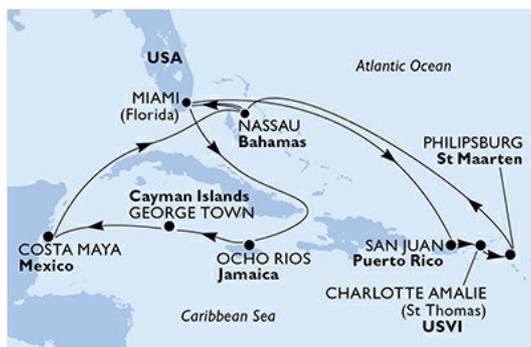




MSC

EXCURSIONS

Discoveries designed for you



Cruise : **CARIBBEAN, CUBA AND ANTILLES**

United States, Puerto Rico, Virgin Islands (U.S.), St. Maarten, Bahamas, Jamaica, Cayman Islands, Mexico

Cruise Ship: **MSC SEASIDE**

Departing from: **Miami, United States**

Itineraries: **San Juan, Charlotte Amalie, Philipsburg, Nassau, Miami, Ocho Rios, George Town**

Departure Date: **05/01/2019**

Duration: **15 Days, 14 Nights**

The excursions in the programme are intended to provide MSC Guests with an idea of the different tours that can be arranged in each port of call; this programme is merely a guide and confirmation of each excursion and its description and prices will be made during your cruise.

Shore excursions programs and itineraries may vary depending on local conditions and/or any unforeseen events in relation to the timing on the day of the tour.

Some excursions are very popular and therefore availability cannot always be guaranteed, it is advisable to book in advance to avoid disappointment.

ALL AREAS

The tour can be provided in 5 languages (ENG-DEU-FRA-ESP-ITA) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

ONLY SOA

The tour can be provided in 6 languages (ENG-DEU-FRA-ESP-ITA-POR) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

San Juan

Mon 7 January 2019

SCENIC ROUTE

SAN JUAN PANORAMIC TOUR - SJU01

Duration
2:30 h

Discover San Juan! Leaving the pier by air-conditioned minibus or motor coach you'll visit Old San Juan and view the massive, ancient fortresses and great stonewalls that have protected the capital city since they were built by the Spanish Conquistadors in the 16th century. A guided visit then follows at the San Cristobal Fortress, considered the largest fort ever built by the Spaniards in the New World built in 1634. A drive through the Old City lets you see all the different Spanish architecture. Enjoy a brief stop at the Capitol Building. Once the visit to the old Colonial city has ended, you'll continue the tour to what is known as New San Juan, a modern city with its high-rise condos, luxurious resort hotels and casinos. This tour is a blend of this city's old and new interesting history. You will return to the Old City for some free time at Plaza Colón to do some shopping, take pictures or to explore the local surroundings before returning to the ship. Please note: Wear comfortable walking shoes and to bring a hat and sunscreen. Some stops are unguided, allowing guests to be at their leisure and browse on their own. Tour price includes the admission to the San Cristobal Fort, visit included in the tour, and San Felipe del Morro fort which you may choose to visit at your leisure. Please ask for and keep your receipt at San Cristobal Fort, as proof of purchase. Fortifications are open every day from 9:00AM to 6PM. This tour is not available for the call of MSC Divina to San Juan on January 22, 2017.

CULTURE AND HISTORY

OLD S. JUAN HISTORICAL WALK & COFFEE TASTING - SJU27

Duration
3 h

Favoured by Puerto Ricans rich volcanic soil and climate, coffee has numbered among the islands major crops since the 18th century and has given rise to a rich coffee culture, a taste of which you can savour on this interesting tour through the historical district of San Juan. To set the mood, the tour begins with a delicious cup of freshly brewed Puerto Rican café con leche, to which your friendly barista will add his own personal latté-art flourish. As you then stroll through the streets of Old San Juan, your guide will tell you about the islands historical ties with the black beverage as well as how coffee and the church are connected. A photo stop will be made at Plaza de Colón and the statue of Christopher Columbus, which was erected to mark the 400th anniversary of his discovery of Puerto Rico. You'll also get to see some of the oldest churches in the western hemisphere, the main Plaza de Armas with its Four Seasons fountain as well as San Juan city hall, a replica of the one in Madrid. Your historical walk ends at the shopping district, where you can sit down and try some iced blends of coffee and tea with flavours such as coconut truffle, chocolate chai or papaya ginger. Please note: the tour involves approx. 1 mile of walking over cobblestones. This tour is not available for the call of MSC Divina to San Juan on January 22, 2017.

SCENIC ROUTE
SUNSET STROLL THROUGH OLD SAN JUAN - EVENING TOUR - SJU28

Duration
 1:30 h


What better way to end a relaxing day on the ship than with a leisurely stroll through beautiful Old San Juan? Situated on its own little island and home to a slew of historical landmarks, Old San Juan is not only a joy to explore, but also affords priceless views of the sun setting over the Caribbean Sea. Your fully guided tour begins with a short transfer to Ballajá Barracks, a beautiful Spanish-built 19th century building. Soak up amazing views of San Juan bay at dusk as you walk through the cobbled streets, passing such notable landmarks as the Plaza del Quinto Centenario, San José Church and Calle del Cristo en route to the Monumento a la Rogativa which commemorates a torch-lit procession held by the towns womenfolk at the end of the 18th century to thwart British attempts to besiege the town. The ladies succeeded, the British fled and the city was spared. You'll have some time to take photos and buy refreshments at this special spot before continuing on through San Juan gate and down Paseo de la Princesa, one of the city's grandest boulevards. At the end of your guided walk, you can choose either to return to the ship or spend some extra time on Calle Fortaleza, at the end of which lies the 16th-century fortress that is the official residence of the Governor of Puerto Rico. Please note: This tour is only available for when the MSC Divina calls on San Juan on January 22, 2017.

CULTURE AND HISTORY
EL MORRO & MORE: WALKING TOUR - SJU29

Duration
 3:30 h


Old San Juan's enchanting streets, located on a peninsula jutting into the Caribbean Sea, are perfect for exploring on foot something this tour gives you ample opportunity to do. Escorted by your guide, you'll first board a coach to reach Fort San Felipe del Morro, or simply El Morro, perched on the tip of the promontory. Built in the 16th century, the imposing fortress features six different lines of defence, including a water battery tower and casemate guns. After a look around, you'll move on to the adjoining Ballajá Barracks area and then the totem dedicated to the indigenous Taíno people at the Plaza del Quinto Centenario. Right next door you'll find San José Square and its white-fronted church, a jewel of Spanish Gothic architecture completed in 1735. You'll also see many French- and Spanish-inspired buildings from various eras, so keep your camera at hand. Next up is an inside look at the Cathedral of San Juan Bautista, whose earliest parts date back to 1540, followed by a photo stop and water break at the Rogativa monument in honour of Puerto Rican women who stymied a British invasion in 1797. The spot also affords great views of San Juan Bay, the nearby 16th-century Fortaleza and the governors private residence. The last visit on your walk will then be the mid-18th-century Chapel of Christ the Saviour before time will be yours to do some shopping on your own. The tour comes to a close with your return to the ship. Please note: the walking tour of Old San Juan concludes with 1 hour of free time to go shopping, after which the guide will escort guests back to the ship. Guests wishing to remain in Old San Juan for longer can return to the ship on foot (approx. 15-minute walk) or take a taxi at their own expense. The price of the tour includes admission to the San Felipe del Morro Fort, visit included in the tour, and San Cristobal Fort, which guests may choose to visit at their leisure. Guests are advised to ask for and keep the receipt at the Fort of San Felipe del Morro as proof of purchase. Daily fort opening times are between 09:00 to 18:00 hours. Limited number of guides in languages other than English. Should a tour guide for your language be unavailable, the tour will be in English only.

SOMETHING SPECIAL
OLD SAN JUAN HARBOR PIRATE SAIL - SJU35

Duration
 15 h


OLD SAN JUAN HARBOR PIRATE SAIL

SCENIC ROUTE
ACCESSIBLE HIGHLIGHTS OF SAN JUAN - SMALL GROUP EXCURSION - SJU37

Duration
 5 h


Accessible Highlights of San Juan - Small Group Excursion

 *Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*



MSC

EXCURSIONS
Discoveries designed for you

ACCESSIBLE HIGHLIGHTS OF SAN JUAN - SMALL GROUP EXCURSION - SJU37A



Accessible Highlights of San Juan - Small Group Excursion

Wheelchair and disabled-friendly tour. Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.

CULTURE AND HISTORY

LA BOMBA, A PUERTO RICAN NATIVE & CULTURAL EXPERIENCE - SJU38



La Bomba, A Puerto Rican Native & Cultural Experience

SOMETHING SPECIAL

NIGHTS AT CASA BACARDI - SJU39



Nights at Casa Bacardi

SCENIC ROUTE

SAN JUAN SIGHTSEEING EXPERIENCE & FIESTA LATINA - SJU40



San Juan Sightseeing Experience & Fiesta Latina

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ALL AREAS

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ONLY SOA

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Charlotte Amalie

Tue 8 January 2019

SEA & SUN

ST. JOHN BEACH TOUR - STO01



Duration
4:30 h

On leaving your ship, you'll board an island-hopping boat ride then takes you from St. Thomas to St. John and the charming town of Cruz Bay. This laid-back sightseeing and beach tour begins with a cruise along St. Thomas lovely south-eastern coastline, with views of Pillsbury Sound and Sir Francis Drake Channel to enjoy on the way. After boarding an open-air safari-style vehicle, your journey takes you up and over the pretty hills of St. John with a quick stop or two to enjoy the spectacular views en route to Trunk Bay, where you can then spend 1.5 hours enjoying the beach. Snorkel equipment is provided at the beach, so gear up and slip into the inviting water to follow the specially marked underwater snorkel trail or simply lounge on the soft golden sands. The tour draws to a close with your return to Cruz Bay and the scenic sail back to St. Thomas. Please note: the price of the tour includes admission fees and snorkel equipment. Snacks are available for purchase at Trunk Bay. Snorkelling is subject to weather and sea conditions. Guests wishing to snorkel should be in good physical condition.

ACTIVE & ADVENTURE

CASTAWAY GIRL BAREFOOT SAIL & SNORKEL - STO09



Duration
3:30 h

The highlight of your cruise will be experiencing the thrill of sailing on our fabulous 65 Castaway Girl catamaran to Shipwreck Cove, Buck Island. The Castaway Girl is fast and very stable, having spacious sunbathing decks and a large comfortable cockpit for those of you preferring the shade, as you sail in the warm breezes and crystal clear waters of the Caribbean Sea. Spend approximately 1½ hours at Shipwreck Cove, snorkelling and exploring beautiful coral reefs filled with tropical fish, sea animals and turtles. The wartime shipwreck of the Catanza C lies 25 below the surface and is home to a wide variety of sea life. The friendly, experienced crew and instructors will provide all of the assistance that you need, as they snorkel with you, pointing out the wondrous sights to be seen below. Enjoy complimentary tropical fruit punch drinks, our famous Castaway Girl Painkiller Punch, along with other refreshments and snacks as you listen to some great music on your relaxing homeward sail back to your ship. Please note: Snorkelers are divided into groups to suit their comfort level in the water. All snorkelers wear safety snorkel vests. Optional floating water noodles are available for guests.

CITY TOUR

PANORAMIC ISLAND DRIVE, MAGENS BAY BEACH & SHOPPING - STO16



Duration
4 h

Everything you want to, and should, experience in St. Thomas all conveniently packed into one complete tour – a cornucopia of beaches, spectacular down island views, historical locations and ultimate shopping experiences encompassing all the best highlights of the U.S. Virgin Islands most popular island. This tour provides all the elements for a perfect day in paradise. Begin with a scenic ride along Skyline Drive offering breathtaking views of Charlotte Amalie Harbour, the Caribbean Sea, the British Virgin Islands and Magens Bay, rated by many travel magazines as one of the top ten beaches in the world. You'll arrive at Mountain Top, St. Thomass highest peak, where you can gaze at the spectacular Atlantic coastal views dotted with small islands and cays, overlooking heart-shaped Magen's Bay, as well as the distant British Virgin Islands. Then you'll drive along the scenic artery of St. Thomas with its splendid panoramic views continuing down to white sands and crystalline waters at Magens Bay for two hours of sun, swimming and fun. Continue on to historic downtown located in the heart of the Kongens Quarter and step back into the age of seafaring trade at the Danish West Indian port town of Charlotte Amalie. Envision the islands past global traders, Caribbean pirates, the impacts of slavery, and life in a vibrant West Indian port city as you walk amongst historic landmark properties dating back to the late 1600s. Indulge your passion for the great recommended shopping in St. Thomas. When you're finished with your free time of shopping, head back to the ship via your pre-arranged return transportation. Please note: depending upon your personal touring and shopping time, this tour lasts as long as you like. Guests enjoy a self-guided walk through the Historic and Downtown shopping districts. This tour is not suitable for guests with walking disabilities or using a wheelchair.



MSC

EXCURSIONS

Discoveries designed for you

SCENIC ROUTE

ST. THOMAS ACCESSIBLE ISLAND TOUR - STO23

Duration 2:30 h

Take a splendid tour of St. Thomas in a custom vehicle that's fully equipped for limited mobility and wheelchair access, as well as anyone who wishes to enjoy the leisurely pace of this excursion. Board your custom vehicle and travel along scenic mountainous roads, as your guide shares local knowledge of the island's history, landmarks, and legends. Stop along the way at points of interest and enjoy ample time for photo opportunities. Travel up to Mountain Top, the highest point on the island, for a spectacular down island view and photo opportunity of the US and British Virgin Islands You will also pass Drake's Seat overlooking famous Magens Bay and the spectacular down island views, then continue to Mahogany Run for the panorama of this world-class golf course. Then enjoy the scenery along Skyline Drive with views of the Caribbean, through the historic downtown and back to the ship. Please Note: This tour is fully accessible. Guests using a wheelchair can take part, but they must be advised that the excursion includes a long walking tour and that they must be accompanied by a paying helper to provide assistance with getting on and off the coach and that wheelchairs must be collapsible/foldable since the coach has neither a ramp nor a lift. Guests using a wheelchair who would like to participate in this tour are requested to contact the Shore Excursions Desk 48 hours prior once they are on board so that arrangements can be made. If a guest is confined to a scooter, the maximum weight limit is 600 lbs.

Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.

SEA & SUN

POWER CAT TO SECLUDED CONGO CAY & SUNSET CRUISE - STO44

Duration 35 h

POWER CAT TO SECLUDED CONGO CAY & SUNSET CRUISE

SECRET SANDS BEACH EXPERIENCE & SKYLINE DRIVE - STO45

Duration 4 h

Secret Sands Beach Experience & Skyline Drive

FULL DAY TOUR : SNORKEL & BEACH BBQ AT HONEYMOON BEACH WATER ISLAND. - YC - STO46

Duration 6 h

Full Day Tour : Snorkel & Beach BBQ at Honeymoon Beach Water Island. - YC

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ALL AREAS

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ONLY SOA

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Philipsburg

Wed 9 January 2019

ACTIVE & ADVENTURE

HARLEY IN PARADISE - SMT05



You will be in Hog Heaven for this ride through both the Dutch and French sides of St Maarten. After a short bus ride through the capital of Philipsburg arrive to the staging area where you'll pick up your Harley Davidson motorcycle and complete the necessary paperwork. Once briefed and issued a helmet your guide escorts you for a bike ride through the island. The convoy arrives in French capital Marigot, home to Fort Louis, built in 1767 to protect the town from the English. The ride continues through the island and the local countryside. Eventually, arriving back to the staging area, transfer to the bus which will take you back to the ship. A unique way to see this fascinating island, shared by two countries. Please Note: There will be a guide in front. Make sure to bring your credit card and valid current motorcycle license to complete the rental contract. Driver must be 25 years and no person under 18 can participate. All participating guests will be required to sign a waiver which may only be available in English. The tour price includes CDW insurance with a \$3000.00 deductible. The deductible is fully or partially charged to the drivers credit card in the event the motorcycle is returned damaged. Participants should wear long pants and closed shoes for their protection. Tour price is based on a per vehicle rate (vehicle can accommodate up to 2 persons including driver, you can go as a single or take a companion along for free). The tour should only be reserved by one person per vehicle and the rate will be charged to that persons credit card. The tour payment cannot be divided amongst multiple participants, it can only be charged to one account. If you are taking a companion it is only necessary that you register their name with the ships shore excursion office upon embarkation.

GOLDEN EAGLE CATAMARAN - SMT09



Go First Class, enjoy great snacks and an open bar while sailing in the sparkling waters. Sail aboard the Golden Eagle! An unforgettable experience while our crew pampers you, as you laze in the shade of Golden Eagles hand painted sails or lie in the nets. Maybe spot a dolphin, flying fish or the enormous whales in season. The first stop will be for snorkelling, after a safety briefing from the crew jump in the water to see tropical marine life. Next, Golden Eagle will anchor off the fabulous golden sand beach, explore the island, look for shells in the crystal clear waters. Our friendly crew will provide you with free flotation and snorkel equipment, together with any help you may need. Enjoy fresh sandwiches and a glass of champagne, with onboard music, sailing back in the azure waters of St. Maarten. Please note: An alternate venue may be visited depending on sea conditions at the time. All participating guests will be required to sign a waiver which may only be available in English.

SCENIC ROUTE

EXPLORER CRUISE & GRAND ISLAND TOUR - SMT10



This is the only tour offering a great party cruise on the lagoon with open bar, Calypso entertainer as well as shopping time in Marigot. The tour leaves from the cruise ship pier past the Great Salt Pond on a narrated tour with the guide pointing out places of historic interest explaining some of the colourful history of the island. Upon reaching Marigot browse the outdoor market and walk along the waterfront beneath Fort Louis. From the Marina, you drive to Simpson Bay to board the double-decker catamaran the Explorer Boat. Cruise Simpson Bay Lagoon passing the luxury villas and mega yachts which visit the many marinas situated in the calm waters of the lagoon. With music and great drinks we cruise past Port de Plaisance to Simpson Bay Marina docking at the Explorer private dock where the coaches wait for the short return drive with views of the cruise ships and Philipsburg. Please Note: This tour may operate in reverse order depending on time. All participating guests will be required to sign a waiver which may only be available in English.

ACTIVE & ADVENTURE

AMERICA'S CUP 12MT YACHT - SMT11



Sign up this week to experience the thrill of racing multi-million dollar Americas Cup race boats in the warm blue waters and brisk trade winds of St. Maarten. Dennis Connors Americas Cup winning Stars & Stripes, Canada II and True North are yours for this once in a lifetime adventure. Our expert crew will show you exactly what to do in your crew members position. Then its off to the racecourse grind a winchtrim a sailpunch a stopwatch, or just sit back, relax, and enjoy the complimentary refreshments. For this unique adventure this highlight of your holiday, previous sailing experience is NOT necessary! After the race enjoy the complimentary victory rum punch party, while you browse through our museum souvenir boutique. Please note: The minimum age to participate is twelve years old. A waiver is required for participation. As these boats are pure race boats, they have no toilet facilities aboard. All guests should be asked to wear soft-soled running shoes. T-shirts and shorts over a swimsuit are ideal. There is ample storage space below for beach bags, etc. and a small plastic bag to prevent a camera being splashed is a good idea.



