanding natural beauty on film. Please note: guests are recommended to bring a camera, a towel, high-factor sunscreen and cash/credit card for any additional purchases as well as to wear swimwear under their clothes. Guests with mobility problems or physical disabilities are requested to take the off-road nature of the tour into consideration before taking part.

ACTIVE & ADVENTURE

PADDLE BOARD & SNORKELING ADVENTURE - COZ68

Duration 3:30 h [Icons: wheelchair, hand, wine, swimmer]

Combine a chance to enjoy two gentle water sports with time to relax on the beach on this entertaining half-day tour, which begins with a short taxi transfer to Stingray Beach. Youll be met by your guide and first given instruction in paddle boarding, a sport that originated in Hawaii. You can choose whether to ride your paddle board either standing up or sitting down, letting you make your jaunt around Cozumels gorgeous shoreline as comfortable as you wish. Next up, youll be issued with snorkelling gear prior to following your guide into the water. Feast your eyes on the beautiful coral formations, shoals of tropical fish and dozens of other marine creatures that call the reef their home before you return to dry land and move on to the beach club. Facilities include changing rooms, a photo shop and a water trampoline. Enjoy a cold drink at the club, watch hermit crabs race and check out the clubs green iguanas and green parrots, two endangered Cozumel natives that youll have a chance to hold and pet. When its time to leave, you can choose whether to return straight to your ship or be taken into town to go shopping or check out one of the many restaurants and cafés. Please note: guests must be at least 12 years of age and strong swimmers to take part. Children must be accompanied by a paying adult throughout the tour and under their constant supervision at all times. Guests are recommended to wear swimwear under their clothes, high-factor sunscreen and to bring a change of clothing and a towel. Guests opting to head into town at the end of the tour will be responsible for their own transportation back to the ship at possible additional expense not covered by the price of the tour. Care must be taken to ensure guests return to the ship in good time. The tour is considered to be unsuitable for guests with back, neck or knee injuries.

SEA & SUN

ALL INCLUSIVE PASSION ISLAND BY TWISTER - COZ74

Duration 5 h [Icons: wheelchair, hand, wine, swimmer]

Indulge yourself with a trip to Isla Pasión (Passion Island), a private islet to the north of Cozumel thats perfect for some serious relaxation. Getting there, however, is sure to get the adrenaline pumping since youll be boarding a high-speed boat called the Twister and travelling at speeds of up to 80 kmph/50 mph. Best of all, the thrilling ride includes several high-speed 360° turns! Once you arrive at the island, complete with a white sand beach leading to blueish-green waters, you can enjoy a drink under a palapa or in a hammock. Your stay on Passion Island also includes a tasty buffet lunch with guacamole, pork and chicken fajitas as well as fish tacos prepared al-pastor style, a kind of upright spit roasting. Spend your time any way you like: simply enjoy the view, go for a swim, have a go at kayaking, bounce around on the water trampoline, take a stroll along the shoreline, do some shopping or bag yourself a massage. At the end of your stay, the Twister will return you to the pier and your ship. Please note: guests will get wet on the Twister ride to Passion island. Since the journey consists of high-speed twists and turns, it is not recommended for guests who suffer from motion sickness/vertigo. Guests must be at least 7 and no older than 75 years of age, and weigh no more than 136 kg/300 lbs to take part. The tour is not recommended for pregnant women, guests with spinal problems or guests using a wheelchair.

SOMETHING SPECIAL

DISCOVER MEXICO & THE JOY OF CHOCOLATE - COZ75

Duration 5 h [Icons: wheelchair, hand]

Its enticing aroma has the power to relax and tasting it releases more endorphins than a kiss: the food in question is chocolate and this tour will acquaint you with the fine art of making the delicious treat. Taught by an experienced chocolatier, youll grind and mix the beans to make your very own chocolate bar, while also learning how chocolate is grown, about its Mayan and Aztec history as well as its health benefits. After shopping for handmade chocolate, vanilla and coffee as a souvenir, you can then delve into Mexicos history, culture and customs at the co-located Discover Mexico Park. Choose whether to explore on your own using a map or be shown around by a guide, but be sure to visit the multiscreen theatre to view images of Mexico set to traditional music and walk through the beautiful gardens, which feature scale replicas of great Mayan and Aztec pyramids. Works made by some of Mexicos finest contemporary artisans can be found at the Museum of Popular Arts and the Paplanta Flyers show delivers an entertaining end to your time at the park. Please note: the tour is not recommended for guests with allergies to chocolate or other ingredients commonly found in chocolate products. Guests are further advised to wear comfortable clothing and bring cash to over any additional purchases.