MSC

EXCURSIONS

Discoveries designed for you

SCENIC ROUTE

PANORAMIC TOUR OF ST. MAARTEN AND BEACH - SMT12

Duration 2:30 h [Icons: Clock, Hand, Wheelchair]

During this tour, you'll drive from today's modern Dutch capital of Philipsburg past the Great Salt Pond, which served to make the island worth its salt attracting the French. On the way to the French side, you'll pass the Border Monument. Between 1948 and 1816, this border changed 16 times. The tour will travel passed the picturesque seaside town of Grand Case, known for its architecture and exquisite restaurants then will pass through the bustling small capital of French Saint-Martin (Marigot). Then the true meaning of the term Best Of comes through at one of the island's best beaches. Your troubles will blow away like ashes in the breeze. All too soon its time for the drive back to be dropped off at the pier. Please note: Bring a towel, sunscreen and sun glasses. The order of the tour may be reversed depending upon local conditions as traffic can be heavy at times. All beaches are public so please do not leave your personal belongings unattended. There are no lifeguards, so swim at your own risk. Chairs, umbrellas etc. are not included but may be available for rent from local vendors. Remember where the bus drops you off as this is where you will pick up the return. Check your watches as the buses will only wait a few minutes if you are late. Otherwise the return will be at your expenses. Clothing optional sunbathing may be observed throughout beaches in St. Maarten. Limited number of guides in languages other than English. Should a tour guide for your language be unavailable, the tour will be in English only.

NATURAL WONDERS

SEA WORLD EXPLORER - SMT13

Duration 2:30 h [Icons: Clock, Hand, Wheelchair]

View the stunning sea life and tropical fish of St. Martin's marine world, in the cool comfort of our cruising, underwater observatory. Departing Philipsburg, your over-land transfer takes you through the mountainous Middle Region. A vista of the pristine Caribbean Sea, dotted with islands, presents itself, for your panoramic pleasure, preceding your arrival into French Grand Case. Once on board the Seaworld Explorer, the semi-submarine where the vessel doesn't submerge you do! Your guide will entertain you en route to Rocher de Creole. Here, a daring diver surrounds himself with clouds of brilliant-colored fish, leading them alongside the viewing chamber, to share the spectacle with you. Sea turtles, eels, barracudas, and stingrays are just some of the reef residents that you'll spot if they're feeling bold and you're lucky! Have your camera ready for some unique vacation photos! A cruise back to shore completes the sea portion of your excursion relax on the upper deck while enjoying the scenery across the channel to Anguilla. On your return to Philipsburg, you'll view the French islands of Pinel, Tintamarre and St. Barths before you re-cross the invisible border into Dutch St. Maarten.

ACTIVE & ADVENTURE

POWER RAFTING ADVENTURE, SNORKEL & BEACH - SMT14

Duration 4 h [Icons: Clock, Hand, Wheelchair, Glass, Snorkel, Boat]

Board a high-speed power rafting boat for foam-flying adventures around the coast of St. Maarten into Simpson Bay Lagoon. Next, snorkel a beautiful coral reef loaded with fish and marine creatures. You will pass the French capital of Marigot and see the historic Fort Louis atop the hillside. Then you're off for a stop at one of St. Maarten's most beautiful beaches. Here, you can relax on the beach or take a refreshing dip in the ocean. Please note: All snorkel gear included mask, snorkel, buoyancy vest and fins. All participating guests will be required to sign a waiver which may only be available in English.

SCENIC ROUTE

SEA & SEE - SMT26

Duration 3:30 h [Icons: Clock, Hand, Wheelchair]

This tour combines the best St. Martin has to offer on land and beneath the ocean's surface. You leave Philipsburg, on the Dutch side of the island, and drive up the eastern side to the second largest town in St. Martin, Grand Case, a quaint, unspoiled fishing village surrounded by an idyllic bay. Here at Grand Case Pier, you board the Seaworld Explorer, a semi-submarine, which takes you on a narrated tour of the coral reefs surrounding Creole Rock. Seaworld Explorer is a state-of-the-art semi-submarine developed in Australia for use on the Great Barrier Reef. The vessel does not submerge; you descend into the hull of the boat and sit in air-conditioned comfort five feet below the surface of the water, exploring sea life in this cruising underwater observatory through large clear glass windows. Acknowledgeable marine experts will provide you with information on the amazing underwater world, and will be happy to answer questions. On the return trip to shore you can relax and enjoy the magnificent view of Grand Case Bay and Creole Rock. Your tour continues to the French capital of Marigot, where you will have time to explore this attractive port city with its sidewalk cafes, open-air market and duty free shops. Please note: sightings of marine wildlife are common, but cannot be not guaranteed.

ACTIVE & ADVENTURE
RHINO RIDERS - SMT27


Experience on-the-water excitement, with these two-man RHINO RIDERS zippy little 10 inflatable motorboats, which are yours to command for a couple of hours of fun in the sun! At the RHINO RIDER base in the calm waters of Simpson Bay Lagoon, you'll be welcomed by the enthusiastic staff, who will offer basic instruction, and then the opportunity to acquaint yourself with the boats, prior to starting off your adventure. Following a guide, you'll manoeuvre safely through anchorages for hundreds of boats, and alongside mega-yacht marinas, before exiting the lagoon into Marigot the French capital. View historic Fort Louis, which overlooks the bay, before continuing along the picturesque coastline, and relaxing at Happy Bay your final destination. It's your choice, whether you snorkel the reef (gear is provided!) or build sandcastles on the secluded beach this time is yours to enjoy the beautiful surroundings. Please note: Minimum age to participate is 10 years old. Guests must be 18 years old to operate the boat. Weight restriction: 400 lbs per boat. Life vests are required. All participants must follow guide and safety instructions. Wear footwear suitable for wet conditions (water socks, Teva-type sandals, etc.). Wear swimsuit under comfortable, appropriate clothing. Sunscreen and sunglasses are recommended. Participants should be in good physical condition. This tour is not recommended for guests with back problems and for those who do not swim. It is not recommended for pregnant women. The price for riding the watercraft is per person, but only if two persons ride; guests wishing to use a watercraft by themselves must pay for two tickets. During the snorkelling portion of the tour, guests will have to access the water straight from the boat.

HISTORICAL PHILIPSBURG BY BICYCLE - SMT32


Your guide will meet you at the entrance to the cruise ship terminal and give you a short lesson on the operation of your Trek bicycle. You will start riding along the Point Blanche road to the start of the Boardwalk in the capital, Philipsburg. Your first historical stop will be at the Passangrahan Hotel, St. Maartens oldest inn, which was originally the Governors House and then the Royal Residence when St. Maartens Queen Beatrix would visit. Continue along the Boardwalk for your next stop at the Captain Hodges Wharf which is the center of this bustling & colorful town and was the original fishing and shipping venue in the early 1900s. Walk over to the Philipsburg Courthouse which was built in 1793 and see the lawyers and judges congregating every Wednesday for cases as they have been doing for hundreds of years. Get back onto your bicycle and continue pedaling along the Boardwalk until you come to the end of the beach and cross over to Back Street, one of the three one-way streets which make up the routes through Philipsburg. Pass the oldest traditional West Indian (Gingerbread) cottages, and start your first climb up the Little Bay Hill where you can stop and rest at the Look Out Point which offers an incredible view of the town. Enter the beautifully located Divi Little Bay Resort and begin your second short incline to the historical Fort Amsterdam. Built in 1631, this strategic point was the place of many battles between the Spanish and Dutch fleets in the 17th century. The remaining walls and cannons offer a glimpse into St. Maartens rich history as well as a sense of tranquility while you view Philipsburg and the Cruise Ship Terminal from this spectacular vantage point. Please note: Please bring walking shoes, sunglasses, hat and sunscreen. Guests must be at least 12 years of age and 153 cm/5 ft. in height to take part. Guests must wear closed-toed sports shoes to take part in the tour.

KAYAK SNORKEL ADVENTURE - SMT33


The tour leaves from the clean sandy Kim Sha beach after a short paddling technique demonstration by the guide. You will paddle through the beautiful Simpson bay and you will reach a small beach at the Pelican Resort where you will pull up your kayak and have a snorkeling instruction by your guide. You will then swim along with your guide to the shallow reef at Pelican Rock, where you will spend some time looking at the beautiful world undersea. Elegant Angel Fish, brightly colored Parrot Fish and hundreds of reef fish are just a few of the amazing creatures you will glimpse in this serene location. There is a beautiful sandy beach where you can rest if you feel the need to as well as an accompanying guide on a kayak who can assist you while snorkeling. On the way back along the Pelican coast, the guide will point out the neighboring islands of Saba, St. Eustatius and St. Kitts that can be seen clearly from this southern side of St. Maarten. Please note: Guests wishing to take part in the tour should be in good physical health. Guests must be at least 10 years of age to take part; a maximum weight restriction of 113 kg/250 lbs per person applies. The tour is considered to be unsuitable for guests with cardiac disease or back/neck injury. Pregnant women are not allowed to participate in this tour. Sightings of marine wildlife are common, but cannot be guaranteed.

DISCOVER ST. MAARTEN BY JEEP - SMT35


This tour gives a chance to the adventuresome to get away from the crowds and share with fellow guests a 4x4 experience on off trails and some regular island roads to enjoy wonderful views of incredible St. Maarten. The convoy will explore several rustic areas with special emphasis on popular island attractions including the famous gourmet mecca at Grand Case and the scenic lookout at Cole Bay Hill offering a view of the famous Simpson Bay Lagoon and neighbouring islands. Enjoy a scenic drive past Oyster Pond and Dawn Beach. There will be a time to explore the shops, markets and restaurants at the French capital, Marigot after spending an hour on world famous Orient Beach, where guests may enjoy a walk on the beach or sit back and relax! You will then head back towards the cruise ship pier via Cole Bay Hill Look-Out Point. Please note: Driving responsibilities can be rotated and guests planning to drive must be 23 years of age or older and have a valid drivers license. All vehicles must remain with the group throughout the tour. Minimum age is six. Optional food & beverage services, along with beach chairs and umbrellas are available at an additional charge. Jeeps have automatic transmission. All participating guests will be required to sign a waiver which may only be available in English.



MSC

EXCURSIONS

Discoveries designed for you

SEA & SUN

VIVA ORIENT BEACH BREAK WITH LUNCH - SMT40

Duration
4:30 h

A sun-drenched tour awaits you that teams a scenic trip through both sides of this bi-nation island, whose border division between the Dutch and French halves changed location no less than 16 times between 1648 and 1816, with a chance to spend time at a beach. A modern coach will take you from today's Dutch capital of Philipsburg past the Great Salt Pond, the place that once made the island literally worth its salt and served to attract the attention of the French, and through the island's attractive countryside. On the way to the French side, you will also pass the Border Monument before continuing on to Orient Beach on French Saint-Martin. You will then have plenty of time to savour all this picture-perfect beach has to offer, which includes a refreshing welcoming drink, a light lunch and use of a beach chair. A scenic return journey then awaits you back to the pier and your ship. Please note: you are recommended to bring a towel, sunscreen and sunglasses. Traffic can be heavy at times. As all beaches are public without life guards, you will swim at your own risk and are advised not to leave personal effects unattended. The price of the tour includes use of a beach chair, but not umbrellas, which may be available for rent from local vendors at additional cost. Please make a mental note of where you are dropped off so you may return for the pick up when it is time to leave. Please be punctual as transport will only wait for a few minutes before departing. Guests who arrive late would then have to take a taxi back at their own expense. Clothing optional sunbathing may be observed throughout beaches in St. Maarten.

CITY TOUR

ST. MAARTEN ISLAND TOUR - SMT57

Duration
3 h

Treat yourself to a few hours of fun off the ship by joining this thoroughly laid-back tour of Saint Martin island. After meeting your guide at the pier, the fully narrated outing begins with a drive through Philipsburg, the attractive capital of the Dutch Sint Maarten, as you head for Cole Bay Hill, where gorgeous views of Simpson Bay Lagoon await you. On a clear day, you may even catch a glimpse of St. Kitts, Nevis, Sint Eustatius and Saba in the distance. You'll then travel through Cole Bay and Simpson Bay, two fishing villages, and past the airport to reach Maho Beach. A stop at the lovely stretch of shoreline also known as Airport Beach due to its proximity to the runway will give you a chance to take photos before you move on to Marigot, the capital of the French Saint Martin. You'll have some time to explore the coastal town on your own. Check out the sidewalk cafés, open-air markets, fashionable shops and trendy boutiques before the scenic return drive takes back to the pier and your ship. Please note: Traffic can be heavy at times. Clothing optional sunbathing may be observed throughout beaches in St. Maarten.

SWEET ST MAARTEN, MAHO & MARIGOT - SMT65

Duration
5 h

One small island, two great nations, a slew of pristine landscapes, superb beaches, picturesque resorts! This is the Caribbean island of Saint Martin and the resident nations are France in the north and the Netherlands in the south. Your tour begins in Philipsburg, capital of the Dutch half, with a coach ride that will take you across the border. Enjoy the beautiful view at Paradise viewpoint. Next up is Marigot, the capital of French Saint-Martin, while driving by Grand Case, originally a Fishermans Village. In Marigot, you'll have time to go shopping, visit the open-air market or take the weight off your feet at an outdoor café. Before we stop at the famous Maho Beach, we stop as well by Mullet Bay Beach where the sand is white and the seawater is blue great for a photo or two. Your tour then takes you to the famous Maho Beach where you can watch aircraft flying overhead as they prepare to land at the nearby airport. Then cool off at a unique local ice cream shop with a vintage carousel. On the way back to Philipsburg, take some photos during a brief stop at a hilltop viewpoint.

PHILIPSBURG TROLLEY TRAIN TOUR - SMT71

Duration
2 h

All Aboard the Trolley Train! Enjoy the charm and scenery of the Dutch part of the island as you set out to explore the Capital town of Philipsburg and its surroundings. When the first Dutch settlers arrived on St Maarten in 1631, they chose the sandy strip separating Great Bay from Great Salt Pond to build their capital, Philipsburg, where your ship is moored today. This multi-lingual tour starts out with a drive to the Great Salt Pond and continues sightseeing through town for you to step back in time on this interactive exploration of Philipsburg, while we show you all the sites you can choose from to visit, before we stop to taste an island's local flavor. Then you have 30min to enjoy your favorite spot in Philipsburg before we pass by to pick you up to take you back to ship or enjoy more free time to discover Philipsburg on your own. Please note: The audio guide is available in the following languages: English, Spanish, French, German, Italian, Portuguese and Mandarin.

ST. BARTHS ON YOUR OWN - SMT72

Duration
7 h

The day is yours. Experience St Barths at its best, whether you want to visit its beaches, boutiques or enjoy the cuisines of St. Bart's is totally up to you. After an approximately one hour ferry ride from St Maarten, you'll have approximately five hours to explore the spectacular island. Choose from 22 beaches to either swim or to layout and relax along the shore. Eat delicious French cuisine, and shop the best designer stores and chic boutiques at this duty-free port. Please Note: All Nationalities are required mandatory to have Passports for travel to St Barth's. U.S. Passport cards are not accepted. Visas may be required for guests from certain countries and need to be obtained before arriving to the island. Only E.U. I.D. card widely accepted to travel to the island of St. Barths. Inclement weather/rough seas may cause seasickness so guests should take the necessary precautions. Guests must be of legal age in order to drink alcohol.

SOMETHING SPECIAL
SURF & TURF: SAINT MARTIN BY LAND & SEA - SMT79


This tour of many highlights begins when you leave your ship and instead board a 4x4 vehicle. With your driver as your guide, you'll set off at the French border, with an explanation provided as to why Saint Martin island is split between two nations. Views from the hilltop overlooking Orient Bay follow, after which you'll pass the resort of Grand Case en route to Marigot, capital of the French Saint-Martin. Enjoy some free time in Marigot, then move on to Maho Beach to watch aircraft landing at the nearby airport. When you reach the dock area, you'll first be given a safety briefing and then get to captain your own boat as instructed by the lead captain. You'll proceed to navigate your craft within the coastal waters to reach a secluded spot for a dip in the sea. After returning to shore and reboarding the 4x4, you'll be driven to a photo stop at the Harold Jack and Great Bay Mountain viewpoints before heading back to Philipsburg and your ship. Please note: The minimum age to participate is 12 years old. Participants must be fit in order to participate. Guests planning to drive must have a valid driver's license. All participating guests will be required to sign a waiver which may only be available in English. This tour is only available for guests travelling onboard MSC Seaside.

ACTIVE & ADVENTURE
PIRATE SKY RIDE, FLYING DUTCHMAN, SCHOONER RIDE AND ZIP LINE - SMT80


Pirate Sky Ride, Flying Dutchman, Schooner Ride and Zip Line

PIRATE SKY RIDE AND FLYING DUTCHMAN - SMT80A


Pirate Sky Ride and Flying Dutchman

PIRATE SKY RIDE AND ZIP LINE ADVENTURE - SMT80B


Pirate Sky Ride and Zip Line Adventure

PIRATE SKY RIDE & SCHOONER RIDE - SMT80C


Pirate Sky Ride & Schooner Ride

PIRATE SKY RIDE, FLYING DUTCHMAN AND SCHOONER RIDE - SMT80D


Pirate Sky Ride, Flying Dutchman and Schooner Ride

SCENIC ROUTE
ST MAARTEN 360 - SMT81

Duration
 45 h

St Maarten 360

 *Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*

ACTIVE & ADVENTURE
ST. MARTIN AIRPORT ADVENTURE - SMT82

Duration
 35 h

This Sint Maarten Airport Adventure tour will see you board a boat to visit one of the islands hottest spots and most popular attractions: Maho Beach. You'll drop anchor close to the shoreline and then be able to see what all the fuss is about: aircraft landing and taking off only a stones throw from the beach itself. This is because the runway of Princess Juliana International Airport is very short and ends directly where Maho Beach begins. So while you relax on board the boat or snorkel in the sea, be sure to cast your eyes heavenwards to experience the thrill of watching these low-level landings and take-offs happening live and direct. Your return to the ship lastly brings your outing to a close. Please note: this tour does not access Maho Beach; the boat will merely drop anchor near Maho Beach.

ATV QUAD ADVENTURE - SMT93

Duration
 3 h

ATV QUAD ADVENTURE

SCENIC ROUTE
ACCESSIBLE HIGHLIGHTS OF ST. MAARTEN SMALL GROUP EXCURSION - SMT94

Duration
 4 h

Accessible Highlights of St. Maarten Small Group Excursion

 *Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*

ACCESSIBLE HIGHLIGHTS OF ST. MAARTEN SMALL GROUP EXCURSION - SMT94A

Duration
 4 h

Accessible Highlights of St. Maarten Small Group Excursion

 *Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*

The excursions in the programme are intended to provide MSC Guests with an idea of the different tours that can be arranged in each port of call; this programme is merely a guide and confirmation of each excursion and its description and prices will be made during your cruise.

Shore excursions programs and itineraries may vary depending on local conditions and/or any unforeseen events in relation to the timing on the day of the tour.

Some excursions are very popular and therefore availability cannot always be guaranteed, it is advisable to book in advance to avoid disappointment.

ALL AREAS

The tour can be provided in 5 languages (ENG-DEU-FRA-ESP-ITA) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

ONLY SOA

The tour can be provided in 6 languages (ENG-DEU-FRA-ESP-ITA-POR) and it depends on the availability of guides. The final language will be confirmed on board during

your cruise

Nassau

Fri 11 January 2019

PANORAMIC TOUR - NAS01



Duration
2:30 h

Drive through Nassau to reach the highest point of the island, from where you will enjoy a beautiful view of the harbour. At this location you will have time to explore the fort and the Queen Victoria Staircase, do some light shopping on your own and take pictures. Continue with a panoramic view around the island of New Providence. Next, stop at John Watlings Distillery to tour the rum distillery, the beautiful grounds and enjoy a tasting. We then pass by Fish Fry and Junkanoo Beach for a photo stop, from where you will see your ship in the harbour. Then its off to Atlantis Paradise Island for a short stop. The drive continues from Paradise Island through the colorful residential area before returning to the port. Please Note: Guests must be at least 21 years old to consume alcohol. The driver of this tour is also the guide. This tours is considered not suitable for guests on wheelchair.

SEA & SUN

DISCOVER ATLANTIS - BETWEEN 2 & 4 HOURS DURATION - NAS02



Duration
2 h

When our destinations are as evocatively named as Paradise Island and Atlantis Lagoon, you can be sure of one thing: a fabulous time. Once you have boarded your coach at the pier in Nassau on New Providence Island, you will first head north to cross over to Paradise Island and the Atlantis Resort. Since the Bahamas are a favourite contender for the place where the legendary city of Atlantis was once said to have stood, the resort features a faux archaeological site - simply named The Dig - that recreates what the ruins of ancient Atlantis might look like. Apart from taking you through the many fascinating exhibits of The Dig, your guided tour also includes a visit to Predator Lagoon, fittingly named for the sharks, barracudas and many other creatures from the deep that live there. As you make your way through the maze of underground passageways, have fun discovering archaeological artefacts and hieroglyphics while surrounded by a stunning civilization of sea animals. Expert guides will lead you through the ancient streets and help you to decode the legend of Atlantis as well as providing fascinating information on the habitat and behaviour of the marine wildlife. Please note: Access to the pools, slides and beaches is not included in the tour. A shuttle bus will return you to the ship; information on the bus timetable will be provided before arriving at Atlantis. The tour involves a considerable amount of walking.

ACTIVE & ADVENTURE

ATHOL ISLAND SNORKEL - NAS03



Duration
2:30 h

Come and experience the marvelous underwater kingdom and all its inhabitants. Modern snorkel boats will give you a narrated harbor cruise on the way to the snorkeling site. While cruising in one of the most beautiful harbors in the world, you will be briefed on historical points of interest as well as the homes of the rich and famous. Once at the snorkel site you will discover that the real beauty of the Bahamas is all wet! You will snorkel in some of the clearest waters ever seen. The staff will guide you along the reef and highlight the fish that you see and are also there to answer any questions that you might have. Please note: Minimum age to participate is 6 years old. The boat anchors for snorkeling. Snorkeling equipment is included.

NATURAL WONDERS

GLASS BOTTOM BOAT - NAS04



Duration
1:30 h

Start your tour with a narrative tour of Nassaus harbor. Here your tour narrator will point out to you historical sites, homes of the rich and famous and also general information of Nassau and the Bahamas. Once the vessel is positioned over the reef, you will be guided down to the viewing deck. Here your glass reporter will give you an informative briefing of all that you see through the glass. Afterwards you will enjoy a slow cruise back through the harbor to the Port while listening to music. A complimentary rum or fruit punch will be served.

ACTIVE & ADVENTURE
DISCOVER NASSAU BY JEEP & BEACH - NAS06

Duration
 3 h

Have yourself some pure unadulterated fun on this self-drive tour around the city of Nassau and New Providence Island, with a beach break on a beautiful private island to look forward to at the end. On leaving the ship, a quick walk from the pier will first be followed by an orientational drive through Nassau en route to the staging area for an initial briefing on driving a 4x4. Once you have been issued a vehicle, you can then choose whether to share the driving or let just one person take the wheel when you board the 4-seater with your friends. Drivers have to be in possession of a valid driving license, which will naturally be checked beforehand. To ensure every guest can listen to the instructions and information provided by the guide leading your convoy, each vehicle is equipped with a walkie-talkie. The touring route then takes you out of Nassau and into the islands lovely interior. Next you'll board the ferry boat for the brief ride to reach Balmoral Island, your beach destination. Upon arrival on the island, you will be greeted by the staff, and then let loose to create your perfect time enjoying the white sand beach. Stretch out on your included lounge chair and umbrella or splash in the azure blue water. Unlimited use of noodles and inner tubes are available, and additional non-motorized water activities including snorkel gear, kayaks and paddle boards are available for rent. Please note: as this is a self-drive tour, guests wishing to drive must be at least 25 years of age and be in possession of and present a valid driving license. Vehicles must remain with the group at all times; any itinerary changes will be made only by the driver/guide in the lead vehicle. Traffic and delays must be expected. You are recommended to bring a towel, swimwear and biodegradable sunscreen. In the interest of safety, a childrens car seat (please reserve in advance) must be used for children under 8 years of age. Jeeps are fitted with an automatic gearbox. No food or alcohol can be brought on to the private island and any discovered upon arrival will be confiscated and disposed of. There are no lifeguards on duty, all guests swim at their own risk.

CATAMARAN REEF SNORKEL & SAIL - NAS07

Duration
 2:30 h

Offering a great combination of cruising and snorkelling, the tour will first see you board a spacious catamaran and set sail for a popular snorkelling site. Instructions and snorkelling gear will be provided during the cruise, so you'll be all set to slip into the water once the boat drops anchor. Your short snorkelling excursion will be accompanied by an experienced guide. The waters around New Providence Island are known for their abundance of aquatic wildlife, so there is every chance you will encounter many varieties of fish and other sea creatures. Once the snorkelling portion has come to an end, you can enjoy some fruit punch or water on the boat as you make your scenic way back to the pier and your ship. Please note: guests must be at least 7 years of age to snorkel; proof of the child's age will have to be provided. Guests under 18 years of age must be accompanied by a paying adult. Snorkelling gear is provided. You are recommended wear swimwear and bring a towel, sunhat and sunscreen. Depending upon wind and weather conditions, the vessel may start the engine. The catamaran features a ladder leading directly into the water. As the snorkelling activity will take place in the open sea, guests must be physically fit. Guests must be capable of getting on and off the catamaran as well as into and out of the water unassisted. For safety reasons, the tour is not suitable for pregnant women.

NASSAU 360? - NAS09

Duration
 3 h

Round out your time in the Bahamas with a trip around the countrys picturesque capital, Nassau, on this 360° sightseeing tour. A short walk from the pier first takes you to your coach, after which you will begin your exploration of the city and the surrounding area. In the early 18th century, the thinly populated Bahamas were taken over by pirates and declared a pirate republic, which then attracted other shady characters such as the infamous pirate, Edward Blackbeard Teach. On leaving the city, you will then head out to the nearby countryside, passing by authentic villages that are rich in history and heritage on the way. The mansions, cathedrals and 18th-century fortresses have been beautifully preserved, so do bring your camera for some snapshots of your tour. Next you'll board the ferry boat for the brief ride to reach Balmoral Island, your beach destination. Upon arrival on the island, you will be greeted by the staff, and then let loose to create your perfect time enjoying the white sand beach. Stretch out on your included lounge chair and umbrella or splash in the azure blue water. Unlimited use of noodles and inner tubes are available, and additional non-motorized water activities including snorkel gear, kayaks and paddle boards are available for rent. Please note: guests are recommended to bring a towel, biodegradable sunscreen and sunglasses. Children must be under the supervision of a parent/guardian at all times during the tour. No food or alcohol can be brought on to the private island and any discovered upon arrival will be confiscated and disposed of. There are no lifeguards on duty, all guests swim at their own risk.

ATLANTIS AQUAVENTURE - BETWEEN 4 TO 4.5 HOURS DURATION - NAS14

Duration
 4 h

Be among the first to discover a new world. Ride swells of rapids in a tropical waterscape and fly down 7-story slides. Atlantis offers unparalleled fun and excitement on this full-day of adventure. The new Atlantis is home to an exhilarating new waterscape of pools, water coasters, body slides and rivers that introduce the next generation of water experiences. At 141 acres, Atlantis has become the largest water themed attraction in the Caribbean. Full access to water park, pools & beaches (towels included for day use). Please note: There is a considerable amount of walking on this tour and guests must be at least 48 inches tall to ride the water slides. Lounge chairs, towels and life jackets are provided. Non-motorized water sports are available for rent. Lockers available at extra cost. No cash, only credit card at outdoor facilities. Return to the ship is on a shuttle basis. Shuttle bus timetable will be communicated before arriving at Atlantis.

SEA & SUN
BALMORAL ISLAND BEACH DAY - NAS18

Duration
 4:30 h


Help yourself to a large portion of sun, sea and sand by stepping off the ship, walking the short distance from the pier and taking a 30-minute ferry to a tiny privately owned landmass sitting in the coastal waters of New Providence. Balmoral Island is your destination and the tropical oasis that will host your half-day stay. You'll be welcomed by island staff on arrival, after which you'll be free to do as you please. In perfect contrast to the hectic pace of Nassau, the islet is a delightfully tranquil spot with sand as pale as sugar, lounge chairs (use included in the price of the tour), azure water, a heated freshwater pool and a variety of bars, each with its own personal ambience. There's even one serving frozen tropical cocktails like piña coladas, daiquiris, margaritas and more, ideal for adding a little extra enjoyment to the process of cooling off. If you're feeling hungry, check out the on-site market for a mouth-watering array of options such as snacks, salads, wraps and freshly cut sandwiches. And if life fails to work without coffee, you'll love the on-site Starbucks, the company's only outlet on a private island. Shade can be found at the patios and bars, but also on the beach under an umbrella, which are available on a first come, first served basis. Please note: additional non-motorised water activities including snorkel gear, kayaks and paddle boards are available for hire. Toilet facilities are located around the island as well as freshwater showers and footbaths. The cost of any food and drinks purchased on the island is not included in the price of the tour; guests are advised that bringing food and/or alcoholic drinks onto the island is prohibited. Any food and/or alcoholic drinks found to have been brought onto the island will be confiscated and destroyed. Guests under 18 years of age must be accompanied by a paying adult while on Balmoral Island. There are no lifeguards and all guests swim at their own risk.

NATURAL WONDERS
BALMORAL ISLAND BEACH DAY & STINGRAY ENCOUNTER - NAS19

Duration
 4:30 h


Life rarely gets better than this: a privately owned tropical islet that caters to every creature comfort, a stunning beach and a chance to interact with stingrays in the shallows. To experience it for yourself, leave the ship for the short walk followed by a ferry crossing to Balmoral Island, where you'll be welcomed by staff, given a briefing, asked to complete some paperwork and sign a waiver. That done, your stingray meet and greet will commence in waist-high water under the supervision of the handler. Stroke, feed and even pose with your ray for a photo (available for purchase at extra cost after the encounter). What comes next is entirely up to you. To complement the beach, the island also features beach chairs (free to use), a heated freshwater pool, patios, beach umbrellas (subject to availability) and four different bars, one even serving delicious frozen cocktails (not included in the tour price). And if hunger strikes, snacks, salads, wraps and freshly cut sandwiches can be purchased at the on-site restaurant. You can even grab coffee to go with your food, since Balmoral Island boasts its very own Starbucks outlet, the only one on a private island. Please Note: Minimum age to participate is 5 years old. Additional gear for non-motorised water activities such as snorkelling, kayaking and paddle boarding is available for hire at extra cost not covered by the price of the tour. Toilet facilities are located around the island as well as freshwater showers and footbaths. To ensure the welfare of the stingrays, other marine wildlife and the coral reef, loose items such as jewellery and cameras cannot be taken into the water. The cost of any food and drinks purchased on the island is not included in the price of the tour; guests are advised that bringing food and/or alcoholic drinks onto the island is prohibited. Any food and/or alcoholic drinks found to have been brought onto the island will be confiscated and destroyed. Guests under 18 years of age must be accompanied by a paying adult while on Balmoral Island. There are no lifeguards on duty and all guests swim at their own risk. Personal photos cannot be taken in the marine encounter/habitat area. Guests not on a marine-encounter tour will not have access to the marine encounter/habitat area.

SCENIC ROUTE
SEE & SEA TOUR - NAS21

Duration
 3 h


See the key sights of Nassau city and venture out into its nearshore underwater world on this entertaining tour. After first taking you on a look around the harbour and past Paradise Island for views of its splendid villas, Nassau's only semi-submarine will submerge and cruise through the fascinating aquatic universe. Looking through your own window from the comfort of your seat, the fully air-conditioned and narrated ride will give you a unique opportunity to marvel at the reef and its many and varied inhabitants without having to take to the water yourself. On your return to dry land, you'll board a coach for a drive-by roundup of city must-sees. The route will take you past such landmarks as Rawson's Square and the parliament buildings and will also include a stop at Fort Fincastle, one of Nassau's highest points and adjacent to the Queen's Staircase. Your outing then wraps up with your return to the ship. Please note: guests must be capable of navigating 10 steps to board and disembark from the semi-submarine. The order in which the land-based portion of the tour is run may vary to suit traffic conditions.



MSC

EXCURSIONS

Discoveries designed for you

NATURAL WONDERS

BALMORAL ISLAND DOLPHIN ENCOUNTER & BEACH DAY - NAS22

Duration 4:30 h [Icons: Clock, Hand, Dolphin]

Fancy doing a bit of a disappearing trick and taking yourself off the ship to spend some time on a private island, complete with a unique wildlife encounter? This tour will see you off to for Balmoral Island, across from the coast of New Providence. After being greeted on arrival you will be required to fill out paperwork which includes signing a waiver, with a short orientation to inform you about dolphins and what to expect during your meet and greet encounter. A short walk later you'll be wading into the shallow water and, in the company of the experienced dolphin trainer, get to enjoy some time in close quarters to one of these lovable marine mammals. Apart from answering any questions you may have, the trainer will demonstrate a variety of behaviours, introduce you to the dolphin and even have it give you a kiss! You can also purchase a photo of your unique encounter once you're back on dry land, after which you'll have time at leisure to relax on the lounge chairs included in the outing or go for a refreshing swim before you leave and return to the ship. Guests must be at least 7 years of age to take part and must be accompanied by a paying adult throughout the encounter and any guest under the age of 18 must be accompanied by a paying adult while on Balmoral Island. Gear for additional non-motorised water sports, including snorkelling, kayaking and paddle-boarding, can be rented at extra cost not covered by the price of the tour. A freshwater pool will also be nearby for guests not wishing to get sand on their feet. Umbrellas are available on the beach on a first come, first served basis and toilet facilities, freshwater showers and footbaths are located around the island. The cost of any food and drinks purchased on the island is not included in the price of the tour. Guests are further advised that it is not permitted to bring any food and/or alcoholic drinks onto the island. Any such items found to have been brought on the island will be confiscated and destroyed. There are no lifeguards on duty and guests will have to swim at their own risk. In the interest of dolphin welfare, guests will not be permitted to enter the water with any kind of loose items such as jewellery, cameras, mobile phones or any other object/device with a strap. Personal photos cannot be taken in the marine encounter/habitat area. Small lockers are provided for guests to use, but only for the time the dolphin encounter takes.

BALMORAL ISLAND DOLPHIN SWIM & BEACH DAY - NAS23

Duration 4:30 h [Icons: Clock, Hand, Dolphin]

Grab this perhaps once-in-a-lifetime chance to swim among dolphins on the private Balmoral Island, located just off the coast of New Providence. Island staff will greet you on arrival and require you to fill out some paperwork and sign a waiver. Then you'll get your life jacket and a briefing on what to expect from the experience, after which you'll make your way to the shallow water to meet the dolphin. A dolphin trainer will remain on hand to answer any questions you may have, show a number of dolphin behaviours and then introduce you to your dolphin. You'll be able to purchase a photo of your unique encounter later. You'll also then have time to swim among these marvellous marine mammals, enjoying this communion with one of Mother Nature's most intelligent beings. After your rendezvous with dolphins, you'll have time to relax on the complimentary lounge chairs or go for a dip in the water before you return to the ship. Please Note: All participating guests must be able to swim and be at least 7 years of age and must be accompanied by a paying adult throughout the dolphin swim. Any guest under the age of 18 must be accompanied by a paying adult while on Balmoral Island. Gear for additional non-motorised water sports, including snorkelling, kayaking and paddle-boarding, can be rented at extra cost not covered by the price of the tour. A freshwater pool will also be nearby for guests not wishing to get sand on their feet. Umbrellas are available on the beach on a first come, first served basis and toilet facilities, freshwater showers and footbaths are located around the island. The cost of any food and drinks purchased on the island is not included in the price of the tour. Guests are further advised that it is not permitted to bring any food and/or alcoholic drinks onto the island. Any such items found to have been brought on the island will be confiscated and destroyed. There are no lifeguards on duty and guests will have to swim at their own risk. In the interest of dolphin welfare, guests will not be permitted to enter the water with any kind of loose items such as jewellery, cameras, mobile phones or any other object/device with a strap. Personal photos cannot be taken in the marine encounter/habitat area. Small lockers are provided for guests to use, but only for the time the dolphin programme takes. Guests not on a marine encounter will not have access to the marine encounter/habitat area.