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CITY TOUR

COZUMEL BY LAND & SEA - COZ76

**Duration**  
5 h

Take some time off the ship to explore the beauty of Cozumel on a tour that begins with a narrated sail around the island on a fast catamaran, with views of the scenic shoreline and the aquamarine blue of the water to savour on the way. Back on dry land again, a guided transfer on an air-conditioned vehicle will then see you reach El Cedral via the emerald green of the jungle. The village of El Cedral, Cozumel's oldest settlement, is home to a landmark church, the remains of an old Mayan temple destroyed by Christian missionaries and an array of local artisans selling their wares. You'll have time to bargain for a souvenir before you move on again to the south of Cozumel and the scenic El Mirador outlook point for a photo stop. Miles of deserted beaches then follow along the west coast of the island until you reach Cozumel town to visit a museum with artefacts of the island's modern history. To wrap up, you can choose to be returned to the ship or stay in town and take a taxi back (at additional expense). Please note: guests are recommended to wear comfortable walking shoes and high-factor sunscreen as well as to bring cash to cover additional expenses.

SOMETHING SPECIAL

XENSES PARK: STIMULATE YOUR SENSES - COZ78

**Duration**  
8 h

Xenses Park: Stimulate your Senses

ACTIVE & ADVENTURE

XTREM ZIPLINE & SNORKEL ADVENTURE - COZ79

**Duration**  
3:30 h

Xtrem Zipline & Snorkel Adventure

CULTURE AND HISTORY

SAN GERVASIO, TEQUILA & PLAYA MIA COMBO - COZ80

**Duration**  
6 h

SAN GERVASIO, TEQUILA & PLAYA MIA COMBO

NATURAL WONDERS

AMAZING SECRET RIVER & PLAYA DEL CARMEN - COZ82

**Duration**  
7 h

Amazing Secret River & Playa del Carmen



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SCENIC ROUTE

ACCESSIBLE HIGHLIGHTS OF COZUMEL SMALL GROUP EXCURSION - COZ98

Duration 5 h [Accessibility icons]

Accessible Highlights of Cozumel Small Group Excursion

Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.

ACCESSIBLE HIGHLIGHTS OF COZUMEL SMALL GROUP EXCURSION - COZ98A

Duration 5 h [Accessibility icons]

Accessible Highlights of Cozumel Small Group Excursion

Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.

NATURAL WONDERS

ATLANTIS SUBMARINE EXPEDITION TO SUNKEN SHIP - COZ99

Duration 2 h [Accessibility icons]

This Quest starts with a short navigation to Chankanab Reef aboard comfortable Ana, which carries Explorers to the Submarine Atlantis XII. The Submarine Atlantis XII is the only tourism submersible in Mexico. Come visit this family friendly, state-of-Art vessel and marvel with the depths of the Caribbean as a myriad of marine creatures appear through large viewports. Coral reefs are the playground for thousands of fish, lobsters, rays, sharks and turtles that you can admire, depending on season. This ride will take you 100 ft. under surface to a breath-taking scenario at the famous Cozumel Wall, to show you a 1,800 feet drop off that limits the Island of Cozumel. Our submarine is battery powered, air conditioned, and free of any pressure issues. The expert crew enhances your Unique Underwater Adventure with a live narration. All too soon Submarine Pilot will surface the submarine and tender Ana will bring Explorers back to pier while enjoying complementary rum punch. Please note: Explorers on this activity must be able to safely navigate backwards through 12 ladder steps; hand rails available. Bring camera, comfortable clothes. Children must be 3 feet tall to participate in the activity.

DOLPHIN TRU CONNECTION - COZAB

Duration 3:30 h [Accessibility icons]

Are you ready to discover the magic of a dolphin connection? We will show you how to communicate one-on-one with these awe-inspiring marine animals in a way thats sure to warm your heart. After a brief orientation, you will start with a virtual reality experience where youll embark on an ocean voyage and explore the depths of the sea alongside a dolphin friend. Then, the Seaguards will guide you to the dolphin habitat as your swim begins in the deeper waters of the lagoons. Put on your dark-lens goggles and float face-up in the water. With your ears submerged, youll be able to hear first-hand how the dolphins talk underwater via sonar an experience you wont find above the surface! Afterwards, you can deepen your bond by placing your hand over the dolphins heart to feel its heartbeat. You and the dolphin will get to complete your connection, when youll get face-to-face for an unforgettable dolphin kiss as the dolphin says goodbye to you in its own personal way, finally receive a special gift: a dolphin fin charm made out of recycled materials. After youve enjoyed a flavourful lunch, you can indulge in the rest of the amenities found among Dolphinaris Cozumel: access to the Exclusive Lounge with a private infinity pool plus included food and drinks, a swim in the snorkelling aquarium with tropical fish and other surprising sea creatures, and activities like paddle boarding and kayaking on the Caribbean Sea. Please note: Do not wear sunscreen, jewellery, under water cameras are not allowed or any artefact that can injure the dolphins skin. Pregnant women, guests with back, heart or neck injuries are not allowed to participate. Bring cash for photos and video, locker and food and beverage service. Swim suit and a change of clothing is recommended. Minimum height is 4 ft. Minimum age is 10 years old. Tickets are required for all of ages. Guests less than 4 feet tall must be accompanied by a parent or guardian. All water activities are available on a first-come-first-served basis. All participating guests will be required to sign a waiver which may only be available in English.