BLUE LAGOON ISLAND BEACH DAY & SEA LION ENCOUNTER - NAS24

Duration 4:30 h [Icons: Hand, Dolphin]

Blue Lagoon Island Beach Day & Sea Lion Encounter

SOMETHING SPECIAL

BLUE LAGOON ISLAND VIP BEACH EXPERIENCE - NAS25

Duration 4:30 h [Icons: Hand, Glass, Utensils, Dolphin]

Blue Lagoon Island VIP Beach Experience

SCENIC ROUTE
ACCESSIBLE HIGHLIGHTS OF NASSAU SMALL GROUP EXCURSION - NAS27

Duration
 5 h

Accessible Highlights of Nassau Small Group Excursion

 *Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*

ACCESSIBLE HIGHLIGHTS OF NASSAU SMALL GROUP EXCURSION - NAS27A

Duration
 5 h

Accessible Highlights of Nassau Small Group Excursion

 *Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*

SEA & SUN
BLUE LAGOON ISLAND BEACH DAY - WITH LUNCH - NAS28

Duration
 5 h

Blue Lagoon Island Beach Day - with Lunch

SOMETHING SPECIAL
BALMORAL ISLAND SMALL CABANA - NAS30

Duration
 45 h

Balmoral Island Small Cabana

NATURAL WONDERS
BALMORAL ISLAND SMALL CABANA - SUPPLEMENT FOR 3RD AND 4TH GUEST - NAS30SUP

Duration
 45 h

Balmoral Island Small Cabana - supplement for 3rd and 4th guest

The excursions in the programme are intended to provide MSC Guests with an idea of the different tours that can be arranged in each port of call; this programme is merely a guide and confirmation of each excursion and its description and prices will be made during your cruise.
 Shore excursions programs and itineraries may vary depending on local conditions and/or any unforeseen events in relation to the timing on the day of the tour.

Some excursions are very popular and therefore availability cannot always be guaranteed, it is advisable to book in advance to avoid disappointment.

ALL AREAS

The tour can be provided in 5 languages (ENG-DEU-FRA-ESP-ITA) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

ONLY SOA

The tour can be provided in 6 languages (ENG-DEU-FRA-ESP-ITA-POR) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

Miami

Sat 12 January 2019

EXPLORER PACKAGE OCHO RIOS OCH29 GRAND CAYMAN GCA61 COSTA MAYA CMY28 - EXPSEA28



Duration
00 m

Explorer package OCHO RIOS OCH29 GRAND CAYMAN GCA61 Costa Maya CMY28

NATURAL WONDERS

EVERGLADES TOUR - ENDS AT MIAMI INTERNATIONAL AIRPORT - MIA01D



Duration
4 h



Round off your cruise experience with a trip to one of the worlds most primal wetland areas, which occupies a sizeable portion of southern Florida and gives an impression of how the state would have looked many millennia ago: the Everglades. After boarding an airboat, you'll embark on a thrilling ride that not only offers numerous photo opportunities, but will also give you a chance to do a bit of wildlife spotting on the way. At the end of your trip, you'll have time to browse the gift shop before you are transferred to Miami International Airport to end the tour. Please note: this tour is intended for guests disembarking from Miami who are booked on a flight from Miami International Airport after 16:00 hours/4:00 pm.. Guests using a wheelchair who wish to participate are required requested to contact the Shore Excursions Desk 48 hours prior to the tour. Guests disembarking in Miami who wish to book and prepay the tour are required requested to use code MIA01D.

EVERGLADES TOUR - FOR GUESTS IN TRANSIT - MIA01T



Duration
4 h



A peek at a part of Florida that has remained largely unchanged for several millennia ago is on the itinerary of this outing, which will see you board an airboat and roam the vast wetland area known as the Everglades that covers the southern portion of the US state. Great photo opportunities abound as you make your way through the primeval mangroves and keeping your eyes peeled may well yield fascinating wildlife sightings. You'll also have time to browse in the gift shop before you are returned to the cruise terminal and your ship. Please note: guests using a wheelchair who wish to participate are required to contact the Shore Excursions Desk 48 hours prior to the tour. Guests in transit in Miami who wish to book and prepay the tour are required to use code MIA01T.

CITY TOUR

MIAMI CITY TOUR - ENDS AT MIAMI INTERNATIONAL AIRPORT - MIA02



Duration
5 h



Seize this opportunity to add a final flourish to your cruise by paying the city of Miami, the symbol of Florida, a visit. From the comfort of a modern coach, you'll be able to soak up the scenery as you pass Miami Beach, travel through the beautiful Art Deco district and take in the city's main neighbourhoods and streets. Time permitting, you'll also be able to do some shopping at the Bayside Marketplace a large entertainment and retail complex once heavily featured on the TV series, Miami Vice before the tour draws to a close with your transfer to Miami International Airport. Please note: the tour is intended only for guests disembarking in Miami who are booked on a flight departing from Miami International Airport after 16:45 hours/4:00 pm.

MINI CITY TOUR MIAMI AND DOLPHIN MALL - ENDS AT MIAMI INTERNATIONAL AIRPORT - MIA03



Duration
5 h



Add a final treat to the last day of your cruise by making a date with the vibrant city of Miami on this coach-based sightseeing tour, which ends with your transfer to Miami International Airport. Apart from a chance to enjoy views of the splendid Miami Beach and a whistle-stop round-up of city sights, you'll also get to enjoy some retail therapy at one of Miami's largest shopping centres: the Dolphin Mall. With more than 240 retail outlets divided into three distinct zones Playa, Ramblas and Moda this is the perfect spot to pick up a souvenir. Please note: the tour is intended only for guests disembarking in Miami who are booked on a flight departing from Miami International Airport after 16:45 hours/4:00 pm.

SCENIC ROUTE
HOP ON HOP OFF MIAMI CITY TOUR-FOR IN TRANSIT GUESTS - MIA04

Duration
 2 h


Make every moment of your holiday count even when you're in transit on a tour that offers you a chance to explore Miami at your leisure. With a choice of two exciting routes you will have the greatest possible freedom of movement. Your first stop after leaving the pier will be Miami's Big Bus Central Station, from where you can then take either the Beach Loop or City Loop on the open-topped hop-on/hop-off double-decker bus. During the 90-minute loops, you'll be able to get on and off at any of the 25 stops to do your own thing. With buses running at approx. 30-minute intervals on the, you'll remain free to plan your outing to suit your personal schedule, returning to the cruise terminal at your own discretion. Please note: this tour is only available for guests who are in transit in the port of Miami. Depending on the day return transport to the cruise terminal will be via shuttle bus or directly from the hop on hop off bus.

HOP ON HOP OFF MIAMI CITY TOUR-FOR DISEMBARKING GUESTS - MIA05

Duration
 3 h


If you're disembarking in Miami, why not spend a few hours soaking up the city's inimitable Art Deco charm on a tour that lets you decide what you want to see from the comfort of an open-topped hop-on/hop-off double-decker bus? A short drive from the cruise terminal will take you to Miami's Big Bus Central Station, from where you can then have your choice of two exciting loops; the Miami Beach Loop or the City Loop, Each loop is approximately 90 minutes from start to finish. You'll be free to hop off and on again at any one of the 25 stops along each route, with buses running at intervals of about 30 minutes. All routes end at the Big Bus Central Station at the Bayside Marketplace. Return whenever you like to suit your flight schedule and catch the shuttle to your respective airport, with some lovely memories to take with you as you fly home. Please note: this tour is available (1) for guests booked on flights departing from Miami International Airport after 2 pm to destinations within the USA or after 3 pm to international destinations, (2) for guests booked on flights departing from Ft. Lauderdale-Hollywood International Airport after 3:30 pm to destinations within the USA or after 4.30 pm to international destinations and (3) for guests with a reservation at a local hotel for an extended stay. Upon completion of the tour, shuttle buses from the Bayside Marketplace to Miami International Airport depart at 1:00 pm, 3:00 pm and 5:00 pm. Shuttle service to Ft Lauderdale Airport is available at 1:00 pm, 3:00 pm and 5:00 pm. For guests booked into a local hotel for an extended stay, a taxi service is available at additional expense. Luggage can be picked up at Central Station at any time between 10:30 am and 4:45 pm.

CITY TOUR
GRAND TOUR: EVERGLADES & BEST OF MIAMI - ENDS AT MIAMI INTERNATIONAL AIRPORT - MIA09D

Duration
 7:30 h


This excursion provides a unique way to see what South Florida is all about, a unique mix of art, architecture, people and culture from everywhere and beautiful beaches and wild nature. Great photo opportunities and lots of free time to discover and enjoy a very special place! On this combined Everglades and Miami tour you will discover the many facets of this area. Travel into the wild nature of the Everglades on an airboat, spot the local wildlife and assist to a live alligator show. Back to civilization you will discover and cruise through many vibrant areas like Little Havana, the Art Deco District and colorful Wynwood. You will have free time for lunch and shop. Please Note: Food is not included in the tour price; time will be given during the tour though to have lunch at your own expenses. This tour ends at Miami port for transit guests and at Miami airport for guests who are disembarking and booked on flights leaving from MIA Airport after 7.30pm. The duration of the tour also includes the time for transfer to the airport. To book this tour, please use code MIA09T if you will be in transit in Miami or code MIA09D if you will be disembarking in Miami.

GRAND TOUR: EVERGLADES & BEST OF MIAMI - FOR IN TRANSIT - MIA09T

Duration
 7:30 h


Grand Tour: Everglades & Best of Miami - For In Transit

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ALL AREAS

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ONLY SOA

The tour can be provided in 6 languages (ENG-DEU-FRA-ESP-ITA-POR) and it depends on the availability of guides. The final language will be confirmed on board during your cruise



MSC

EXCURSIONS

Discoveries designed for you

Ocho Rios

Mon 14 January 2019

ACTIVE & ADVENTURE

BAMBOO RAFTING ON THE MARTHA BRAE - OCH02

 **Duration**
5:30 h



Venture to one of the most picturesque places in Jamaica, the "Land of Wood and Water", for a unique Jamaican experience. Enjoy a countryside drive along the coast; see the rural life-style of Jamaica en route to the Martha Brae rafting center where you will be greeted with a welcome tropical drink on arrival. Picture yourself on a bamboo raft built for two, gliding slowly down a river that meanders gently through whispering groves of bamboo and ferns. As the raft makes its way past shaded banks and dappled sunlight as the mild river breeze washes over you, hear the story of the Matibereon as you float along the river, relaxing in an atmosphere of tranquility. Arriving at the Rafter's Rest, the bus await for the return trip to Ocho Rios. The final stop on your excursion takes you to Taj Mahal Shopping Centre for a chance to browse for that perfect souvenir to remind you of your visit to Ocho Rios. Please Note: The raft carries two passengers and is guided by an expert rafts-man. Insect repellent is advisable.

NATURAL WONDERS

DOLPHIN ENCOUNTER & DUNN'S RIVER FALLS - OCH13

 **Duration**
4 h



Enjoy a short drive in air-conditioned comfort to the world famous Dunns River Falls where you will climb 600 feet of cool refreshing water as it cascades over natural limestone terraces. Guides are provided to assist you when ascending the rushing waters as it plunges directly into the pristine Caribbean Sea. After this invigorating experience you are transported to Dolphin Cove, where you will participate in a brief orientation and then enter the world of nature's most fascinating creatures: The Dolphins. Get to know these gentle creatures from a platform in shallow water, experience the emotion as you caress these beautiful animals; enjoy a splash and even a kiss or two. Visit "Little Port Royal" a replica of Jamaica's most famous pirate "Haunt" and witness pirates roaming through town. Browse through the largest gift shops of any attraction in Jamaica, stocked with the widest range of dolphin souvenirs. Listen to the rhythms of the Caribbean music. Shuttle buses are available at 10-minute intervals to return you to the ship or optional shopping at your convenience. Please Note: We recommend comfortable clothing, Comfortable Shoes, Water Shoes to climb the falls, Swim Wear, Change of Clothes, Towels, Sun Screen. lockers are available for rent at both Dunns River Falls and Dolphin Cove. Children 8 and Under must be accompanied by an adult. Guests will be required to sign a waiver which may only be available in English. Guests under the age of 18 years must have an adult to sign the waiver form. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. Guests will not be permitted to jump from the falls.

DOLPHIN SWIM & DUNN'S RIVER FALLS - OCH14

 **Duration**
4 h



Enjoy a short drive in air-conditioned comfort to the world famous Dunns River Falls where you will climb 600 feet of cool refreshing water as it cascades over natural limestone terraces. Guides are provided to assist you when ascending the rushing waters as it plunges directly into the pristine Caribbean Sea. After this invigorating experience you are transported to Dolphin Cove, where you will participate in a brief orientation and then enter the world of nature's most fascinating creatures: The Dolphins. Get to know the animals as you interact with them in deep water. Experience the thrill of "riding the dolphin belly to belly. Dance, sing, play and even enjoy a kiss or two. Visit "Little Port Royal" a replica of Jamaica's most famous pirate "Haunt" and witness pirates roaming through town. Browse through the largest gift shops of any attraction in Jamaica, stocked with the widest range of dolphin souvenirs. Listen to the rhythms of the Caribbean music. Shuttle buses are available at 10-minute intervals to return you to the ship or optional shopping at your convenience. Please note: guests must be at least 7 years of age to take part. We recommend comfortable clothing, Comfortable Shoes, Water Shoes to climb the falls, Swim Wear, Change of Clothes, Towels, Sun Screen. Lockers are available for rent at both Dunns River Falls and Dolphin Cove. Children 8 and Under must be accompanied by an adult. Guests will be required to sign a waiver which may only be available in English. Guests under the age of 18 years must have an adult to sign the waiver form. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. Guests will not be permitted to jump from the falls.

ACTIVE & ADVENTURE

GOLF AT UPTON GOLF COURSE - OCH26

 **Duration**
5:30 h

The course at the Sandals Golf & Country Club, formerly the Upton Golf Club, provides a formidable test for even the most skilled golfers. The 18-hole golf course stretches out over heavily undulating terrain that is covered in dense vegetation including verdant fruit trees and exotic tropical flowers. Out-of-bounds stakes and strategically placed bunkers spread throughout require precision and strategy. Small, sloped greens and a topography that plays mostly uphill provide additional challenge. More than just a difficult golf course, golfers can also enjoy panoramic ocean and mountain vistas. The Sandals Golf & Country Club also offers practice facilities including a putting green and driving range. Please note: To avoid disappointment, guests are requested to follow the Golf Clubs strict dress code: Jeans are not allowed. Proper attire includes a collared shirt, tailored non-denim shorts or pants/slacks with sport socks and golf shoes. No halter tops, or bathing suits allowed. Guests will be required to sign a waiver which may only be available in English. Price of the tour includes Green fee, shared golf cart, use of the practice facility and golf club rental.

KAYAKING & DUNN'S RIVER FALLS - OCH28



Duration
4 h

Enjoy a short drive in air-conditioned comfort to Dolphin Cove, where you are met by our friendly hostesses and given a complimentary fruit drink. After a brief orientation and being fitted with your life vest enter your Kayak to take a guided journey on the Crystal Clear Caribbean Sea to Dunns River Falls. You will be amazed and fascinated at the underwater world and its spectacular beauty. See the wonders of waterfalls and enjoy fantastic photo opportunities on your way to Dunn's River Falls. As you approach Dunns River enjoy a truly spectacular view of the Caribbeans most famous Water Fall. Upon arrival to the world famous Dunns River Falls your friendly hostesses will lead you to your capable guides who will assist you in climbing the 600 feet of cool refreshing water as it cascades over natural limestone terraces. After this invigorating experience you are transported back to Dolphin Cove by bus (approx. 5 mins.) where you can learn about Jamaican culture and enjoy the amenities. Shuttle buses are available at 10-minute intervals to return you to the ship and optional shopping at your convenience. Please Note: We recommend comfortable clothing, Comfortable Shoes, Water Shoes to climb the falls, Swim Wear, Change of Clothes, Towels, Sun Screen. Lockers are available for rent at both Dunns River Falls and Dolphin Cove. This Tour is not recommended for pregnant women, people with back or neck injuries, heart and respiratory conditions. Children under the age of 12 must be accompanied by a paying adult. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. Guests will not be permitted to jump from the falls.

OCHO RIOS & DUNN'S RIVER FALLS - LUNCH INCLUDED - OCH29



Duration
5:30 h

Time to leave the ship and instead visit one of Jamaica's premiere attractions, the gorgeous Dunns River Falls near Ocho Rios, which you'll reach after a scenic drive. A plaque provided by the Jamaican Historical Society marks the spot as the site of the battle of Las Chorreras, fought by the English and the Spanish over land rights in 1657 with the English as the victors. The land was ultimately acquired by the Jamaican government in 1972, since which time it has served locals and visitors alike as a popular recreational area and park. The spring water that feeds the falls is rich in calcium carbonate, which results in deposits of travertine and makes the falls a self-regenerating living phenomenon. After a drive to the Dunns River, your guide will lead you up the naturally terraced river bed as part of a human chain. The climb includes a short pause at the so-called massage parlour, where the cascading water can soothe tired shoulders. As an alternative to the climb, there are safe spots from which to watch the others ascend the falls. Next up is a tasty Jamaican buffet lunch by the sea, after which a sightseeing drive around Ocho Rios rounds off the tour before you return to the ship. Please note: guests are recommended to wear swimwear under comfortable clothing, high-factor sunscreen and to bring a towel plus a change of clothing if swimwear is not worn at the waterfall. Slip-proof or water shoes should be worn since climbing the falls many terraced steps is both strenuous and very slippery. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. Guests will not be permitted to jump from the falls.

HORSEBACK RIDE & SWIM - OCH31



Duration
00 m

After leaving the ship and boarding an air-conditioned coach, this equestrian excursion begins with a scenic drive along the beautiful Jamaican coastline to reach the stables where you will saddle up prior to going for a ride. Experienced guides will accompany your horseback experience, providing information on the island's rich history, culture, flora and fauna on the way. Look forward to enjoying the fresh breeze in your face and breathtaking views of the Caribbean Sea as you travel towards Chukka Beach for the water-based leg of the tour. After your mounts have been unsaddled by your guides, you can then ride bareback right into the Caribbean Sea a swimming experience like no other. To round off the outing, there will be time for you to visit the gift shop. Cold drinks and jerk chicken are also available for purchase at the bar and grill. A scenic return journey to the ship brings the tour to a close. Please note: guests must be at least 6 years of age, weigh no more than 250 lbs. and be required to sign a waiver form, which may only be available in English, to take part in the tour. The tour is not suitable for pregnant women.

BOBSLED JAMAICA & FALLS - OCH32



Duration
4:30 h

Board your air-conditioned transportation for the brief drive to Dunns River Falls. Upon arrival follow the local guide as they lead you up the 600 feet of cascading and slippery falls that empty into the Caribbean Sea. After this refreshing and exciting climb return to the transportation for the short drive to Mystic Mountain. Embark the Sky Explorer chairlift for a fun ride up 700 feet through the tropical forest canopy. At the peak spend a few minutes exploring the interesting educational displays about the history and culture of Jamaica and her people. Next, get ready for the thrill of your life on the one and only Jamaica Bobsled adventure ride. After an orientation embark your specially made bobsled and hold on as it plunges through 2780 feet of twists and turns down the mountain. After coming to a controlled stop, you are lifted back to the top on an elevated tramway. Admire the panoramic views. Hop a ride on the Sky Explorer chairlift back to the bottom. Please Note: Guests will be required to sign a waiver which may only be available in English. Wear sturdy rubber-soled shoes or bring a pair with you if you choose to climb Dunn's River Falls. Please be advised that the Falls can be very slippery in places. Jumping from the falls is not permitted. Bring a swim suit and towel; lockers are available at the falls for a nominal fee. Children must be at least 54 in height to ride the bobsled without being accompanied by a paying adult. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. The order of the tour may be reversed.

DUNN'S RIVER FALLS EXPRESS - OCH34



Duration
3 h

Leave the ship for a while and instead venture out to one of Jamaica's most popular natural wonders, the Dunns River Falls near Ocho Rios, which you'll reach by coach. The waterfall is fed by spring water with a high concentration of calcium carbonate, which in turn leaves deposits of a rock called travertine. As a result, the falls count as a living and growing phenomenon. Once at the falls and following a safety briefing, you'll form a human chain and be led up the naturally terraced river bed by your experienced guide. Then enjoy a stop at the so-called massage parlour and experience the soothing effect of the cascading water on its way to the sea. For a more leisurely look at the falls, you can also spend the time comfortably seated on the terrace or deck and simply watch the proceedings. The surrounding forest, by contrast, provides the perfect setting for a walk through tropical vegetation including ferns, bamboo, ginger lilies, orchids, palms and breadfruit trees. Your return to the ship finally brings the tour to an end. Please note: guests are recommended to bring a towel as well as to wear high-factor sunscreen, swimwear and non-skid water shoes, since climbing the many steps of the falls is both strenuous and slippery. Water shoes are available for hire at the waterfall. Guests wishing to climb the falls must be at least 92 cm/3 ft. in height. Guests will not be permitted to jump from the falls.



MSC

EXCURSIONS

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SOMETHING SPECIAL

FLAVORS OF JAMAICA - LUNCH INCLUDED - OCH36

Duration 4 h [Icons: wheelchair, hand, crossed-out fork and knife]

Good food is one of lifes most basic pleasures and this half-day tour will give you a chance to cook up some of Jamaicas varied cuisine yourself. Whether youre a budding master chef or tend to shun the kitchen, youll find this experience is at once fun, educational and a treat for your taste buds. Youll first travel from Ocho Rios to the beautiful Prospect Plantation Great House, which originally dates back to the 18th century. During a visit to Jamaica in the early 50s, Sir Winston Churchill planted a mahogany tree in the grounds, under which you will first be greeted by your friendly hostess and then taken on a scenic walk through the ornamental gardens. There is also a fabulous view of the sea to enjoy before you head for the veranda and your cooking class. With chef Irie at the helm and you at your own workstation, youll find out how to make Dolphin Cove Special Blend Jerk Sauce and coconut with shrimp, prepare a leafy green called callaloo ready for steaming and knead dough for lovely little deep-fried dumplings known as Jamaican festivals. Youll also prepare your own jerk chicken, which you can then savour when you sit down for a typically Jamaican lunch. The outing ends with your return to the ship. Please note: guests must be at least 10 years of age to take part. Guests are further recommended to wear comfortable clothing and shoes. Guests are advised to leave jewellery and other valuables on board the ship. Beverages are available at additional cost not covered by the price of the tour.

NATURAL WONDERS

ISLAND SIGHTSEEING & GREEN GROTTTO CAVES - OCH39

Duration 4 h [Icons: wheelchair, hand]

Take a scenic drive through the town of Ocho Rios, which is known for its abundant rainfall, verdant landscapes and rolling hills. Other outstanding vistas will be seen along the way, as you travel to Green Grotto Caves, for a touch of adventure and a journey into the underground. The caves are situated no more than 1 km from the spot where Christopher Columbus landed in 1494 and the fact that Runaway Caves numbers among their many former names is testament to one of the uses to which they were put in the 18th century. The caverns also provided sanctuary for the Spanish in the 17th century, later facilitated the activities of arms smugglers and were then used to store rum. Impressive dripstone formations such as stalactites and stalagmites, interconnected passages leading to larger chambers and the grotto itself with a pool of crystal-clear water are just some of the attractions that go to make this place so special. On your way back to the surface, a stop will be made at the so-called Wishing Well, a pool into which youll do well to throw a coin, for luck, for love, for anything your heart desires. Once you return the surface, the coach will be waiting to take you back to your ship in Ocho Rios. Please note: this tour is considered to be unsuitable for guests with mobility problems.

ACTIVE & ADVENTURE

CATAMARAN SAILAWAY, BEACH & SNORKEL - OCH42

Duration 4 h [Icons: wheelchair, hand, crossed-out fork and knife, swimmer]

Step aboard the Chukka Catamaran and Sail Away for an unforgettable experience which affords you an unmatched opportunity to be at one with nature. The warm smiles and hospitality of the crew will start your day off right onboard the catamaran. After suiting up with your snorkel equipment, glide majestically through the beautiful turquoise Caribbean Sea and enjoy astounding views of the aquatic world around you. Explore the reefs and be mesmerized by the natural beauty of the mysterious underwater world. Then youll arrive at the beach where you can relax on the white sand, enjoy the scenery, or hang out at the beach bar grill. Once youve had your fill, re-board the catamaran for the party cruise as the crew teaches you a dance-move or two while you enjoy a signature rum punch. This is the perfect way to enjoy a slice of paradise. Fun for the entire family! Please note: Change of clothing and swimwear are recommended, should guests decide to go snorkeling. Beverages are included in the tour price however alcohol will not be served before snorkeling. Food may be purchased at an additional cost at the beach. The tour begins with an escorted walk from the ship to the pickup point of the catamaran which is about a 5 minutes walk, this will also be the drop off point of the catamaran at the end of the tour, at which point you can make your own way back to the ship. Waiver forms are required to be signed. Minimum age to participate to the tout is 6 years. All children between 6-12 years are required to wear a life vests. All guests are required to wear life vests when going snorkeling. All guests are to adhere to the safety instructions given by the Captain and crew on board the catamaran at all times. Guests will be tendered to the beach on windy days. Guests will be required to sign a waiver which may only be available in English.



MSC

EXCURSIONS
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SOMETHING SPECIAL

BOB MARLEY'S NINE MILE - WITH LUNCH - OCH43

Duration
5:30 h

Nine Mile is a mountain village in the parish of St. Ann, a little inland from Jamaica's northern coastline. So far, so unspectacular were it not for the fact that Nine Mile happens to be the birth- and final resting place of the king of reggae: Bob Marley. To pay your respects, simply board the air-conditioned coach and enjoy some of the man's greatest hits as you make your way through Jamaica's scenic rural countryside to reach your destination. A small Ethiopian-style church houses the marble mausoleum in which Marley's remains have been entombed along with his guitar. After the visit, you'll travel via Higgins Town and St. Ann's Bay to reach the local jerk centre for an authentic Jamaican lunch featuring the tasty seasoning. The return journey to the ship then brings the tour to an end. Please note: guests must be at least 18 years of age in order to participate. At the Nine Mile gate there may be some Rastafarians selling local items. Once inside the gates of Bob Marley's birthplace it is quite the Rastafarian paradise. Guests are recommended to wear comfortable shoes with grip as there is some incline to the terrain. This tour is not recommended for guests suffering from back problems. The roads are narrow and winding. Participating guests must be able to climb 75 steps at the Bob Marley location. Guests will be required to sign a waiver which may only be available in English.

SEA & SUN

BAMBOO BEACH BREAK - OCH44

Duration
4 h

A short coach ride from the pier is all that separates you from one of the finest stretches of shoreline Ocho Rios has to offer: the Bamboo Beach Club. On arrival, you'll be met by your guide and shown your complimentary beach chair. Then you'll be free to chill out in the shade provided by 100-year-old almond trees or seek out a sunny spot by the water to work on your tan. Or take to the water for a refreshing swim, all the while surrounded by glorious views. And lots of reggae music, of course. Time permitting, a quick shopping break is also included on the way back to round off the tour. Please note: beachside massages and snorkel gear hire are available at extra cost. Free WiFi is available near the main bar area. Guests are recommended to bring a beach towel, high-factor sunscreen, a camera, and some cash or a credit card to cover additional purchases. Guests are also recommended to wear swimwear under comfortable clothing. Guests must be at least 18 years of age to consume alcohol. Guests wishing to book the tour inclusive of lunch and unlimited drinks are requested to book tour code OCH44A (dishes will be served tapas style).

BAMBOO BEACH CLUB - WITH SNACKS & DRINKS - OCH44A

Duration
4 h

Bamboo Beach Club - With Snacks & Drinks

SOMETHING SPECIAL

BAMBOO BEACH CLUB VIP PACKAGE - OCH45

Duration
4 h

Prepare to be pampered on this VIP outing to the gorgeous Bamboo Beach Club, one of Ocho Rios' best, and relax to the max in the shade or in the hot Jamaican sun. You can look forward to splendid sea views, the uplifting sound of reggae, refreshing beverages and gourmet cuisine, all wrapped up in first-class service. While you stretch out on padded loungers and sip a glass of something delicious, you can watch the chefs as they prepare your tasty meal. The on-site hostesses will then serve you where you sit or at a seaside dining table, whichever you prefer. And to add an extra highlight to your stay, you'll also be entertained by dancers and drummers performing on the beach. Time permitting, a short stop for you to go shopping is also included on the way back to your ship. Please note: beachside massages and snorkel gear hire are available at extra cost. Free WiFi is available near the main bar area. Guests are recommended to bring a beach towel, high-factor sunscreen, a camera, and some cash or a credit card to cover additional purchases. Guests are also recommended to wear swimwear under comfortable clothing. Guests must be at least 18 years of age to consume alcohol. Dishes will be served tapas style. This tour is only available for guests travelling onboard MSC Seaside.

CITY TOUR

SCENIC OCHO RIOS & BEACH BREAK - OCH46

Duration
5 h

Scenic Ocho Rios & Beach Break

SCENIC ROUTE
ACCESSIBLE HIGHLIGHTS OF JAMAICA SMALL GROUP EXCURSION - OCH49

Duration
 6 h

Accessible Highlights of Jamaica Small Group Excursion


Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.
ACCESSIBLE HIGHLIGHTS OF JAMAICA SMALL GROUP EXCURSION - OCH49A

Duration
 6 h

Accessible Highlights of Jamaica Small Group Excursion


Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.
ACTIVE & ADVENTURE
ZIPLINE CANOPY OVER DUNN'S RIVER FALLS & LUNCH - OCH50

Duration
 45 h

Zipline Canopy OVER Dunn's River Falls & Lunch

RIVER TUBING SAFARI - OCH51

Duration
 3 h

River Tubing Safari

DUNNS RIVER FALLS & CHILL AT REGGAE HILL - OCH52

Duration
 65 h

Dunns River Falls & Chill at Reggae Hill

SEA & SUN
PUERTO SECO BEACH GETAWAY - OCH53

Duration
 5 h

Puerto Seco Beach Getaway



MSC

EXCURSIONS

Discoveries designed for you

ACTIVE & ADVENTURE

BRIMMER HALL PLANTATION TOUR & BEACH - WITH LUNCH - OCH54



Duration
55 h



BRIMMER HALL PLANTATION TOUR & BEACH - WITH LUNCH

The excursions in the programme are intended to provide MSC Guests with an idea of the different tours that can be arranged in each port of call; this programme is merely a guide and confirmation of each excursion and its description and prices will be made during your cruise.
Shore excursions programs and itineraries may vary depending on local conditions and/or any unforeseen events in relation to the timing on the day of the tour.

Some excursions are very popular and therefore availability cannot always be guaranteed, it is advisable to book in advance to avoid disappointment.

ALL AREAS

The tour can be provided in 5 languages (ENG-DEU-FRA-ESP-ITA) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

ONLY SOA

The tour can be provided in 6 languages (ENG-DEU-FRA-ESP-ITA-POR) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

George Town

Tue 15 January 2019

CATAMARAN & STINGRAY CITY SANDBAR - GCA14



Duration
3:30 h

The southern stingrays found at the sandbar called Stingray City in Grand Caymans North Sound are so habituated to human contact that they will happily allow themselves to be hand fed and even petted by visitors. Following a short transfer to the Cayman Islands Yacht Club, it is to this special place that you'll be sailing on board a catamaran. On arrival, you can take to the water to make personal contact with the friendly marine dwellers and feed them with scraps of food. The tour then draws to a close with an equally scenic sail back to the Yacht Club and onward transfer your ship. Please note: guests are recommended to bring swimwear, a towel, high-factor sunscreen, a sunhat and sunglasses. The catamaran provides only minimal shade. Guests must be at least 8 years of age to take part and, if younger than 16 years of age, must be accompanied by a paying adult throughout. The water may be deeper than 6 ft./182 cm and guests may have to swim to Stingray City. Guests will be required to wear buoyancy vests while in the water and remove footwear while on board the catamaran.

NATURAL WONDERS

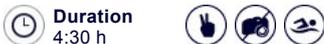
DOLPHIN ENCOUNTER & STINGRAY CITY - GCA24



Duration
4:30 h

Take some time off the ship and join this fascinating and highly varied tour, which begins with a short drive in an air-conditioned coach to Dolphin Cove, your first stop. After receiving a short orientation, you can enjoy a close encounter of the aquatic kind when you meet and greet these endearing sea creatures. Enjoy the friendship of your dolphin by petting and receiving a kiss or two. You will also be given information on typical dolphin behaviour and learn how the trainers communicate with the animals using hand signals. The tour then proceeds on to Stingray City, the site of your next underwater adventure, for an unforgettable chance to interact with and feed the friendly southern stingrays that are typical of these waters. On returning to Dolphin Cove, you can re-board the coach for the journey back to George Town and your ship. Please note: we recommend wearing comfortable clothing, shoes, swimwear, and bringing a change of clothes, towels and sunscreen. Any jewellery and other valuables must be left on board your ship. A paying adult must accompany guests under 8 years of age. An adult must sign a waiver form for all guests under the age of 18. This tour is not suitable for women who are pregnant. Excursion schedules and sequence of visited sites are subject to change depending on weather and other technical conditions. The tour may be cancelled with very short notice due to sea currents conditions. All participating guests will be required to sign a waiver which may only be available in English.

DOLPHIN SWIM & STINGRAY CITY - GCA25



Duration
4:30 h

After leaving your ship, an air-conditioned drive first transfers you from George Town port to your first stop: Dolphin Cove. The highlight of your stay at Dolphin Cove is viewing a family of beautiful bottlenose dolphins in their natural habitat, the Caribbean Sea. After you have been fully briefed, your dolphin swim begins when you enter deep water and are introduced to these friendly aquatic mammals. The thrill of riding a dolphin belly to belly is simply incomparable. Get to know the animals, enjoy a kiss or two. The final stop on your tour will be the famous sandbar called Stingray City (which you will reach by boat) for a chance to make personal contact with friendly southern stingrays in their natural habitat. Your exciting aquatic tour comes to a close with your return to the ship in the air-conditioned comfort of a modern coach. Please note: we recommend wearing comfortable clothing, shoes, swimwear, and bringing a change of clothes, towels and sunscreen. Any jewellery and other valuables must be left on board your ship. A paying adult must accompany guests under 8 years of age. Guests must be 5 years or older to participate. The tour is not available for pregnant women or guests suffering from back/neck injuries or cardiac/respiratory conditions. Excursion schedules and sequence of visited sites are subject to change depending on weather and other technical conditions. The tour may be cancelled with very short notice due to sea currents conditions. All participating guests will be required to sign a waiver which may only be available in English.

SEA & SUN

REEF & WRECK SNORKEL - GCA30



Duration
2:30 h

Take yourself off the ship for half a day to discover two of the Cayman Islands best snorkelling sites, the first of which will be at the wreck of the USS Kittiwake. This former US Navy submarine rescue vessel was in service from 1946 right up to 1994, and then in 2009 was deliberately sunk at its present location off Seven Mile Beach to provide an artificial reef for local marine wildlife. While you snorkel around the 251 ft./76.5 m wreck, you'll be able to see its main decks, look down smokestacks and catch glimpses of the ship's hull and engine room. Next up is the so-called Cheeseburger Reef - a name that comes from a nearby outlet of a global fast-food brand where a natural reef system can be enjoyed. At a depth of about 25 ft./7.6 m, you'll be able to snorkel to your hearts content. Finally and time permitting, the outing is rounded off with time to do some shopping in the centre of George Town before you return to the ship. Please note: guests must be at least 5 years of age to take part. Sightings of marine wildlife are common, but cannot be guaranteed.

CITY TOUR

CAYMAN BY LAND & SEA - GCA35

Duration
 4:30 h

Never a dull moment is the motto of this varied half-day outing, which begins with a drive along Seven Mile Beach to your first stop: the Governors Mansion. Your driver/guide will relate the history of the building before moving on to a photo stop at Seven Mile Beach. The Cayman Heritage House is next, a place where you can learn about Caymans past and culture as well as take photos of traditional Cayman homes. Then its on to the Turtle Farm to see hundreds of turtles and shop for a souvenir, followed by a stop at the Rum Cake Factory including samples of cakes made from Tortuga Rum. And then youll literally go to Hell a formation of jagged rocks to send a postcard, duly postmarked as coming from Hell. On arrival at the Safe Haven Dock, youll sail to Stingray City where, following a safety briefing, youll be able to meet, greet and feed southern stingrays. The on-board photographer will snap shots of you while you are in the water and a cool drink awaits you on board before you return to your ship. Please note: the tour is considered to be unsuitable for guests using a wheelchair and is not available for women onwards of their 5th month of pregnancy.

BEST OF CAYMAN - GCA36

Duration
 2:30 h

This fun excursion begins at the pier when you board an air-conditioned coach, together with your guide to provide information and point out places of interest on the way. Leaving George Town, you will take the scenic route past Seven Mile Beach, with a number of stunning five-star hotels to view as you go. A quick stop will be made at the Governors Residence, the official home of the Governor of the Cayman islands, after which you will head for the islands famous Sea Turtle Farm, the only one of its kind in the world. Founded in 1968, the research centre has since played a vital role in the protection and conservation of these endangered sea creatures, some of which can weigh as much as 600 lbs. Your visit will give you a chance to see various species of turtle and Cayman iguanas, hold a turtle in your hands, take photos and explore the gift shop for a fitting memento. Your next stop will be at the Tortuga Rum Cake factory, where you can sample the world-famous Tortuga rum cake, before you make your way to Hell. This hilariously named Cayman town is the perfect spot from which to send postcards, aptly postmarked Mailed from Hell. And youll earn the right to rightfully claim that youve been to Hell and back. Your return drive to Georgetown brings the tour to a close. Please note: guests under the age of 16 must be accompanied by a paying adult. This tour is not suitable for guests with walking difficulties or using a wheelchair. The driver will also be your tour guide.