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SEA & SUN

BEACH CABANAS AT CHANKANAAB PARK - COZAC

**Duration**  
5 h

Experience Cozumel Island gorgeous waters with a degree of comfort never seen before. Indulge in the ultimate relaxation beach day with The Beach Cabana Located in a prime private beach area at the Chankanaab national park in Cozumel Island. Relax in a private cabana that can fit up to 6 people while enjoying personal concierge service to help you with Food and Beverage service, and anything else you may need while you sit back on your included beach or the cozy sofa and enjoy the stunning views of the Mexican Caribbean waters and the soothing sound of the ocean. The Cabana Beach have been custom made to fit the natural surroundings of Chankanaab Park with locally sourced sustainable woods. Included with your cabana are roundtrip transportation, entrance fee to Chankanaab National Park, Guacamole chips and Salsa and one bottle of water, soda or beer per person. Please note: We recommend the use of light clothes, sun screen, hat and sun glasses. Bring extra cash for purchases, comfortable walking shoes, bathing suit and towels. The price is per cabana 1 up to 4 guests and the code must be booked on 1 person only. The tour should only be reserved by one person per cabana and the rate will be charged to that persons credit card. The tour payment cannot be divided amongst multiple participants, it can only be charged to one account. It is only necessary that you register your companions name with the ships shore excursion office upon embarkation. Each additional guest (max 6 guests in the cabana) must book the code COZACSUP; the price has to be charged on each additional person.

BEACH CABANAS AT CHANKANAAB PARK - COZACSUP

**Duration**  
5 h

Experience Cozumel Island gorgeous waters with a degree of comfort never seen before. Indulge in the ultimate relaxation beach day with The Beach Cabana Located in a prime private beach area at the Chankanaab national park in Cozumel Island. Relax in a private cabana that can fit up to 6 people while enjoying personal concierge service to help you with Food and Beverage service, and anything else you may need while you sit back on your included beach or the cozy sofa and enjoy the stunning views of the Mexican Caribbean waters and the soothing sound of the ocean. The Cabana Beach have been custom made to fit the natural surroundings of Chankanaab Park with locally sourced sustainable woods. Included with your cabana are roundtrip transportation, entrance fee to Chankanaab National Park, Guacamole chips and Salsa and one bottle of water, soda or beer per person. Please note: We recommend the use of light clothes, sun screen, hat and sun glasses. Bring extra cash for purchases, comfortable walking shoes, bathing suit and towels. The price is per cabana 1 up to 4 guests and the code must be booked on 1 person only. The tour should only be reserved by one person per cabana and the rate will be charged to that persons credit card. The tour payment cannot be divided amongst multiple participants, it can only be charged to one account. It is only necessary that you register your companions name with the ships shore excursion office upon embarkation. Each additional guest (max 6 guests in the cabana) must book the code COZACSUP; the price has to be charged on each additional person.

NATURAL WONDERS

SEA LION & MANATEE ENCOUNTER & BEACH BREAK WITH VIP LUNCH - COZAD

**Duration**  
35 h

SEA LION & MANATEE ENCOUNTER & BEACH BREAK WITH VIP LUNCH

**KEY TO SYMBOLS**

 Possibility of swimming	 Long route by bus	 Best seller	<b>DIFFICULTY LEVEL</b>  <b>Easy</b> May involve a limited quantity of steps, uneven surfaces and/or periods of standing <hr/>  <b>Moderate</b> May involve inclines, steps, uneven surfaces and/or extended periods of standing <hr/>  <b>Strenuous</b> Active excursions recommended only for guests in good physical health
 Tasting included	 Shooting videos and/or taking pictures is not allowed or subject to fee	 New	
 Lunch or dinner included	 Shopping	 <b>Wheelchair and disabled-friendly tour</b> As guests in wheelchairs must be accompanied by their own helper, please inform Excursions Desk staff promptly so they can help make arrangements	
 Drink included	 Mini Tours		
 Snack included	 Limited seat		
 No guide available			

**OUR EXCURSIONS CATEGORIES**

<b>ACTIVE &amp; ADVENTURE</b>	Head ashore in search of adventure! Opportunities for sport and fun range from trekking and snorkelling to kayak tours and 4x4 vehicle adventures. The active choice.
<b>CITY TOUR</b>	Explore the city centre with a guided tour and soak up the local scenery with a comfortable coach ride. The easy way to get to know your destination.
<b>CULTURE AND HISTORY</b>	Learn all about the history and culture of your destination, with visits to must-see locations and guided tours of key sites. The ideal route to local knowledge.
<b>NATURAL WONDERS</b>	Immerse yourself in spectacular scenery and discover the fascinating flora and fauna of your destination. Your passport to the wonders of the natural world.
<b>SCENIC ROUTE</b>	Admire your destination in total comfort, with a scenic coach tour taking in the best views and the main places of interest. The relaxing road to discovery.
<b>SEA &amp; SUN</b>	Treat yourself to some pure relaxation, basking on a beautiful beach or enjoying the stunning views on a scenic boat trip. A winner for sea and sun lovers.
<b>SOMETHING SPECIAL</b>	Pursue your interests in new places! From gastronomic tours and guided shopping trips to religious visits, there's a world of pastimes and passions to explore.