ACTIVE & ADVENTURE

AMPHIBIOUS BUS - LAND & SEA ADVENTURE - GCA49

Duration
 2 h

Is it a bus? Is it a boat? No, its both and your very special amphibious mode of transport on this entertaining overland and underwater sightseeing tour. Leave the ship, get comfy on the bus and then enjoy the cityscape of Georgetown, the capital of the Cayman Islands, and its appealing Caribbean ambience. Youll be taken around of the citys best locations, with your guide telling you all about their history as you go. Photo-worthy sights abound so do remember to bring your camera, especially for your ride under the sea. Fitted with underwater cameras and large viewing monitors, the bus reveals the rich marine wildlife, coral gardens and even some ancient shipwrecks that inhabit these waters. And to top off your underwater jaunt, you can watch fish being hand fed from the comfort of your seat. Once back on dry land, round off your outing with a leisurely stroll down the islands world-famous 7-Mile Beach before you begin the return journey to your ship at the pier. Please note: guests must be capable of using a few steps to get on and off the amphibious vehicle. This tour is not available for the call of MSC Divina to Georgetown on Dec. 26, 2016. Guests will be required to sign a waiver which may only be available in English.

NATURAL WONDERS

DOLPHIN SWIM & 7 MILE BEACH - GCA50

Duration
 3:30 h

Some islands have all the luck: endless sunshine, friendly locals, gorgeous scenery, pristine beaches and just as though that wasnt enough even dolphins swimming in their coastal waters. One such is Grand Cayman and this tour will see you both swim with dolphins and visit its longest beach. Your outing begins with a drive from Georgetown to the Dolphin Cove facility. Next, youll head down to the natural lagoon for a briefing before you get to play with, touch and ride belly-to-belly with the dolphins. On-site photographers will be busy with their cameras while you are in the water, creating lasting memories of a special experience. After your swim, you may like to purchase some photos and browse for souvenirs while waiting for your transfer down to Seven Mile Beach. This swathe of white sand very nearly does what it says on the tin and actually stretches out over some 6 miles, or roughly 10 kilometres. Youll be dropped at a spot chosen with your comfort in mind, with food and drink on sale and beach chairs for hire (at additional cost not covered by the price of the tour). There'll be sufficient time for you to enjoy all the beach has to offer before you head back to the pier and your ship. Please note: the order in which the tour is run may be reversed. Guests must be strong swimmers and at least 8 years of age to take part. Children under 18 years of age must be accompanied by a paying adult throughout the tour and under their constant supervision at all times; in such an event, the paying adult will also be required to sign a waiver prior to departure. The tour is considered to be unsuitable for guests with back or neck injuries and/or cardiac disease or a respiratory condition. Pregnant women are not allowed to participate in this tour. Guests are advised to leave jewellery and any other valuables on board the ship. Guests are recommended to wear swimwear under comfortable clothing, comfortable shoes as well as to bring a towel, a change of clothes and biodegradable sunscreen (for the sake of the environment).



MSC

EXCURSIONS

Discoveries designed for you

DOLPHIN ENCOUNTER & SEVEN MILE BEACH - GCA51

Duration
3:30 h



Family-friendly and ideal even for young children and novice swimmers, this sister tour to GCA50 is open to all comers, regardless of their age. The excursion combines time with dolphins and a visit to the islands longest beach. To start with, a short drive will take you from Georgetown up to the Dolphin Cove centre. Then you'll head down to the natural lagoon, the site of your dolphin encounter, for an initial briefing. You'll find the lagoon features a special submerged platform, enabling you to stand in waist-high water while you interact with the lovable marine mammals. Photographers will remain on hand to capture your special dolphin moments on film, with photos available for purchase when the encounter comes to an end. Moving on, Grand Caymans Seven Mile Beach is next, a long ribbon of the softest sand that is actually about a mile short of its advertised length. Food and drink can be purchased and beach chairs hired (at additional cost not covered by the price of the tour), so that your creature comforts will be well looked after. Time will then be yours to enjoy the gorgeous surroundings before the tour ends with your return to the ship. Please note: the order in which the tour is run may be reversed. The tour is designed for guests who feel less comfortable in the water and children under 8 years of age. For reasons of safety, all children under 5 years of age must be accompanied by a paying adult (ratio: 1 child per adult) throughout the tour and under their constant supervision at all times; in such an event, the paying adult will also be required to sign a waiver prior to departure. All guests under the age of 18 years must be accompanied by a paying adult who will be asked to sign a waiver form. Guests are advised to leave jewellery and any other valuables on board the ship. Guests are recommended to wear swimwear under comfortable clothing, comfortable shoes as well as to bring a towel, a change of clothes and biodegradable sunscreen (for the sake of the environment).

ATLANTIS SUBMARINE - GCA53

Duration
1:30 h



Feast your eyes on a marvellous underwater world, but stay dry and cosy at the same time by joining this unique cruise in a submarine, the Atlantis. After a short boat transfer from the ship, you'll board the sub and at a depth of about 20-30 m/65-100 ft. begin to explore the marine environment. Experienced crew members will point out and share facts about the abundant aquatic wildlife you'll be able to see through the portholes, from otherworldly sponge beds and coral formations to brightly coloured tropical fish. Normal sea-level pressure will be maintained throughout the air-conditioned journey to the depths, so you'll stay cool and comfortable at all times. The tour draws to a close with your return to the ship. Please note: guests must be able to navigate a 10-step ladder without assistance. Guests must be at least 4 years of age and be at least 92 cm/3 ft. tall to take part.

STINGRAY CITY & STARFISH POINT - GCA54

Duration
3 h



Whats not to love about a chance to get up close and personal with stingrays and observe starfish, two of the marine worlds most fascinating creatures, in their natural habitat? You'll first board an air-conditioned coach to reach the Safe Haven marina, during which your driver will provide you with entertaining information about the Cayman Islands. Once you've been briefed by the boats captain on safety matters, you'll first sail to Stingray City for a chance to feed, swim and interact with these puppies of the sea - an unforgettable experience. Starfish Point then follows, where you can observe these unusual sea creatures, which are actually not fish but rather a close relative of the sea urchin. The boat ride back the pier then brings your tour to an end. Please note: guests must be at least 5 and no older than 77 years of age to take part. All guests are required to sign a waiver prior to joining the tour.

ACTIVE & ADVENTURE

SHORE SNORKEL - GCA56

Duration
2 h



Once a fine barquentine that was built in 1900, the Cali - one of several names the ship was known by over her lifespan - finally met her nemesis when she sprang a leak and sank off the coast of Grand Cayman in 1948. Rumour has it that a cargo of rice, expanding on contact with the water, ultimately caused the hull to rupture and the wreck to scatter over the seabed. All this happened less than 50 yards/46 metres from the shore, enabling easy laddered access for your snorkelling session at this fascinating spot. You'll be snorkelling at a depth of about 30 ft./9 m, perfect for observing the many creatures that have populated the wreckage over the years, such as tarpon, blue tangs, parrot fish, Bermuda chubs, angel fish and even green sea turtles and stingrays. Your return to the ship brings the outing to a close. Please note: guests must be at least 8 years of age to take part. The excursion is suitable for beginners and experienced snorkelers alike. Guests should be capable of using a ladder; alternatively, the wreck can be accessed from the small cove. The excursion is not available for non-swimmers.

SCENIC ROUTE
ISLAND SIGHTSEEING & WHITE HOUSE BEACH ESCAPE - GCA58

Duration
 4:30 h

Upon departing the pier, your air conditioned bus transportation will drive through George Town, the capital of the Cayman Islands for your sightseeing. An Experienced Driver is also your tour guide during this drive with plenty of photo Opportunities along the way. Board your awaiting bus for the first stop at Camana Bay where you will have an opportunity to enjoy the wonderfully intricate Observation Tower, an attraction in itself with a double Helix staircase, an elevator for those with mobility issues and a beautiful mosaic wall that starts from the base of the stairs that ascends to the roof and viewing platform and which captures the different types of scenery and marine life that one will find from a depth of 100 feet all the way up to the surface, as you climb the stairs. The Observation Tower provides stunning panoramic views of Grand Cayman from Coast to Coast, along with a Bird's Eye view of Camana Bay. Traveling on, driving through the Islands original Capital of Bodden Town before arriving at the White House where you will have the opportunity to relax in this fantastic Mansion, located in tranquil surroundings, and enjoy some beach time on your included beach chair before heading back to your ship. Please note: All guests under the age of 16 years must be accompanied by a paying adult at all times. Guests should wear swimsuit under comfortable clothing and walking shoes. Guests should bring a towel and sun protection.

ACTIVE & ADVENTURE
4X4 JEEP ADVENTURE - GCA59

Duration
 3 h

A thrilling adventure tour awaits you that will see you leave the ship, receive a thorough briefing and board a 4x4 Jeep Wrangler to form a convoy with the other vehicles and explore the scenic island of Grand Cayman. Heading north, your first stop will be at Morgans Harbour for the breath-taking views of the North Sound. After which the route will take you to the town of Hell, from where you really should send postcards wittily postmarked Mailed from Hell, and the other at a rum cake outlet. A stop at the top of the world famous Seven Mile Beach will give you the opportunity of taking some fabulous photographs, before returning To Morgans Harbour. Enjoy lunch with views of the North Sound and incoming Boats before departing for Camana Bay for a short sightseeing stop where you may view the Observation Tower and environs. Your tour is brought to a leisurely close with your return to George Town and your ship. Please note: guests are recommended to wear comfortable clothes and walking shoes, and sunscreen. Please note that one guest in four will be required to drive, driving can be rotated however all drivers must present a valid drivers license. Guests must be over 25 Years of age to drive. Guests under the age of 25 will not be permitted to drive. The minimum age to participate in this tour is 5 years. Guests under the age of 16 must be accompanied by a paying adult. Jeeps are fitted with an automatic gearbox.

SEA & SUN
DELUXE WHITE HOUSE BEACH ESCAPE - GCA60

Duration
 4 h

After meeting at the Cruise Ship Terminal you will be transferred to the White House Mansion passing through the Bodden Tour, the original Capital of The Cayman Islands. This Gatsby inspired venue, located directly on the Caribbean Sea, boasts a beautiful white sandy beach and is where you will enjoy a special welcome from your Hostess. You can relax on your included beach chaise lounge while enjoying the soothing sounds of the waves on the beach or take a dip in the warm Caribbean Ocean. Enjoy lunch on the large deck overlooking the picturesque setting before returning to your ship. Please note: all guests under the age of 16 years must be accompanied by a paying adult at all times. Floats, snorkel gear and kayaks are available to rent at an additional cost. Guests should wear bring swimsuit, beach towel and sun protection.

WHITE HOUSE BEACH GETAWAY - GCA61

Duration
 4 h

After meeting at the Cruise Ship Terminal you will be transferred to the White House Mansion, going along the coast road and passing through Bodden Town, the original Capital of the Cayman Islands. Upon arrival at this Gatsby inspired Colonial Beach Mansion, located directly on the Caribbean Sea, a special welcome awaits you and your Hostess will explain and introduce the facilities to you. After changing into your swimwear, relax on your included beach chaise lounge on the white sand beach or enjoy a refreshing dip in the azure waters of the Caribbean Sea. Take in the lulling sounds of the waves coming up on the seashore before heading back to your ship. Please note: all guests under the age of 16 years must be accompanied by a paying adult at all times. Full a la carte food and beverage services are available at an additional charge. Floats, snorkel gear and kayaks are available to rent at an additional cost. Guests should wear bring swimsuit, beach towel and sun protection.

NATURAL WONDERS

OCULUS GLASS BOTTOM BOAT - GCA62
 **Duration**
45 h


OCULUS GLASS BOTTOM BOAT

AMAZING TURTLE & WILDLIFE ENCOUNTER - GCA63
 **Duration**
4 h


AMAZING TURTLE & WILDLIFE ENCOUNTER

ACTIVE & ADVENTURE

SEGWAY & 7 MILE BEACH EXPERIENCE - GCA65
 **Duration**
3 h


SEGWAY & 7 MILE BEACH EXPERIENCE

SCENIC ROUTE

ACCESSIBLE HIGHLIGHTS OF GRAND CAYMAN SMALL GROUP EXCURSION - GCA67
 **Duration**
3 h


Accessible Highlights of Grand Cayman Small Group Excursion

 *Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*
ACCESSIBLE HIGHLIGHTS OF GRAND CAYMAN SMALL GROUP EXCURSION - GCA67A
 **Duration**
3 h


Accessible Highlights of Grand Cayman Small Group Excursion

 *Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*
CAYMAN HIGHLIGHTS & BREWERY - GCA68
 **Duration**
4 h


CAYMAN HIGHLIGHTS & BREWERY

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 Shore excursions programs and itineraries may vary depending on local conditions and/or any unforeseen events in relation to the timing on the day of the tour.

Some excursions are very popular and therefore availability cannot always be guaranteed, it is advisable to book in advance to avoid disappointment.

ALL AREAS

The tour can be provided in 5 languages (ENG-DEU-FRA-ESP-ITA) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

ONLY SOA

The tour can be provided in 6 languages (ENG-DEU-FRA-ESP-ITA-POR) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

Costa Maya

Wed 16 January 2019

SEA & SUN

JUNGLE BEACH BREAK - CMY01



Duration
5 h

Treat yourself to a few hours off the ship to visit one of the most popular beach clubs on the Costa Maya – the perfect spot to relax in style. After leaving the ship and boarding an air-conditioned coach, a short journey will take you to this exclusive Caribbean getaway and its glorious golden sands. You'll be met on arrival and shown around the facilities available to you at the resort, which include an open national bar, a beach volleyball area, beach chairs, a beach party area and a chance to go kayaking. Further resort amenities that you can use at extra cost are a restaurant, souvenir store and snorkelling straight from the beach. Spend as long as you like enjoying the wonderful resort complex and the beach; when you're ready to leave, simply catch one of the regular shuttle buses to get back to the pier and your ship. Please note: food can be purchased at extra cost while at the resort. Cash only in either US dollars or Mexican pesos will be accepted. There will be regular opportunities to return to the cruise ship pier throughout your stay. The shuttle service is dependent on the availability of transportation. The resort also features water sports facilities, which you can frequent/hire at additional cost not covered by the price of the tour. Guests under the age of 18 must be accompanied by an adult. The tour is suitable for guests with mobility problems. Only adults over the age of 21 can drink alcohol from the National Open Bar. All guests must be seated all the time while the bus is moving; we kindly ask you to follow the safety instructions provided by your guide. Presence of seaweed in the Mexican Caribbean Coast is seasonal and could cause limited visibility and be present in the water or beach. Seaweed is not harmful but may cause light itching on sensitive skin.

ACTIVE & ADVENTURE

CATAMARAN SAIL & SNORKEL - CMY02



Duration
3 h

Two water-based pursuits team up to make a tour full of excitement and fun: first you can enjoy the Caribbean Sea on a modern catamaran and then go snorkelling in the crystal-clear water. After meeting your guide when you leave the ship, you'll make your way to Fishermans Pier to board the catamaran. A safety briefing will be given and fully certified divers will remain on hand throughout the sail to ensure your safety at all times. You'll also be kitted out with a life vest, which you will be requested to wear while on board and in the water, plus a brand new snorkel tube for reasons of hygiene. You can first savour wonderful views as you sail out; then, when your catamaran drops anchor, marvel at the colourful world under the sea, where jacks, snappers, angelfish, queen triggerfish, groupers and even turtles can be found rubbing shoulders or perhaps dorsal fins in a spirit of (mostly) peaceful coexistence. Once the catamaran sets sail again, your on-board guides will continue to entertain you. Finally, you'll be free to go straight back to the ship when you arrive back on dry land or remain in town and make your own way back when you're ready. And as use of all necessary equipment is included in the price of the tour, you won't have anything to carry around with you if you do choose to have a look around town. Please note: for hygiene reasons, a brand new (unused) snorkel tube will be issued to each guest wishing to snorkel. Your transport back to the ship will depart from Fishermans Pier at a designated time. Guests wishing to stay in town for longer will have to return to the ship at their own expense. Presence of seaweed in the Mexican Caribbean Coast is seasonal and could cause limited visibility and be present in the water or beach. Seaweed is not harmful but may cause light itching on sensitive skin.

CULTURE AND HISTORY

CHACCHOBEN MAYAN RUINS - CMY06



Duration
4 h

The dawn of the once highly developed Mayan civilisation can be traced back to around 2,000 B.C. and many of their amazing architectural structures can still be visited in Mexico to this date. In around A.D. 700, these clever people built the pilgrimage site of Chacchoben, your destination on this half-day tour. After meeting your bilingual guide, you'll head inland on an air-conditioned coach with information on the site and the Mayans provided during the ride. On arrival, your guide will show you around the site, explaining the purpose of the various structures. Amazingly, one of the pyramids still features some original red paint on its stucco walls, while a mural depicting the astronomical positions of planet Venus has stood the test of time in one of the temples. For those of an energetic disposition, there'll also be time to climb some of Chacchoben's tallest structures: the imposing Gran Basamento, a place where archaeologists found remains of ceremonial offerings dating back to 1,000 B.C.. The highest point of the temple sits above the tree canopy and affords eminently photo-worthy views. You'll also get to find out a little about the areas diverse wildlife and Mayan medicinal plants, which continue to be used to this day. A complimentary bottle of water is also included in your excursion and the relaxing return drive to your ship at the Costa Maya brings your tour to a close. Please note: the price of the tour excludes the cost of any additional soft drinks, crisps or biscuits that guests may purchase at the archaeological site. As the tour involves longer periods of walking over uneven ground and some climbing, it is considered to be unsuitable for guests with mobility problems. About 10-15 minutes will be allocated for guests to make purchases at the market inside the archaeological site. A government-imposed fee of approx. US\$5 is payable by guests wishing to use video equipment (including mobile phones) at the archaeological site.



MSC

EXCURSIONS

Discoveries designed for you

ACTIVE & ADVENTURE

OFF-ROAD JEEP & BEACH TOUR - CMY24

Duration
3:30 h

Exhilarating, entertaining and a great way to spend some time off the ship, this tour will see you board and possibly drive a jeep to discover some of the roads less travelled along the mesmerising Costa Maya. Once you've got settled in your 4-person jeep with one of your number doing the driving you'll head out in convoy, first through the pretty little fishing village of Mahahual and then off road into the lush rainforest that flanks the coastline. With sublime views of the Caribbean Sea, stretches of sandy beach and tiny villages to enjoy on the way, your 1-hour drive will take you south to reach Explora Beach. Pristine sands and a secluded location make this the ideal spot to stop for a delicious Mexican-style lunch, followed by time to do whatever you please. The water is just the place for a refreshing dip, the beach perfect for working on your tan, playing beach volleyball or going for a stroll and the stunning surroundings well worth a photo or two. You'll return to the pier and your ship in the same way you came by jeep. The only thing left to decide is: who gets to have fun driving on the way back? Please note: all jeeps feature a manual gearbox (stick shift) and each jeep seats 4. Guests are recommended to wear comfortable shoes and swimwear under their clothing as well as to bring a towel, a hat, high-factor sunscreen and a some cash to pay for any additional purchases. Guests wishing to drive must be at least 21 years of age and in possession of a valid driving licence. Guests must be at least 3 years of age to take part in the tour. The tour is considered to be unsuitable for pregnant women and guests with pre-existing back/neck injuries. Guests will be required to sign a waiver which may only be available in English.

GLASS-BOTTOMED BOAT & SNORKEL TOUR - CMY26

Duration
2:30 h

Since the waters off the Costa Maya boast the world's second-largest coral reef, it would be rather a shame to miss out on seeing it at first hand and if you prefer without even getting your feet wet. After the short transfer from the pier to the lovely beach at Mahahual, a small fishing village just south of the cruise ship terminal, you'll board a glass-bottomed boat and begin your adventure. With the iridescent waters of the Caribbean Sea beneath you and panoramic views to soothe the eye, you'll sail to the reef location. After taking some time to get acquainted with the teeming wildlife through the boat's glass underbelly, you can if you want take to the water itself to meet and greet the reef's colourful inhabitants. Thanks to the small group size, you can feel safe in knowing that your fully qualified guides will remain close at hand throughout your snorkel tour to assist you at every turn. Once you return to the beach at Mahahual, you can choose whether to return straight to the ship or if you'd prefer to have a look around downtown and then return on your own steam. Please note: guests must be at least 8 years of age to take part. For safety reasons, the tour is considered to be unsuitable for pregnant women, guests with pre-existing respiratory conditions such as asthma, with cardiac conditions (including a history of cardiac arrest and/or surgery), diabetes, epilepsy, back/neck injuries and guests taking medication such as anti-depressants, lithium, beta-blockers and base vein constrictors. Guests wishing to remain downtown after the tour will have to return to the ship at their own expense. Guests will be required to sign a waiver which may only be available in English.

SEA & SUN

BEACH POWER SNORKEL - CMY27

Duration
5 h



Holidays provide a golden opportunity to ditch the same old same old and try something new and when you see what a Sea-Doo can do, you'll want to do it too. These super-modern aqua-scooters are not only the last word in sleek personal watercraft design, but are also super easy to navigate on the water. This ton of fun in the sun begins with a guided and air-conditioned coach ride down to the Beach Club one of the regions very best diving and snorkelling sites. A certified dive master will then instruct you on operating a Sea-Doo aqua-scooter and your snorkelling equipment, leaving you well set to follow your guide on an exciting water-borne adventure. See how much of the underwater world you can spot while you skim over the waters surface, then gear up and jump in to snorkel among the coral reef, sea fans and other incredible marine wildlife. On your return from your Sea-Doo jaunt, you'll still have plenty of time to check out the club's facilities or simply kick back and relax in the sun. An open national bar, beach loungers and kayaks will also be available for you to use. And anyone in a dancing mood can fiesta on down to the beach party area theres something for everyone at the Beach Club. The resorts restaurant, souvenir store and other water sports facilities are equally open to you, but will attract additional costs not covered by the price of the tour. Please note: guests must be at least 10 years of age and weigh no more than 240 lbs/109 kg to take part. Guests under 18 years of age must be accompanied by an adult. For safety reasons, the tour is considered to be unsuitable for pregnant women, guests with pre-existing back/neck injuries, guests with a history of seizures or who have recently undergone surgery, guests with pre-existing cardiac or respiratory conditions such as asthma and guests with mobility problems or using a wheelchair. Presence of seaweed in the Mexican Caribbean Coast is seasonal and could cause limited visibility and be present in the water or beach. Seaweed is not harmful but may cause light itching on sensitive skin.

CULTURE AND HISTORY
KOHUNLICH MAYAN RUINS - CMY28

Duration
 6:30 h


Situated on the Yucatán Peninsula and one of Mexico's absolute must-sees is the archaeological site of Kohunlich, a terraced city built by the Mayans between approx. A.D. 250 and A.D. 600. The site's unusual-sounding name is derived from the English name of the cohune palm, a common sight in the area. Your tour of cultural discovery begins with an air-conditioned coach ride, during which a bilingual guide will entertain you with information on the Mayan remains ahead. At the site itself, you'll be escorted through the park-like setting of the historical complex, whose highlights include a sunken palace, an acropolis, courtyards and even an ancient ceremonial ball field. But the site's main attraction is undoubtedly the Temple of the Masks, dedicated to the Mayan sun god KinichAhau. Although the oversized stucco masks on either side of the temple's central staircase are easy enough to see from the ground, you'll have to climb up the pyramid-like structure to get a closer look. Parts of the stucco which dates back to earlier than A.D. 500 still retain some of their original colour. With memories of the beautifully secluded Kohunlich fresh in your mind, you'll then get to enjoy a light packed lunch on the coach journey back to the Costa Maya and your ship. Please note: the tour involves a 2-hour coach drive each way without a comfort stop; guests are therefore recommended to use the facilities prior to departure. As the tour involves longer periods of walking on uneven ground, guests are requested to take extra care. The tour is considered to be unsuitable for guests with mobility problems or using a wheelchair. Guests are recommended to wear high-factor sunscreen, insect repellent and comfortable shoes. Depending on the exchange rate on the day of the tour, a fee of US\$5-US\$8 will be payable by guests wishing to use video equipment (including mobile phones) at the archaeological site. The site does not permit the use of tripods, professional video equipment or flash photography. The tour also involves an approx. 5-minute walk between the car park and the entrance of Kohunlich.

ACTIVE & ADVENTURE
JAGUAR TRUCK: MAYAN ADVENTURE EXPEDITION - CMY29

Duration
 4 h


What's black and red and built for fun? The Jaguar Truck – your specially equipped mode of transport on a tour dedicated to delivering an entertaining and varied adventure with plenty of time in the great outdoors. After boarding the truck, your first stop is scheduled following an only 15-minute drive. You can then either team up with a fellow guest to ride a tandem or simply walk through the rainforest to reach your destination: a beautiful Mexican cenote. The deliciously refreshing water is perfect for a soak, after which you'll get back on the truck and head for your next stop: the beach. While your friendly tour guides get busy setting up camp, you'll have time to practise boogie boarding or stand-up paddle boarding, take a floatation tube for a dip in the sea or simply relax on the fine white sand. Once you've enjoyed lunch on the beach, your return journey in the customised Jaguar Truck will give you a chance to enjoy further gorgeous views of the Costa Maya coastline. Please note: the tour is designed for guests who enjoy high-level outdoor activities. Guests will be required to fill out and sign a waiver/release form. Guests wishing to take part must weigh no more than 320 lbs/145 kg. At a maximum depth of 4 ft./1.2 m, the cenote is a safe environment even for guests who are not strong swimmers. Guests must be at least 8 years of age to take part and are generally recommended to wear a hat, comfortable shoes, light clothing (that can get wet while paddle boarding), apply sunscreen and insect repellent (from August to December) as well as to bring a change of clothing and a towel.

CULTURE AND HISTORY
SALSA COOKING, DANCING & BEACH BREAK - CMY30

Duration
 3 h


Since there's no better place on earth than Mexico itself to find out how authentic Mexican food is made, move your hips to the salsa beat and sip a refreshing margarita while you dance, this tour lets you go native for a while and do all three in the most sumptuous surroundings. A coach transfer to a beachfront restaurant affording superb views of the Caribbean Sea gets the party started, after which you'll first be shown the best way to make Mexican salsas and creamy guacamole – delicious with tortilla chips whichever way you slice and dice it. And the recipe will be yours to keep as a memento so you can recreate the moment back at home. Then tickle your taste buds with a complimentary margarita, a cool Mexican beer or some flavoured water before you hit the dance floor for your salsa lesson. Simply follow the step-by-step instructions and you'll soon be swaying to the infectious rhythms like a pro. Free time will then be yours to relax and enjoy the beach facilities, laze around in the sun or go for a swim in the sea. Best of all, you can choose between returning to the ship using the transport provided or stay for longer and use a taxi coupon for your return trip. Please note: taxi coupons will be issued so guests can return to the ship at their leisure. The tour is considered to be unsuitable for guests with mobility problems or who use mobility aids such as a cane, walker or a wheelchair. Guests are recommended to wear comfortable shoes and wear (or bring) swimwear under their clothes as well as to bring a change of clothes, a towel, a hat, sunscreen and some cash to cover the cost of any additional purchases. Guests will be required to sign a waiver which may only be available in English.



MSC

EXCURSIONS

Discoveries designed for you

NATURAL WONDERS

DOLPHIN ENCOUNTER - CMY31

Duration 1:30 h [Icons: Clock, Hand pointing up, Hand pointing down]

Get ready to kiss a dolphin! In this experience of a lifetime you will be able to kiss, pet and interact with the magnificent mammals. You'll be greeted by your smiling guide at the end of the dock who will brief you on the days event, it is only a five-minute walk to the Dolphin Park and you will be given a locker and a lifejacket. After a brief educational and safety training, enjoy about 30 minutes in the water on a submerged platform, a great way for even novice swimmers to enjoy this incredible experience. You'll be surprised by the great intelligence and friendliness of these wonderful marine mammals. Please Note: Cameras and valuable are to be placed in the lockers for safe keeping as cameras are not allowed in the water. Pictures of the tour are not included in the price of the excursion, but are available at the guests own additional expense. Children under 3 years of age will only be able to enter the water with a paying adult. Pregnant women who are up to five months along are able to participate. Lockers are included in the price of the tour. Please bring a towel, biodegradable sunscreen, cash/credit cards for any additional purchases and a change of clothes. All participating guests will be required to sign a waiver which may only be available in English.

DOLPHIN SWIM ADVENTURE - CMY32

Duration 1:30 h [Icons: Clock, Hand pointing up, Hand pointing down]

Set in a natural ocean pool with a sandy bottom, adventure awaits you for your chance to swim, kiss, caress and even be pulled by a bottlenose dolphins pectoral fin. You'll be greet by your smiling guide at the end of the dock who will brief you on the days events, it is only a five-minute walk to the Dolphin Park and you will be given a locker and a lifejacket. After a brief educational and safety training you will spend about 30 minutes in the water with the dolphins where you can enjoy this rare opportunity to touch the sleek and playful mammals and pose for the world famous dolphin kiss. Standing on a submerged platform, you'll be introduced to your dolphin friend. You'll be led into deeper waters where you'll be pulled by their pectoral fins and swim with your dolphin. Be amazed by your dolphins speed, grace and agility as they perform fast swims, high jumps and other breathtaking behaviors. Please Note: Guests with back and/or neck injuries, as well as women who are pregnant cannot participate in the tour. The minimum age to participate is 8 years old, minimum height requirement is 42 inches tall. Cameras and valuables are to be placed in the lockers for safe keeping as cameras are not allowed in the water. Pictures of the tour are not included in the price of the excursion, but are available at the guests own additional expense. Lockers are included in the price of the tour. Please bring a towel, biodegradable sunscreen, cash/credit cards for any additional purchases and a change of clothes. All participating guests will be required to sign a waiver which may only be available in English.

ACTIVE & ADVENTURE

MAYÁ: LOST MAYAN KINGDOM ADVENTURE PARK - CMY37

Duration 3 h [Icons: Clock, Hand pointing up]

Designed to deliver bags of fun for the entire family, this tour takes you off the ship and transfers you to a one-of-a-kind adventure park: Mayá: Lost Mayan Kingdom. The themed landscaped grounds feature 9 exciting waterslides, 2 zip line circuits and the winding Kukulcan zip coaster course. Apart from enjoying such adrenaline-fuelled activities, the park is also ideal for relaxing at the pool or natural cenote, or taking a leisurely inner-tube ride through the Mayan jungle setting on the River Expedition. You can stay at the park for as long as you like, but be sure to pay the gift and photo shops a visit to take home lasting memories of your visit before you take the shuttle back to the ship. Please note: a gift shop, photo shop, locker rental as well as food and beverages are available on site at additional cost not covered by the price of the tour. The park operates a strict no alcohol policy for reasons of safety. As the outing involves climbing and longer periods of walking on uneven ground, guests are required to be in good physical health and to take their own personal medical history into account before taking part. The tour is not available for pregnant women or guests with heart/respiratory problems, asthma, diabetes, epilepsy, a history of seizures, neck/back injuries, have recently undergone surgery or who suffer from any other medical conditions. Guests younger than 18 years of age must be accompanied by a paying adult throughout the tour. Guests must weigh no more than 240 lbs/109 kg to take part. Guests are recommended to wear water shoes, comfortable clothing, sunglasses, a hat, insect repellent and high-factor sunscreen while at the park. The tour duration totals 3 hours at minimum, but guests can stay for longer and take a shuttle bus back to the ship.

CULTURE AND HISTORY

CHACCOCHOBEN EXCLUSIVE DRIVE - CMY39

Duration 35 h [Icons: Clock, Hand pointing up, Wine glass]

Chaccochoben Exclusive Drive

SEA & SUN
FUNKY PARTY BUS: ALL-INCLUSIVE BEACH GETAWAY - CMY40
 **Duration**
 5:30 h


FUNKY PARTY BUS: ALL-INCLUSIVE BEACH GETAWAY

SOMETHING SPECIAL
BACALAR FORT & 7 COLOURS LAGOON - CMY41
 **Duration**
 55 h


This enjoyable half-day outing begins with a leisurely transfer on a modern coach to reach Bacalar, with your guide filling in details about the port and its history. You'll first be heading for Fort San Felipe Bacalar, which dates back to 1733, to see some real-life cannons. Then you'll board a boat for a relaxing cruise and a chance to take a dip in the waters of lagoon, whose colours are many and varied. Lastly, soak up picture-perfect views over lunch in one of Bacalar's loveliest restaurants. Your return journey to the ship then lets the tour draw to a close. Please note: guests must be at least 18 years of age to consume alcohol. Alcohol will be served to participants in a spirit of watchful tolerance. All participating guests under the age of 18 must be accompanied by a paying adult at all times. Guests with impaired vision or hearing must be accompanied by a paying assistant, friend or family member as well as an interpreter (for hearing impaired guests); they will not be permitted to go swimming. The tour is considered to be unsuitable for guests of limited mobility. Medical restrictions apply to guests wishing to swim in the lagoon. Guests are recommended to wear swimwear under comfortable clothing and to bring a towel, high-factor sunscreen, insect repellent and some cash to cover any additional purchases.

SEA & SUN
ALL INCLUSIVE BEACH BREAK - CMY42
 **Duration**
 7 h


A sure way to fully enjoy your beach day at Costa Maya is by visiting the Private Beach Club. Located about 40 minutes from the pier. You will find yourself immersed between beautiful palm trees and crystal waters of the Caribbean Sea. The staff will make sure you enjoy your day. This tour includes an open bar and Mexican buffet. Throughout, enjoy the white sandy beach of Costa Maya. Enjoy the bridge that will take you to a snorkeling area. This is a truly tour for everyone. Lots of family fun and some relaxing areas that will make your day at Mahahual unforgettable. As you arrive, the hosts will give you a quick orientation of the areas and facilities available for you. Please note: Cash only in either US dollars or Mexican pesos will be accepted. The resort also features water sports facilities, which you can frequent/hire at additional cost not covered by the price of the tour. Guests under the age of 18 must be accompanied by an adult. The tour is suitable for guests with mobility problems. Only adults over the age of 21 can drink alcohol from the National Open Bar. All guests must be seated all the time while the bus is moving; we kindly ask you to follow the safety instructions provided by your guide. Presence of seaweed in the Mexican Caribbean Coast is seasonal and could cause limited visibility and be present in the water or beach. Seaweed is not harmful but may cause light itching on sensitive skin.

SOMETHING SPECIAL
MAYAN REALITY & BEACH BREAK - CMY44
 **Duration**
 2 h


Experience the Mayan Reality on a cultural adventure that will both educate and delight you. Many visitors think of the Mayans as an ancient civilization that disappeared long ago, but the fact is that while many other indigenous groups have vanished or been absorbed into the general population, the Mayan culture, customs, language and beliefs remain strong on the Yucatan Peninsula even today. On this tour you will witness the reality that faces these remarkable people as their ancient culture collides with and blends into the modern world. Begin your adventure in a small, contemporary Mayan community built up around the remains of an ancient Mayan settlement and visit one of the fascinating ruins located right in the middle of town. Follow your guide into an authentic Mayan house where you'll learn about the local food and the ancient medicines still used by the local population. Interact with a local family and enjoy a freshly prepared lunch of traditional Mayan/Mexican Cuisine. A better way to end the tour is visiting the beach and that's where we will take you, enjoy the Caribbean sea by swimming and sunbathing. This is the tour that gives you the best of Costa Maya! Please note: This tour involves walking over relatively level terrain, possibly some cobblestone, gravel or few steps. Comfortable shoes are recommended. Pregnant women and guests with heart or respiratory conditions or back/neck injuries are not allowed to participate.

The excursions in the programme are intended to provide MSC Guests with an idea of the different tours that can be arranged in each port of call; this programme is merely a guide and confirmation of each excursion and its description and prices will be made during your cruise. Shore excursions programs and itineraries may vary depending on local conditions and/or any unforeseen events in relation to the timing on the day of the tour.

Some excursions are very popular and therefore availability cannot always be guaranteed, it is advisable to book in advance to avoid disappointment.

ALL AREAS

The tour can be provided in 5 languages (ENG-DEU-FRA-ESP-ITA) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

ONLY SOA

The tour can be provided in 6 languages (ENG-DEU-FRA-ESP-ITA-POR) and it depends on the availability of guides. The final language will be confirmed on board during your cruise

Nassau

Fri 18 January 2019

SCENIC ROUTE

PANORAMIC TOUR - NAS01



Duration
2:30 h

Drive through Nassau to reach the highest point of the island, from where you will enjoy a beautiful view of the harbour. At this location you will have time to explore the fort and the Queen Victoria Staircase, do some light shopping on your own and take pictures. Continue with a panoramic view around the island of New Providence. Next, stop at John Watlings Distillery to tour the rum distillery, the beautiful grounds and enjoy a tasting. We then pass by Fish Fry and Junkanoo Beach for a photo stop, from where you will see your ship in the harbour. Then its off to Atlantis Paradise Island for a short stop. The drive continues from Paradise Island through the colorful residential area before returning to the port. Please Note: Guests must be at least 21 years old to consume alcohol. The driver of this tour is also the guide. This tours is considered not suitable for guests on wheelchair.

SEA & SUN

DISCOVER ATLANTIS - BETWEEN 2 & 4 HOURS DURATION - NAS02



Duration
2 h

When tour destinations are as evocatively named as Paradise Island and Atlantis Lagoon, you can be sure of one thing: a fabulous time. Once you have boarded your coach at the pier in Nassau on New Providence Island, you will first head north to cross over to Paradise Island and the Atlantis Resort. Since the Bahamas are a favourite contender for the place where the legendary city of Atlantis was once said to have stood, the resort features a faux archaeological site simply named The Dig that recreates what the ruins of ancient Atlantis might look like. Apart from taking you through the many fascinating exhibits of The Dig, your guided tour also includes a visit to Predator Lagoon, fittingly named for the sharks, barracudas and many other creatures from the deep that live there. As you make your way through the maze of underground passageways, have fun discovering archaeological artefacts and hieroglyphics while surrounded by a stunning civilization of sea animals. Expert guides will lead you through the ancient streets and help you to decode the legend of Atlantis as well as providing fascinating information on the habitat and behaviour of the marine wildlife. Please note: Access to the pools, slides and beaches is not included in the tour. A shuttle bus will return you to the ship; information on the bus timetable will be provided before arriving at Atlantis. The tour involves a considerable amount of walking.

ACTIVE & ADVENTURE

ATHOL ISLAND SNORKEL - NAS03



Duration
2:30 h

Come and experience the marvelous underwater kingdom and all its inhabitants. Modern snorkel boats will give you a narrated harbor cruise on the way to the snorkeling site. While cruising in one of the most beautiful harbors in the world, you will be briefed on historical points of interest as well as the homes of the rich and famous. Once at the snorkel site you will discover that the real beauty of the Bahamas is all wet! You will snorkel in some of the clearest waters ever seen. The staff will guide you along the reef and highlight the fish that you see and are also there to answer any questions that you might have. Please note: Minimum age to participate is 6 years old. The boat anchors for snorkeling. Snorkeling equipment is included.

NATURAL WONDERS

GLASS BOTTOM BOAT - NAS04



Duration
1:30 h

Start your tour with a narrative tour of Nassaus harbor. Here your tour narrator will point out to you historical sites, homes of the rich and famous and also general information of Nassau and the Bahamas. Once the vessel is positioned over the reef, you will be guided down to the viewing deck. Here your glass reporter will give you an informative briefing of all that you see through the glass. Afterwards you will enjoy a slow cruise back through the harbor to the Port while listening to music. A complimentary rum or fruit punch will be served.



MSC

EXCURSIONS

Discoveries designed for you

ACTIVE & ADVENTURE

DISCOVER NASSAU BY JEEP & BEACH - NAS06

Duration 3 h [hand icon] [wheelchair icon]

Have yourself some pure unadulterated fun on this self-drive tour around the city of Nassau and New Providence Island, with a beach break on a beautiful private island to look forward to at the end. On leaving the ship, a quick walk from the pier will first be followed by an orientational drive through Nassau en route to the staging area for an initial briefing on driving a 4x4. Once you have been issued a vehicle, you can then choose whether to share the driving or let just one person take the wheel when you board the 4-seater with your friends. Drivers have to be in possession of a valid driving license, which will naturally be checked beforehand. To ensure every guest can listen to the instructions and information provided by the guide leading your convoy, each vehicle is equipped with a walkie-talkie. The touring route then takes you out of Nassau and into the islands lovely interior. Next you'll board the ferry boat for the brief ride to reach Balmoral Island, your beach destination. Upon arrival on the island, you will be greeted by the staff, and then let loose to create your perfect time enjoying the white sand beach. Stretch out on your included lounge chair and umbrella or splash in the azure blue water. Unlimited use of noodles and inner tubes are available, and additional non-motorized water activities including snorkel gear, kayaks and paddle boards are available for rent. Please note: as this is a self-drive tour, guests wishing to drive must be at least 25 years of age and be in possession of and present a valid driving license. Vehicles must remain with the group at all times; any itinerary changes will be made only by the driver/guide in the lead vehicle. Traffic and delays must be expected. You are recommended to bring a towel, swimwear and biodegradable sunscreen. In the interest of safety, a childrens car seat (please reserve in advance) must be used for children under 8 years of age. Jeeps are fitted with an automatic gearbox. No food or alcohol can be brought on to the private island and any discovered upon arrival will be confiscated and disposed of. There are no lifeguards on duty, all guests swim at their own risk.

CATAMARAN REEF SNORKEL & SAIL - NAS07

Duration 2:30 h [hand icon] [glass icon] [wheelchair icon]

Offering a great combination of cruising and snorkelling, the tour will first see you board a spacious catamaran and set sail for a popular snorkelling site. Instructions and snorkelling gear will be provided during the cruise, so you'll be all set to slip into the water once the boat drops anchor. Your short snorkelling excursion will be accompanied by an experienced guide. The waters around New Providence Island are known for their abundance of aquatic wildlife, so there is every chance you will encounter many varieties of fish and other sea creatures. Once the snorkelling portion has come to an end, you can enjoy some fruit punch or water on the boat as you make your scenic way back to the pier and your ship. Please note: guests must be at least 7 years of age to snorkel; proof of the child's age will have to be provided. Guests under 18 years of age must be accompanied by a paying adult. Snorkelling gear is provided. You are recommended wear swimwear and bring a towel, sunhat and sunscreen. Depending upon wind and weather conditions, the vessel may start the engine. The catamaran features a ladder leading directly into the water. As the snorkelling activity will take place in the open sea, guests must be physically fit. Guests must be capable of getting on and off the catamaran as well as into and out of the water unassisted. For safety reasons, the tour is not suitable for pregnant women.

NASSAU 360? - NAS09

Duration 3 h [hand icon] [wheelchair icon]

Round out your time in the Bahamas with a trip around the countrys picturesque capital, Nassau, on this 360° sightseeing tour. A short walk from the pier first takes you to your coach, after which you will begin your exploration of the city and the surrounding area. In the early 18th century, the thinly populated Bahamas were taken over by pirates and declared a pirate republic, which then attracted other shady characters such as the infamous pirate, Edward Blackbeard Teach. On leaving the city, you will then head out to the nearby countryside, passing by authentic villages that are rich in history and heritage on the way. The mansions, cathedrals and 18th-century fortresses have been beautifully preserved, so do bring your camera for some snapshots of your tour. Next you'll board the ferry boat for the brief ride to reach Balmoral Island, your beach destination. Upon arrival on the island, you will be greeted by the staff, and then let loose to create your perfect time enjoying the white sand beach. Stretch out on your included lounge chair and umbrella or splash in the azure blue water. Unlimited use of noodles and inner tubes are available, and additional non-motorized water activities including snorkel gear, kayaks and paddle boards are available for rent. Please note: guests are recommended to bring a towel, biodegradable sunscreen and sunglasses. Children must be under the supervision of a parent/guardian at all times during the tour. No food or alcohol can be brought on to the private island and any discovered upon arrival will be confiscated and disposed of. There are no lifeguards on duty, all guests swim at their own risk.

ATLANTIS AQUAVENTURE - BETWEEN 4 TO 4.5 HOURS DURATION - NAS14

Duration 4 h [hand icon] [wheelchair icon]

Be among the first to discover a new world. Ride swells of rapids in a tropical waterscape and fly down 7-story slides. Atlantis offers unparalleled fun and excitement on this full-day of adventure. The new Atlantis is home to an exhilarating new waterscape of pools, water coasters, body slides and rivers that introduce the next generation of water experiences. At 141 acres, Atlantis has become the largest water themed attraction in the Caribbean. Full access to water park, pools & beaches (towels included for day use). Please note: There is a considerable amount of walking on this tour and guests must be at least 48 inches tall to ride the water slides. Lounge chairs, towels and life jackets are provided. Non-motorized water sports are available for rent. Lockers available at extra cost. No cash, only credit card at outdoor facilities. Return to the ship is on a shuttle basis. Shuttle bus timetable will be communicated before arriving at Atlantis.

SEA & SUN
BALMORAL ISLAND BEACH DAY - NAS18


Help yourself to a large portion of sun, sea and sand by stepping off the ship, walking the short distance from the pier and taking a 30-minute ferry to a tiny privately owned landmass sitting in the coastal waters of New Providence. Balmoral Island is your destination and the tropical oasis that will host your half-day stay. You'll be welcomed by island staff on arrival, after which you'll be free to do as you please. In perfect contrast to the hectic pace of Nassau, the islet is a delightfully tranquil spot with sand as pale as sugar, lounge chairs (use included in the price of the tour), azure water, a heated freshwater pool and a variety of bars, each with its own personal ambience. There's even one serving frozen tropical cocktails like piña coladas, daiquiris, margaritas and more, ideal for adding a little extra enjoyment to the process of cooling off. If you're feeling hungry, check out the on-site market for a mouth-watering array of options such as snacks, salads, wraps and freshly cut sandwiches. And if life fails to work without coffee, you'll love the on-site Starbucks, the company's only outlet on a private island. Shade can be found at the patios and bars, but also on the beach under an umbrella, which are available on a first come, first served basis. Please note: additional non-motorised water activities including snorkel gear, kayaks and paddle boards are available for hire. Toilet facilities are located around the island as well as freshwater showers and footbaths. The cost of any food and drinks purchased on the island is not included in the price of the tour; guests are advised that bringing food and/or alcoholic drinks onto the island is prohibited. Any food and/or alcoholic drinks found to have been brought onto the island will be confiscated and destroyed. Guests under 18 years of age must be accompanied by a paying adult while on Balmoral Island. There are no lifeguards and all guests swim at their own risk.

NATURAL WONDERS
BALMORAL ISLAND BEACH DAY & STINGRAY ENCOUNTER - NAS19


Life rarely gets better than this: a privately owned tropical islet that caters to every creature comfort, a stunning beach and a chance to interact with stingrays in the shallows. To experience it for yourself, leave the ship for the short walk followed by a ferry crossing to Balmoral Island, where you'll be welcomed by staff, given a briefing, asked to complete some paperwork and sign a waiver. That done, your stingray meet and greet will commence in waist-high water under the supervision of the handler. Stroke, feed and even pose with your ray for a photo (available for purchase at extra cost after the encounter). What comes next is entirely up to you. To complement the beach, the island also features beach chairs (free to use), a heated freshwater pool, patios, beach umbrellas (subject to availability) and four different bars, one even serving delicious frozen cocktails (not included in the tour price). And if hunger strikes, snacks, salads, wraps and freshly cut sandwiches can be purchased at the on-site restaurant. You can even grab coffee to go with your food, since Balmoral Island boasts its very own Starbucks outlet, the only one on a private island. Please Note: Minimum age to participate is 5 years old. Additional gear for non-motorised water activities such as snorkelling, kayaking and paddle boarding is available for hire at extra cost not covered by the price of the tour. Toilet facilities are located around the island as well as freshwater showers and footbaths. To ensure the welfare of the stingrays, other marine wildlife and the coral reef, loose items such as jewellery and cameras cannot be taken into the water. The cost of any food and drinks purchased on the island is not included in the price of the tour; guests are advised that bringing food and/or alcoholic drinks onto the island is prohibited. Any food and/or alcoholic drinks found to have been brought onto the island will be confiscated and destroyed. Guests under 18 years of age must be accompanied by a paying adult while on Balmoral Island. There are no lifeguards on duty and all guests swim at their own risk. Personal photos cannot be taken in the marine encounter/habitat area. Guests not on a marine-encounter tour will not have access to the marine encounter/habitat area.

SCENIC ROUTE
SEE & SEA TOUR - NAS21


See the key sights of Nassau city and venture out into its nearshore underwater world on this entertaining tour. After first taking you on a look around the harbour and past Paradise Island for views of its splendid villas, Nassau's only semi-submarine will submerge and cruise through the fascinating aquatic universe. Looking through your own window from the comfort of your seat, the fully air-conditioned and narrated ride will give you a unique opportunity to marvel at the reef and its many and varied inhabitants without having to take to the water yourself. On your return to dry land, you'll board a coach for a drive-by roundup of city must-sees. The route will take you past such landmarks as Rawsons Square and the parliament buildings and will also include a stop at Fort Fincastle, one of Nassau's highest points and adjacent to the Queens Staircase. Your outing then wraps up with your return to the ship. Please note: guests must be capable of navigating 10 steps to board and disembark from the semi-submarine. The order in which the land-based portion of the tour is run may vary to suit traffic conditions.



MSC

EXCURSIONS

Discoveries designed for you

NATURAL WONDERS

BALMORAL ISLAND DOLPHIN ENCOUNTER & BEACH DAY - NAS22

Duration 4:30 h [Icons: Clock, Hand, Thumbs Up, Thumbs Down]

Fancy doing a bit of a disappearing trick and taking yourself off the ship to spend some time on a private island, complete with a unique wildlife encounter? This tour will see you off to for Balmoral Island, across from the coast of New Providence. After being greeted on arrival you will be required to fill out paperwork which includes signing a waiver, with a short orientation to inform you about dolphins and what to expect during your meet and greet encounter. A short walk later you'll be wading into the shallow water and, in the company of the experienced dolphin trainer, get to enjoy some time in close quarters to one of these lovable marine mammals. Apart from answering any questions you may have, the trainer will demonstrate a variety of behaviours, introduce you to the dolphin and even have it give you a kiss! You can also purchase a photo of your unique encounter once you're back on dry land, after which you'll have time at leisure to relax on the lounge chairs included in the outing or go for a refreshing swim before you leave and return to the ship. Guests must be at least 7 years of age to take part and must be accompanied by a paying adult throughout the encounter and any guest under the age of 18 must be accompanied by a paying adult while on Balmoral Island. Gear for additional non-motorised water sports, including snorkelling, kayaking and paddle-boarding, can be rented at extra cost not covered by the price of the tour. A freshwater pool will also be nearby for guests not wishing to get sand on their feet. Umbrellas are available on the beach on a first come, first served basis and toilet facilities, freshwater showers and footbaths are located around the island. The cost of any food and drinks purchased on the island is not included in the price of the tour. Guests are further advised that it is not permitted to bring any food and/or alcoholic drinks onto the island. Any such items found to have been brought on the island will be confiscated and destroyed. There are no lifeguards on duty and guests will have to swim at their own risk. In the interest of dolphin welfare, guests will not be permitted to enter the water with any kind of loose items such as jewellery, cameras, mobile phones or any other object/device with a strap. Personal photos cannot be taken in the marine encounter/habitat area. Small lockers are provided for guests to use, but only for the time the dolphin encounter takes.

BALMORAL ISLAND DOLPHIN SWIM & BEACH DAY - NAS23

Duration 4:30 h [Icons: Clock, Hand, Thumbs Up, Thumbs Down]

Grab this perhaps once-in-a-lifetime chance to swim among dolphins on the private Balmoral Island, located just off the coast of New Providence. Island staff will greet you on arrival and require you to fill out some paperwork and sign a waiver. Then you'll get your life jacket and a briefing on what to expect from the experience, after which you'll make your way to the shallow water to meet the dolphin. A dolphin trainer will remain on hand to answer any questions you may have, show a number of dolphin behaviours and then introduce you to your dolphin. You'll be able to purchase a photo of your unique encounter later. You'll also then have time to swim among these marvellous marine mammals, enjoying this communion with one of Mother Nature's most intelligent beings. After your rendezvous with dolphins, you'll have time to relax on the complimentary lounge chairs or go for a dip in the water before you return to the ship. Please Note: All participating guests must be able to swim and be at least 7 years of age and must be accompanied by a paying adult throughout the dolphin swim. Any guest under the age of 18 must be accompanied by a paying adult while on Balmoral Island. Gear for additional non-motorised water sports, including snorkelling, kayaking and paddle-boarding, can be rented at extra cost not covered by the price of the tour. A freshwater pool will also be nearby for guests not wishing to get sand on their feet. Umbrellas are available on the beach on a first come, first served basis and toilet facilities, freshwater showers and footbaths are located around the island. The cost of any food and drinks purchased on the island is not included in the price of the tour. Guests are further advised that it is not permitted to bring any food and/or alcoholic drinks onto the island. Any such items found to have been brought on the island will be confiscated and destroyed. There are no lifeguards on duty and guests will have to swim at their own risk. In the interest of dolphin welfare, guests will not be permitted to enter the water with any kind of loose items such as jewellery, cameras, mobile phones or any other object/device with a strap. Personal photos cannot be taken in the marine encounter/habitat area. Small lockers are provided for guests to use, but only for the time the dolphin programme takes. Guests not on a marine encounter will not have access to the marine encounter/habitat area.

BLUE LAGOON ISLAND BEACH DAY & SEA LION ENCOUNTER - NAS24

Duration 4:30 h [Icons: Hand, Thumbs Up, Thumbs Down]

Blue Lagoon Island Beach Day & Sea Lion Encounter

SOMETHING SPECIAL

BLUE LAGOON ISLAND VIP BEACH EXPERIENCE - NAS25

Duration 4:30 h [Icons: Hand, Thumbs Up, Thumbs Down, Wine Glass, Utensils]

Blue Lagoon Island VIP Beach Experience

SCENIC ROUTE
ACCESSIBLE HIGHLIGHTS OF NASSAU SMALL GROUP EXCURSION - NAS27


Accessible Highlights of Nassau Small Group Excursion

 *Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*

ACCESSIBLE HIGHLIGHTS OF NASSAU SMALL GROUP EXCURSION - NAS27A


Accessible Highlights of Nassau Small Group Excursion

 *Wheelchair and disabled-friendly tour Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.*

SEA & SUN
BLUE LAGOON ISLAND BEACH DAY - WITH LUNCH - NAS28


Blue Lagoon Island Beach Day - with Lunch

SOMETHING SPECIAL
BALMORAL ISLAND SMALL CABANA - NAS30


Balmoral Island Small Cabana

NATURAL WONDERS
BALMORAL ISLAND SMALL CABANA - SUPPLEMENT FOR 3RD AND 4TH GUEST - NAS30SUP


Balmoral Island Small Cabana - supplement for 3rd and 4th guest



MSC

EXCURSIONS

Discoveries designed for you

KEY TO SYMBOLS

Possibility of swimming	Long route by bus	Best seller	DIFFICULTY LEVEL
Tasting included	Shooting videos and/or taking pictures is not allowed or subject to fee	New	
Lunch or dinner included	Shopping	Wheelchair and disabled-friendly tour As guests in wheelchairs must be accompanied by their own helper, please inform Excursions Desk staff promptly so they can help make arrangements	
Drink included	Mini Tours		
Snack included	Limited seat		
No guide available			

Easy
May involve a limited quantity of steps, uneven surfaces and/or periods of standing

Moderate
May involve inclines, steps, uneven surfaces and/or extended periods of standing

Strenuous
Active excursions recommended only for guests in good physical health

OUR EXCURSIONS CATEGORIES

- ACTIVE & ADVENTURE

Head ashore in search of adventure! Opportunities for sport and fun range from trekking and snorkelling to kayak tours and 4x4 vehicle adventures. The active choice.
- CITY TOUR

Explore the city centre with a guided tour and soak up the local scenery with a comfortable coach ride. The easy way to get to know your destination.
- CULTURE AND HISTORY

Learn all about the history and culture of your destination, with visits to must-see locations and guided tours of key sites. The ideal route to local knowledge.
- NATURAL WONDERS

Immerse yourself in spectacular scenery and discover the fascinating flora and fauna of your destination. Your passport to the wonders of the natural world.
- SCENIC ROUTE

Admire your destination in total comfort, with a scenic coach tour taking in the best views and the main places of interest. The relaxing road to discovery.
- SEA & SUN

Treat yourself to some pure relaxation, basking on a beautiful beach or enjoying the stunning views on a scenic boat trip. A winner for sea and sun lovers.
- SOMETHING SPECIAL

Pursue your interests in new places! From gastronomic tours and guided shopping trips to religious visits, there's a world of pastimes and passions to explore.